



THE *nda* LIFE

Dear Parents,

Welcome to the 2022-23 school year! This is our 117th year at NDA and I want you to know how fortunate we feel that you have chosen to partner with us - Notre Dame Academy - in your daughter's Catholic education.

Yesterday we welcomed our students back in true NDA style with a great deal of cheering, loud music, smiles and hugs. It is wonderful to have our Pandas back in the school building. They bring life to our campus and we look forward to educating them in the tradition of the Sisters of Notre Dame again this school year.

At our opening school assembly yesterday, I spoke to our student body about how blessed we are to have the Sisters here in our building. As I told the them, each and every day we are lucky to get to experience being with the Sisters and seeing first hand their shining examples of joy, positivity, humility, optimism and kindness. I also explained to our students that as the community of Notre Dame Academy, a sponsored ministry of the Sisters of Notre Dame, we are part of a larger network charged to be joyful, positive, humble, optimistic and kind to those around us. That is what it means to be a community influenced by the charism of the Sisters of Notre Dame - sharing in a way of life that proclaims God's goodness and provident care.

We also talked about our school theme, *Discovering our purpose. Transforming the world.* This theme is based on the Fourth Educational Principle of the Sisters of Notre Dame, *An Integrated Education for Transformation.* Students, faculty and staff at NDA received a device decal of our theme with the image below which will serve as a reminder to all of us as we journey together to discover our purpose and transform the world this school year. We talked about the elements of the image and challenged our students to consider how they can be the light, the lamp or a sparkler for someone this school year. We encouraged them to be courageous enough to reach out to those around them who may need a little kindness, support or simply a smile. As a Catholic school community, this is how we live the Gospel message of Jesus.

Working with your daughters each day is a privilege for all of us. Thank you for trusting us and partnering with us as we strive to educate young women to make a difference in the world.

In Notre Dame,

Mr. Jack VonHandorf





Let's Go Pandas



**NDA 2022-23 is
Where the Adventure Begins!**

Watch first day highlights here:



Student Life

CLASS OF 2023

SENIOR RA! SENIOR RA!

On Monday the Class of 2023 gathered to paint their cars in preparation for the beginning of a new school year. There was a lot of great energy and our seniors had fun getting their cars ready for their final year at NDA!



**READY,
SET,**

GLOW

FUNDS SUPPORT THE FLOODS IN
EASTERN KENTUCKY

AUGUST 26

WHERE: NDA AUDITORIUM

WHO: ALL PANDAS

COST: \$8 (INCLUDES PIZZA AND

WATER)

TICKETS: WILL BE SOLD AT LUNCH
WEEK OF NEON GLOW



DON'T MISS THIS NEON NIGHT!

Student Council will be hosting the first social event of the year on Friday, August 26 from 8 - 11 p.m. in the auditorium. There will be a DJ and the evening is a great opportunity to connect with new and old friends! Guests from other schools are welcome. Be sure to dress in your best neon colors! The cost is \$8 per person and includes pizza. Some of the proceeds will go to flood victims in Eastern KY.



ALL ARE WELCOME MORNING MASS

We will celebrate the Mass in chapel at 7:20 a.m. tomorrow. All are welcome to join us!



SERVING OUR PANDAS WHAT'S FOR LUNCH?

You can find NDA's lunch menu below and on our website [HERE](#).

Parents, please check your daughter's lunch account balance throughout the school year to avoid overdue account issues. Thank you!

PANDA GEAR

BAMBOOTIQUE SPIRIT WEAR SHOP

It's the beginning of the school year so Mrs. Brungs and Mrs. McLeod have all sorts of awesome new Panda gear! Shop in the online Bambootique [HERE](#).

ATTENTION PANDA PARENTS

DID YOU MISS PARENT MEETINGS?

If you missed the parent meetings last week, view the PowerPoint presentation [HERE](#) to learn what was shared during the meeting. The PowerPoint presentation and links below will help you and your daughter transition smoothly into the new year. If your daughter will be picked up at the end of the day, please pay special attention to the new dismissal procedure. Parking spots for pick ups have been identified.

The documents below highlight events and activities pertinent to your daughter's class.

[Freshman Information Sheet](#)

[Sophomore Information Sheet](#)

[Junior Information Sheet](#)

[Senior Information Sheet](#)

To view the entire school calendar visit our website or click [HERE](#). Calendar events will also be shared in the weekly Panda Press. Your daughter will also receive a weekly Pad-let with information to help her plan for her week.

NDA's [Student/Parent Handbook](#) is now available through our website and ready to view. Please use this resource if you need help navigating school policies or procedures. As mentioned at the meeting last night, every student needs a FinalForms account. [CLICK HERE](#) to learn how to create an account or update your account if you haven't done so already. We kindly ask that these are set up by Tuesday – the first day of school.

PLEASE NOTE: We will not have TANK Bus service this year due to lack of drivers.

Thank you for partnering with us in your daughter's Catholic education!

