



*An e-Newsletter for the Families of Notre Dame Academy*

## LETTER FROM THE PRINCIPAL ◀

Blessings friends,

God has blessed us with a beautiful first day of spring! The changing of the seasons reminds us of the transformation we hope to achieve throughout Lent as we realize that God’s mercy and grace surround us.

Last evening we hosted our annual spring admissions event at NDA - the Panda Preview Night. I am happy to report that we had a good number of potential Pandas and their parents in attendance to learn about Notre Dame Academy and the many advantages of single-gender education for young women. It was very reassuring for me as principal of NDA to see our dedicated faculty members speak about an NDA education. It was also very encouraging to hear our student ambassadors express what it means for them to be students at NDA.

One of the highlights of the tour at our Panda Preview Night was a look at our new *Mary, Mother of the World* Chapel. This was the first official tour of our Chapel since we just received word from our construction team yesterday afternoon that the Chapel passed inspection. On Monday, March 25, we will celebrate the opening of our *Mary, Mother of the World* Chapel by praying our morning decade of the rosary there. This is also the Feast of the Annunciation of the Lord so I highly encourage our students do take 5 minutes at the beginning of their day to join us and honor Mary’s “yes” as we gather in prayer in this wonderful new space.

Our Prom will be held this Friday, March 22 at the Music Hall Box Office Ballroom in Cincinnati. Immediately following Prom is our very own After Prom right here at NDA. This event will last from 11:30 p.m. - 3:30 a.m. All Juniors and Seniors are invited to attend After Prom regardless of whether or not they have attended Prom. Our PPC parents have put a great deal of work into creating a fun evening for your daughters and dates, including Cincinnati food favorites, prizes, inflatables, a photo booth, a tattoo artist, a henna artist and a hypnotist. Please support their efforts for a safe prom night afterparty by encouraging your daughter to attend. You can find more information about registration and volunteering to help with After Prom below. **Also, please note: there is no school on Friday.**

As we journey through the season of Lent together, let us think about the changes we want to see in our lives and in the world and what we need to do to bring those hopes to fulfillment. Have a great week!

In Notre Dame,

Mr. Jack VonHandorf





## STUDENT LIFE UPDATE ◀

### Female Adolescents and Mental Health Concerns in a Digital Age

As you may recall, Chelsea Esmeier (NDA Graduate, Class of 2010, and current doctoral candidate in the School of Psychology at Xavier University) conducted a study for her dissertation at NDA last spring. To thank us for our involvement and share the findings of her work, Chelsea will be hosting an event at NDA on Wednesday, April 3. There will be a catered reception in Alumnae Hall at 6:30 p.m., followed by a presentation in the theater at 7:00 p.m.. The event is free and open to the public. The discussion will be relevant to students, parents, and staff. If you plan to attend, please email Chelsea at [esmeierc@xavier.edu](mailto:esmeierc@xavier.edu)

by Friday, March 29, and include any dietary restrictions. Follow this link for more information: <https://tinyurl.com/y22y3x27>.

### Safe Environment Training

The Diocese of Covington is committed to creating and building safe environments in its schools and parishes. On Thursday, March 21, all Notre Dame Academy students will attend a mental health presentation facilitated by Mrs. Emily Klueh -- NDA alum and social worker currently serving at the University of Michigan. We look forward to learning more about our mental health and how this helps us become more fully alive.

### Next Year's Calendar

[CLICK HERE](#) to access NDA's Google Calendar. The dates and times for next year's events have been entered. Other pertinent information is listed below for quick reference.

2019-2020

August 19	First Day of School
September 2	No School: Labor Day
October 11	No School: Professional Development Day
October 18	1st Quarter Ends
November 1	No School: All Saints' Day
November 27-29	No School: Thanksgiving Break
December 9	No School: Immaculate Conception
December 18-20	Exams
December 23	2nd Quarter Ends
December 23 - January 3	No School: Christmas Break
January 20	No School: Martin Luther King, Jr. Day
February 17	No School: Presidents' Day
March 13	3rd Quarter Ends
April 9 - 17	No School: Easter Break
May 18 - 20	Senior Exams
May 22	No School: Graduation
May 25	No School: Memorial Day
May 26-28	Exams
May 29	4th Quarter Ends/Cleaning Day

### Sophomore Ring Ceremony

The Sophomore Ring Ceremony is scheduled for Tuesday, April 2 at 7:00pm in the theatre. This is an opportunity for the sophomore class to come together and celebrate their class unity through the blessing and reception of their class rings. Parents are invited to celebrate this event with their daughters.

If you ordered your ring through a company other than Herff Jones or are using an heirloom ring - please have this ring sent to the school office no later than Friday, March 29, so it can be included in the blessing and distribution. If your daughter did not order a ring - she is still welcome and encouraged to join us in this celebration. A reception will follow the ceremony in Alumnae Hall. An invitation with an RSVP will be sent to your daughters, so we can receive an accurate count. This will be due on March 27. If you have any questions - please contact Ms. Madeline Tucker at [tuckerm@ndapandas.org](mailto:tuckerm@ndapandas.org).

## GO FOR GULU ◀

Get ready for this year's Go 4 Gulu 5K race on Saturday, April 13, 2019. Money raised from this event will benefit the organizations - Unified for Uganda and the Sisters of Notre Dame's Ugandan Mission. Unified for Uganda financially and emotionally supports the educational journey of the destitute children in Gulu, Uganda while the SND Ugandan Mission supports the educational experience of young women in our sister school in Buseesa, Uganda.

If you want to participate in the 5K, [CLICK HERE](#) for more information and to register. The cost of the event is \$15 per person and a race day t-shirt is guaranteed if registered by March 29. Go 4 Gulu!!

### Thank you to our Platinum Sponsors:

Selection Management Systems  
Daley, Cottingham, Brandt and Associates, PLLC

# GO 4 GULU 5K!!!

Wanna get some exercise and help the Uganda Pandas???

Well you can!!!

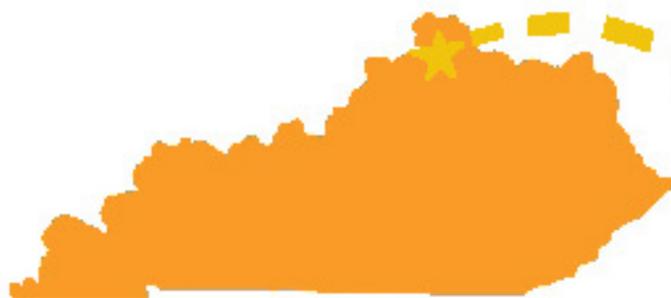
Event: Uganda Pandas 5k

Location: Notre Dame Academy

Date: April 13, 2019

Time: 8 am runners 8:20 am walkers

Cost: \$15



You don't have to run!  
You can walk, jog, etc.!

## EXCITING NEWS! ◀

We received word from our construction team that our new *Mary, Mother of the World* Chapel passed inspection yesterday! This has been a labor of love for so many and the opening of this beautiful new space to pray and reflect is long awaited.

On Monday, March 25 we will celebrate the opening of our new *Mary, Mother of the World* Chapel by praying our morning decade of the Rosary in this sacred space. This is also the Feast of the Annunciation of the Lord. What better way to honor Mary's "yes" than to gather in prayer! **The decade begins at 7:30 a.m. and only takes about 5 minutes.** We would love to have many gathered for our first rosary in the new chapel on Monday morning. The morning rosary will be permanently moved to the new chapel beginning next week.

After the dedication of the Chapel on March 30, we will be able to celebrate mass there. Our new stained glass windows will be installed by the end of April and the shrine in the reflection space will be completed sometime this summer.

May our new chapel always be a place where our NDA community can experience God's goodness and provident care!



## GROW CLOSER TO GOD THIS LENT ◀



Lent is a time to prepare ourselves for the gift of the risen Christ on Easter. To help our students deepen their relationship with God this Lenten season, **Fr. Hennigen will be here on the following dates during Lent to celebrate Mass after school. All are welcome to join us. Mass begins at 3:10 p.m. and ends by 3:40 p.m.**

**Wednesday, March 27 - Room 102**

**Wednesday, April 3 - Chapel**

**Thursday, April 11 - Chapel**

Also, we pray a decade of the rosary to "Notre Dame" Our Lady everyday at NDA at 7:25 a.m. **Starting Monday, March 25, we will be praying the rosary in our new chapel!** We welcome students, faculty and staff. Please make an effort to join us this Lent!