**IMPORTANT
INFORMATION
PLEASE READ**



ATHLETIC DEPARTMENT

IMPORTANT INFORMATION FOR STUDENT ATHLETES ATHLETICS COUPON BOOK FUND-RAISER

The Athletics Coupon Book Fund-raiser is required for every NDA Athlete in addition to their athletic participation fee dues.

Coupon Book Selections - Review your selection and sign in Final Forms

Coupon book selections for students participating, or planning to participate, in athletics must be made by September 2nd, 2022. Selections should be made in Final Forms. **If no option is selected by a family for your athlete you will automatically fall into the "Sell NO coupon Books option and owe the full amount for selling no books.**

**COUPON
BOOKS!**

If you have already selected an option and signed in Final Forms, you can leave it or log in to Final Forms and edit your selection prior to September 2nd.

You will have 3 options to choose from to fulfill the coupon book fund-raiser requirement for student athletes. You will have the opportunity to:

- 1) Sell 18 books for one daughter, 14 books for a second daughter and 8 for a third daughter participating in athletics**
- 2) Pay a fund-raising fee and sell half of the books**
- 3) Pay a fund-raising fee and sell no books**

For one daughter, the selling book option would be to sell 18 books. The half option would be a \$140 fund-raiser fee and selling 9 books. The full fund-raising fee and selling no books for one daughter would be a \$280 fund-raising fee.

For a second daughter, the selling book option would be to sell 14 books. The half option would be a \$110 fund-raising fee and selling 7 books. The no selling book option would be a fund-raising fee of \$220.

For a third daughter, the selling book option would be to sell 8 books. The half option would be a \$65 fund-raising fee and selling 4 books. The no selling book option would be a fund-raising fee of \$130.

FINE ARTS

IMPORTANT INFORMATION FOR STUDENT ATHLETES NDA CCH THEATRE DEPARTMENT AUDITION INFO & ANNOUNCEMENTS

See the information below about Theatre Auditions and Tech Interviews for our first show this school year- Arsenic and Old Lace! Please contact Miss Smith at smithja@ndapandas.org with questions.

Arsenic and Old Lace Movie Night & Audition Info:

- Monday, August 22nd from 3:30-6:00 p.m. Theatre info and Movie Night at 3:30 p.m. in NDA Theatre- Learn more about theatre department opportunities and watch the classic movie based on our first play of the school year!
- Tuesday, August 23rd from 3:30-6:00 p.m. Auditions for Arsenic and Old Lace at CCH Auditorium. Fill out an [audition form here](#) and [sign up for a time slot](#). Prepare a memorized 60-90 second contemporary monologue from a play, tv, or film.
- Wednesday, August 24th from 3:30-6:00 p.m. Auditions for Arsenic and Old Lace at NDA Theatre. Fill out an [audition form here](#) and [sign up for a time slot](#). Prepare a memorized 60-90 sec contemporary monologue from a play, tv, or film.
- Thursday, August 25th from 3:30-6:00 p.m. Call Back Auditions, you may be invited to have a call back audition. We will contact you individually about times.
- Tech Interviews TBD- if you are interested in working backstage or designing elements of the show (sound, lights, set, props, makeup, costumes, hair, etc) we will send out info with the interview/sign up dates soon. They will take place after auditions.

Play Synopsis:

Arsenic and Old lace is a Halloween tale of Brooklyn, where anything can happen and it usually does. The play, with a clever combination of the farcical and the macabre, centers on two elderly sisters who are famous in their Brooklyn neighborhood for their numerous acts of charity. Unfortunately, however, their charity includes poisoning lonely old men! The sisters are aided by their nephew who believes he is Teddy Roosevelt and is digging the Panama Canal in the basement. Matters get complicated when their second nephew Mortimer discovers the murders on the same day that he decides to marry his love, Elaine the minister's daughter. A third nephew Jonathan also appears that day with his quack plastic surgeon Dr. Einstein both on the run from the police. This mixture of comedy and mayhem makes Arsenic and Old Lace an enduring theatrical classic.



COUNSELING AND STUDENT SERVICES



RESOURCES TO UNDERSTAND AND HELP TEENAGE GIRLS NDA PARENT TOOLBOX

Emotional support is now always available 24/7: Call 988 or Text: 741741

NDA's counselors have put together some very useful tools for our parent [HERE](#).

988 SUICIDE & CRISIS
LIFELINE

No matter where you live in the U.S.,
you can easily access 24/7 emotional support.

Call or text 988 or visit 988lifeline.org/chat to
chat with a caring counselor.

We're here for you.



COLLEGE
REP VISITS

PREPARING FOR THE FUTURE NDA COLLEGE VISIT SCHEDULE

[CLICK HERE](#) for a list of college visits specifically for NDA students/families. The visits are in the hallway outside the cafeteria. All students are welcome to visit the reps.



SURVEY OF SOCIAL/EMOTIONAL STRENGTHS

ATTENTION FRESHMEN AND SOPHOMORE PARENTS



Next Thursday, August 25, the freshmen and sophomore students will be taking the Terrace Metrics, Inc. Assessment during Panda Prime Time to examine the social/emotional strengths and needs of the students. While not a diagnostic tool, this survey will allow us to gauge their needs and provide valuable support and interventions as needed. Our returning sophomores took this assessment last school year, which will allow us to see any changes as well as gauge their current social/emotional status.