## IMPORTANT FINANCIAL INFORMATION ◀

**Work Study Job Application Deadline: April 15, 2019**

**Financial Aid Applications & Academic and Tuition Assistance Scholarships**

The application for work study jobs is available on the website [HERE](#) and is due by **APRIL 15, 2019**.

Financial aid applications are also now open and will remain open until **APRIL 15, 2019**.

If you are in need of financial assistance OR are looking to do work study the application with FACTS must be completed before anything else. Financial assistance requests increase each year we cannot stress enough the importance of getting your application in early. Late applications run the risk of financial aid funding being exhausted. You can access the Financial Assistance page of the website [HERE](#).

We are currently accepting applications for Academic and Tuition Assistance Scholarships. Applications can be found on the website [HERE](#), and are due in the front office no later than April 15, 2019.

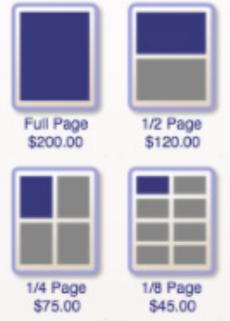
## ORDER YOUR YEARBOOK BEFORE THE PRICE GOES UP! ◀

The 2018-19 NDA yearbook, "New and Forever", can be purchased for **the next two days** for the pre-order price of \$60. **Thursday, March 21 is the last day to buy one at that price;** yearbooks are \$70 after that. Buy your daughter's copy today at [jostens.com](http://jostens.com) or by following this link. ([https://www.jostens.com/apps/store/productBrowse/1069982/Notre-Dame-Academy/2019-Yearbook/20180825044300310151/CATALOG\\_SHOP/](https://www.jostens.com/apps/store/productBrowse/1069982/Notre-Dame-Academy/2019-Yearbook/20180825044300310151/CATALOG_SHOP/))

## CONGRATULATE YOUR 2019 GRADUATE IN THE YEARBOOK! ◀

Senior parents: You're understandably proud of your daughter. Why not say it with a yearbook recognition ad? They're available in a variety of sizes, starting at just \$45, and you get to choose the photos and words you want. They're quick, easy and fun! Getting started is as simple as following this link: ([https://www.jostens.com/apps/shop/yrbk\\_ra\\_flash.asp?CID=147347&PFID=20180825051151427151](https://www.jostens.com/apps/shop/yrbk_ra_flash.asp?CID=147347&PFID=20180825051151427151))

Select your ad size:



## ATHLETIC DEPARTMENT NEWS ◀

**Cincinnati.Com Top Team: Fan Vote Award**

Take time to vote for our NDA Swim Team [HERE](#).



## HOST FAMILIES NEEDED FOR GERMAN STUDENTS FOR FALL 2019 ◀

NDA is in the process of recruiting international students as part of our Fall 2019 enrollment. We are again working with our sister school in Germany (Liebfrauenschule Vechta). At this time we are seeking families who would consider hosting the German students for the 2019 fall semester. Please email Mrs. Katie Caccavari at [caccavarik@ndapandas.org](mailto:caccavarik@ndapandas.org), if you would be interested in more information about this opportunity. Your reply is not a commitment but would help us to know which families would consider supporting our international student enrollment by serving as host families.

# CONGRATULATIONS! ◀

Our Freshman JETS Team came in second place in the annual TEAMS competition! Congratulations Pandas!



# SPEECH AND DRAMA ◀

Congratulations to our Speech and Drama Pandas who participated in the State Tournament last Friday and Saturday at the University of Kentucky. Sarah Zimmer made it to the Quarter-Finals in Broadcasting and Ella Hageman made it to the Semi-Finals in Broadcasting.



## 100% QUALIFICATION FOR FBLA STATE! ◀

For the first time in Notre Dame Academy's short participation in FBLA (Future Business Leaders of America), 100% of our entrees in the FBLA Region 4 Conference, placed within the Top 3 at the competition on Wednesday, March 13th at Northern Kentucky University. With their Top 3 results, all have qualified for the FBLA State Conference, April 15-17th at the Galt House, in Louisville, Kentucky

Below are the official results and the students who have earned their way to the State Conference:

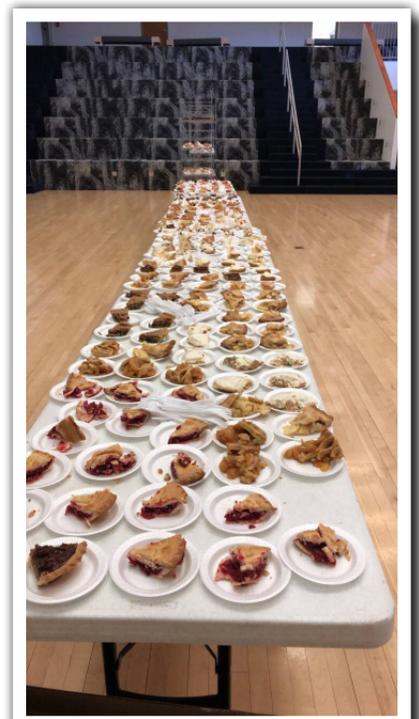
- Ruthie Franzen, Lydia Bruns & Sophia Ghazala – 1st Place - Social Media Campaign
- Isabelle Bailey, Bri Seibert & Kate Joyce – 1st Place – Publication Design
- Megan Heeb – 2nd Place – Public Speaking
- Noelle Cottingham & Isabelle Cottingham – 2nd Place – Hospitality Management
- Kora Hammersmith & Elana Bruns – 2nd Place – Graphic Design
- Gabrielle Cottingham – 3rd Place – Business Ethics
- Chaye Bonner & Kate McBride – 3rd Place – E-Business

These results are incredibly impressive with over 70% of our members competing in the FBLA Conference for the first time. Furthermore, with an 87.5% member increase, we earned the 1st Place award for 'Largest Chapter Increase – Small Division.' Keep up the great work ladies and let's make it to Nationals!



## PI DAY ◀

On March 14 our Pandas had a tasty time celebrating - PI Day!



# Prom Headquarters

IMPORTANT INFORMATION  
FOR JUNIOR & SENIOR  
PARENTS & STUDENTS

Dear Students and Parents,

This year's Prom will be held on Friday, March 22 at the Music Hall Box Office Ballroom in Cincinnati. Immediately following is our very own After Prom right here at NDA! This event will last from 11:30 p.m.-3:30 a.m. All Juniors and Seniors are invited to attend After Prom regardless of whether or not they have attended Prom. We have a fun evening planned for your daughters and dates, including Cincinnati food favorites, prizes, inflatables, a photo booth, a tattoo artist, a henna artist, and our very own hypnotist!

## RESERVATIONS

Starting on Friday February 22 and ending on Friday March 15, you can click on this link <https://www.cognitofirms.com/NotreDameAcademy1/2019NDAProm> to make reservations for Prom and After Prom.

There are a few things to remember when making your reservations for Prom and After Prom:

- If attending Prom, please make sure to select 1 or 2 guests and completely fill out all information requested online
- If attending After Prom, please make sure to select 1 or 2 guests and fill out all information requested
  - o Your gift will be an After Prom t-shirt so make sure you select a size for YOURSELF
  - o You may also purchase an additional t-shirt for your date but the cost for this will be \$10
  - o Reservations must be made by March 11th in order to receive a t-shirt – NO EXCEPTIONS
- Make your payment for both Prom and After Prom online
- If for any reason you have to leave Prom or After Prom early you must have a note from your parent.

## PRIZES

Parents we are asking for your help by donating gift cards or cash to buy gift cards to make the evening more fun and exciting for the girls. Some ideas would be Starbucks, Chick-fil-A, Movie Theaters, Sephora, Lush, Bath & Body, Panera, Chipotle, Spotify, iTunes, etc. All donations can be dropped off at the school office, attention Kristy Seither. For the students, anyone who brings in a donation will be awarded a Panda Buck (valid for a FREE ice cream), compliments of Mr. VonHandorf!

## VOLUNTEERS & FOOD DONATIONS

Parents we need many volunteers to make After Prom a success! Please consider signing up to give a couple of hours of your time and/or to donate food or gift cards. We are using SignUp.com to organize our sign-ups. Here's how it works in 3 easy steps:

1. Click this link to go to our After Prom invitation page SignUp.com: <http://signup.com/go/TbkaJzR>
2. Enter your email address – you will NOT need to register an account or keep a password.
3. Sign Up! – Choose your spots – SignUp.com will send you an automated confirmation and reminders.