As a parent you will receive a results report of your daughter's survey the week of August 29. For this survey we will only be looking at the following resilience indicators: global satisfaction, grit, hope, leadership, personal standards, positive school experience, and resiliency. The data gathered via Terrace Metrics is kept strictly confidential and only those on the counseling team and administration will have access to the data from the school. If you do NOT want your freshman or sophomore daughter to participate please inform Mrs. Maggard via email at maggarde@ndapandas.org.

RESOURCES TO UNDERSTAND AND HELP TEENAGE GIRLS! NDA PARENT TOOLBOX



FACT: 90% of Americans who meet the clinical criteria for addiction started using substances before the age of 18.

Drug Free Club is the largest club at Notre Dame Academy, with 483 members last year. It offers confidential drug testing, education, school and community rewards, positive reinforcement, student leadership opportunities, parent support, and a safety net when dealing with drug situations by saying, "I can't, I might be tested."

Parents can complete the [Drug Free Club Member Application](#) online, or the paper application available at school. The cost is only \$25 per year because NDA pays \$10 of the cost of membership for every student. Freshmen who sign up for all four years receive their senior year FREE! Contact [Mrs. Hildreth](#) with any questions.

Back to School Mental Health Tips!

Be proud of
yourself and the
work that you are
doing!

*Prioritize a
consistent sleep
schedule.*

**KEEP A
GRATITUDE
JOURNAL!**

Ask for help if you need it!
Sometimes people think
asking for help is a sign of
weakness but its really a
sign of strength!

Set aside
time for
YOU!

Have faith!
Things will work out,
even in uncertain
times.

**Stay organized
and manage
stress.**



ADVANCING OUR MISSION

MARK YOUR CALENDAR: NOVEMBER 19

LIGHT THE NIGHT FOR NDA!



Light the Night for NDA (formerly the Autumn Gala) is our annual celebration of Notre Dame Academy and our mission of educating young women to make a difference in the world. This year will take the opportunity to shine a light not only the amazing Catholic education Notre Dame Academy provides for the young women of our area but also on the beautiful Northern Kentucky region. This entertaining evening will consist of a sit-down dinner, live and silent auctions, specialty raffles and it is a wonderful opportunity for our community to gather in support of NDA! Funds raised at this important annual event are critical to helping NDA bridge the gap between tuition and the growing costs of educating our students.

Please plan to attend *Light the Night for NDA* in support of Catholic education at Notre Dame Academy! If you are unable to attend, you can still support the event with a donation, event sponsorship, purchasing a raffle ticket, bidding on the online auctions OR you could volunteer to help plan the event. We are still in need of volunteers to serve on the *Light the Night for NDA* planning committee and this is another great way to meet people in our community and it's fun!

If you have any questions about *Light the Night for NDA* or you would like to get involved with a great group of parent volunteers who are planning the event, please contact one of our Co-Chairs, [Cindy Hemsath](#) or [Jennifer Lenihan](#).

We look forward to seeing you at Light the Night for NDA on November 19!

Alumnae Storyboard

MAKING A DIFFERENCE

ALUMNAE STORYBOARD

The Alumnae Storyboard is a feature which captures the everyday happenings of our alumnae. Each story is posted in the main hallway just outside the cafeteria so that you can see how our alumnae are truly continuing to make a difference in the world. The Storyboard serves as a source of inspiration and motivation just for you! You can read the latest NDA Alumnae Storyboard feature [HERE](#).

Interested in...

PARTNERING WITH US?
NOW IS THE TIME!
BECOME AN NDA CORPORATE SPONSOR
AND SHOWCASE YOUR BUSINESS AT OUR
3 MAJOR FUNDRAISING EVENTS

- Light the Night for NDA (Formerly the Autumn Gala)
- Women Making A Difference
- NDA Golf Outing

Contact Denise Bowman at bowmand@ndapandas.org
or
[Click Here for more information](#)

CURRENT CORPORATE SPONSORS



COMMUNITY

NEWS



SHARING OUR

Community News

You can find a complete list of community news [HERE](#).

- Education Opportunity Act
- Cafeteria Managers Needed in Diocese of Covington
- Molly Mayer's Studio of Dance Registration
- Seeking Lower Tuition Payments?

Important dates

August 18	Mass in the Chapel 7:20 a.m.
August 19	NDA spirit wear with uniform skirts Opening School Mass (ADJ)
August 25	PPT begins for SR/JR
August 26	StuCo Fall Mixer (Neon Night)
August 30	PPT begins for SO
September 1	PPT begins for FR
September 5	No School: Labor Day
September 7	Common Reader Day (ADJ) Parent Mini-Night (in-person)
September 9	Picture Day
September 13	St. Pius X Shadow Day
September 15	Blessed Sacrament Shadow Day
September 16	Club Orientation (ADJ) Mid-quarter
September 24	Homecoming at NDA