**NOTE:** SignUp.com does not share your email address with anyone. If you prefer not to use your email address, please contact Michelle David at [michelledavid888@gmail.com](mailto:michelledavid888@gmail.com) and she can sign you up manually.

Thank you in advance for your assistance and support!

The After Prom Committee



6<sup>th</sup> Annual Sisters of Notre Dame  
**PAY IT FORWARD DAY**

Saturday, April 6, 2019  
9:00a - 2:00p

**6TH ANNUAL SND PAY IT FORWARD DAY** ◀

The Sisters of Notre Dame annual **Pay It Forward Service Day** is a great way to make a difference! This year's **Pay It Forward Day** is on April 6. NDA teachers, staff, students, alumnae are all invited to participate!

**Who?**

Everyone! Young and old and in-between.

**What?**

Volunteer at agencies in Greater Cincinnati with the Sisters of Notre Dame.

**When?**

Saturday, April 6, 2019 from 9:00 a.m. to 2:00 p.m.

**Where?**

Meet at the SND Provincial Center, 1601 Dixie Highway, Covington, KY 41011 for an introduction and prayer, then head to one of these agencies:

- Housing Opportunities of Northern Kentucky (HONK)
- Brighton Center
- Carmel Manor
- Rose Garden Mission
- St. Leo the Great Food Pantry
- SND Provincial Center - write cards to homebound or hospitalized persons

**Why?**

To pay it forward...together...in the name of Jesus.



### BODY PEACE WEEK

This week we have been celebrating Body Peace Week at NDA with the help of the Teen Leadership Club. The girls have been encouraged to feel positive about who they are right now through different activities such as our Post-It wall. The teenage years are difficult ones for girls to feel confident about who they are. In an article by Dr. Lisa Damour, she shares why it might not be a great idea for your daughter to be perusing social media while trying to complete homework or other school related work. Follow the link [HERE](#) to learn more about how you can help your daughter to feel better and potentially improve her performance.

### M.O.O.N. PROGRAM AT ST. ELIZABETH

St. Elizabeth offers a very unique experience for high school students. The M.O.O.N. Program was created by general surgeon Dr. Ryan Moon, MD. Dr. Moon has a passion for educating youth about careers in the surgical field and wished to expose teens to the many aspects of this complex career.

#### Participation Requirements:

- Minimum age of 16 (at time of program start).
- High School Student (at time of application).
- Participants may be traveling to different locations throughout the day; a valid driver's license or reliable transportation during program hours (8 a.m. to 4 p.m.) is required.
- Completion of program application prior to deadline (April 1, 2019).

#### Program Dates:

- July 15 – 19, 2019 Application
- Visit our webpage at [www.stelizababeth.com/moonprogram](http://www.stelizababeth.com/moonprogram)
- Applications for July 2019 program are due by April 1

### College Visit Opportunities:

We want to especially encourage Juniors to be getting on some college campuses. These visits are a great way to find out what type of school might be the best fit for you. Juniors can use College Visit Days until April 26! Contact Ms. Burgeik at [burgeik@ndapandas.org](mailto:burgeik@ndapandas.org) if you have questions about College Visits.

**Cincinnati Area Spring College Fair** | Tuesday, March 26 | 6:30 p.m. - 8:00 p.m. | Xavier University - Cintas Center  
Over 150 colleges from across the country will be in attendance! Open to all students and parents!  
No Registration required...so just head over to XU on March 26th! More Info: [Spring College Fair](#)

**Good Samaritan College of Nursing** | Open House Event | Saturday, April 13 | 9 a.m. - 12 p.m.  
More Information: [Good Sam College](#) RSVP for Open House by emailing: [admissions@email.gscollge.edu](mailto:admissions@email.gscollge.edu)

**NKU Norse Days** | Daily Campus visits are offered at NKU throughout the Spring. These visits start at 10 am. You will tour campus, learn more about a major of interest, and get admissions and financial aid information. Information and Registration: [NKU NORSE DAYS](#)

**University of Louisville: Cardinal Glances** | Thurs, March 28 at 6:30 p.m. in Newport, KY. | U of L is coming to you!  
Join us at this "Cardinal Glance" where students and families will hear from admissions, housing, and other university representatives! \*Registration is required. To Register: [Cardinal Glance Details and Registration](#)

**Think College Now: Stay READY!** | April 6, 9 a.m. - 2:30 p.m. | University of Louisville | This is a program for African-American, Latino and/or first-generation high school freshmen, sophomores and juniors. Attendees will participate in workshops, learn about financial aid, speak with current students and tour campus. \*Info and Registration: [Think College Now Details and Registration](#)

**Special Opportunity for Sophomores** | NKU Sophomore Showcase | Wednesday, April 24 (9 a.m. - 1 p.m.)  
NKU's Sophomore Showcase is for high school sophomores and their parents. Get a head start on college planning and get tips on the college admission process while visiting NKU's growing campus! This is during NDA's Spring Break...so it is a great time to get on a college campus without missing a day of school!



## DRUG FREE CLUB ESSAY SCHOLARSHIP CONTEST ◀

The 2019 Drug Free Club Essay Scholarship Contest is OPEN!!

Prizes include:

- One Top Award of \$2,000
- Three Runners-Up Awards of \$1,000 each
- Six Finalist Awards of \$500 each

Essays are due by midnight of 4/5/19 to Mrs. Hildreth or Mrs. Maggard. (Late entries will not be accepted.) The Topic of the DFCA Contest is Vaping. Essay Scholarship Contest Instructions were mailed to homes of all DFCA members, and are available in the Quad.



### PARENT SPEAKER SERIES

Parents from Notre Dame Academy are invited to join with parents from St. Ursula Academy on Thursday March 21 from 7:00-8:30 p.m. in the St. Ursula Academy Theater for a presentation on **“Parenting in a Partying Culture.”** Compass Point Counseling and comedian Thom Cox from Family Matters will co-present as they explore what teens are really facing in today’s world.

If attending, please register in advance using this link: [Parenting in a Partying Culture](#)

Thursday, March 21

# MENTORING



### ALUMNAE MENTORING ◀

Our alumnae mentors have sessions set up for once a month to speak and interact with Seniors and Juniors. Free coffee and donuts for the students to enjoy while listening to their professional advice! **Here is what to expect for future dates:**

Critical Thinking/Decision Making Skills  
Speed Mentoring Session

Wednesday, April 10  
Wednesday, May 1



### SAVE THE DATE! ◀

Save the Date for the 2019 Autumn Gala on Saturday, October 12. Invitations will be mailed later in the fall, but it’s not too late to mark your calendars.



The Sisters of Notre Dame (SND) are consecrated women missioned in the Church to proclaim God’s goodness and provident care. This mission knows no boundaries as SNDs minister around the world in education, health-care, pastoral care, and social justice outreach. Notre Dame Academy is one of the Covington SNDs’ sponsored ministries, along with St. Charles Community, St. Claire HealthCare, Notre Dame Urban Education Center, and Julie Learning Center. NDA students and families are invited to serve alongside the Sisters at their annual Pay It Forward Service Day on April 6. Keep in touch with the Sisters on [facebook.com/sndky](https://www.facebook.com/sndky) or [twitter.com/SNDCovington](https://twitter.com/SNDCovington).



## ► Important dates

March 21	Mental Health Presentation
March 22	No School - Prom
March 30	Chapel Blessing
April 2	Sophomore Ring Ceremony
April 3	Faculty Meeting
April 5	Student Council Mixer
April 7	Orange and White Game
April 10	Seniors to the Play
April 11	Alumnae Dinner Theatre
April 12-14	Spring Play
April 16	Baby Day
April 17	Mid quarter Holy Week Prayer Service
April 18	Easter Break Begins
April 29	School resumes
May 3	May Crowning Choral Concert
May 4	Math and Language Placement Test for incoming 8th graders
May 5	NDA/CCH Band Spring Concert

## COMMUNITY NEWS ◀

Check out the **Community News** section of NDA's website for news about.

- Work Study positions available
- Blue Ribbon Sunday
- Upcoming Blood Drive
- Part-time help needed
- Catholic Conference of Kentucky - Take Action on Educational Choice!
- Host Family Program

You can find a complete list of community news [HERE](#).

