



NOTRE DAME ACADEMY

*Educating Women to Make a Difference in the World*

# Panda Press Weekly

October 8, 2025

THE *nda* LIFE

## Dear Panda Families,

What a beautiful reminder this week has been of the faith, heart, and spirit that define our Panda community!

Thank you to everyone who joined us for Light the Night for NDA last Saturday. It was such a wonderful evening to celebrate the mission of NDA, bid on some amazing auction items, and simply enjoy time together in the spirit of faith and community. I really enjoyed getting the opportunity to see so many parents. Your support makes a lasting difference in the lives of our students, and we are deeply grateful for your continued partnership.

Today, that same spirit of love and support filled our gym during the Playing for a Purpose Pep Rally. This is always one of the most meaningful events of the year. As a school, we took time to honor and pray for all those whose lives have been touched by cancer. The rally and short prayer service were both moving and hopeful — a beautiful reminder of the strength that comes from standing together in faith. Our students will carry that spirit with them into Saturday's Playing for a Purpose game, where we'll celebrate survivors, support families, and cheer on our Pandas! We'll share photos and highlights from this special event in next week's Panda Press Weekly.

As we wrap up this short week, a quick reminder that students are off school the next two days while our teachers take part in professional development. Today is our Friday here at NDA, and we're wishing everyone a safe, restful and well-deserved long weekend!

Next week also brings more moments to celebrate — from our Freshman Retreat to *Pride and Prejudice* taking the stage. You can find more information about these and many other happenings below. As we move deeper into this busy season, I continue to be inspired by the way our students, families, faculty, and staff live out the values of faith and excellence that make Notre Dame Academy such a special place.

Thank you for your continued support. It is a privilege to partner with you in your daughter's Catholic education.

Walk in Faith,

Mrs. Lisa Ruwe Timmerding '97

**SISTERS IN MISSION:**

**Walk Humbly.**

**Serve Boldly.**

**Shine with Grace.**

**Walk in Faith!**

# FAITH IN ACTION



## FAITH FORMATION UPCOMING LITURGIES

We will pray a decade of the rosary at 7:45 a.m. on Monday, October 13.

Fr.Kunath will celebrate mass at 7:20 a.m. on Tuesday, October 14.



## STRENGTHENING FAITH AND COMMUNITY RETREAT INFORMATION

All Freshmen will take part in their class retreat from 8:00-12:30 p.m. on Tuesday, October 14. Students were sent further information earlier this week and can be found [here](#). Please pray for these Freshmen as they take part in this day of reflection.

The first senior retreat will take place October 22-24. Parents of those students should have received an email from Mrs. Price on Oct 6. If you did not receive this email - please email Mrs. Price. Students were emailed a [What to Bring List](#) and met with Mrs. Price during PPT on Tuesday to ask any questions they may have.



THOMAS MORE  
UNIVERSITY

## LEARNING OPPORTUNITY TMU - BISHOP ROGER FOYS MINISTRY AND SERVICE SCHOLARSHIP PROGRAM

Mr. Josh Ostertag, Campus Minister at Thomas More University will be here on Wednesday, October 15 at 3:15 in room 112 to meet with students who are interested in learning more about this program and scholarship opportunity if they are thinking about attending Thomas More University.

# Student Life



## FRESHMAN LEADERS ELECTED

### CLASS OF 2029 REPRESENTATIVES READY TO MAKE A DIFFERENCE

Congratulations to the newly elected representatives for the class of 2029. These students will represent the freshman class this year and will take part in planning many of the fun activities such as the canned food drive, Catholic Schools Week, and much more!

*Pictured: Charlotte Breetz, Kaia Fritz, Claire King, Serrie Lawrie, Chloe Schreiber, Addelyn Schultz, and Brooke Sweeney*



## FOOD TRUCK FUN

### STUDENTS CELEBRATE FOUNDATION DAY WITH LUNCH IN MARIAN CIRCLE

On Wednesday, October 1, we welcomed Chicken Mac, Wildside Experience, and Better Blends to campus to aid in our Foundation Day celebration. Students enjoyed yummy treats from each truck and enjoyed the beautiful weather while having lunch in Marian Circle. A special thanks to each of the trucks for joining us! We look forward to our next food truck day in the spring.

## SAVE THE DATE

### MOTHER-DAUGHTER

Planning is already underway for this year's Mother-Daughter Celebration, one of NDA's most cherished traditions!

Mark your calendars for Sunday, November 16, and stay tuned for more details in the coming weeks. This special event is a beautiful opportunity to celebrate the bond between mothers and daughters and the shared spirit that makes our Panda community so strong.

We can't wait to gather for faith, friendship and fun - and maybe some flowers ; ) at this year's Mother-Daughter Celebration — it's sure to be a wonderful day!





**NDA Family Event**  
**Halloween Party**  
Hosted by the NDA Freshmen,  
Class of 2029

Bring your little ones for  
Halloween fun!

Friday, October 24, 2025  
5:30-7:30 p.m.  
in the NDA Auditorium

Click the link to register or visit  
[www.ndapandas.org/alumnae/events](http://www.ndapandas.org/alumnae/events)



**NDA FRESHMEN HOST**  
**HALLOWEEN PARTY**

Join us for a night of Halloween fun at NDA's Family Halloween Party, hosted by the freshmen Class of 2029. Bring your little ones in costume for games, treats and plenty of Panda spirit.

**Friday, October 24, 2025**

**5:30-7:30 p.m.**

**NDA Auditorium**

Click [HERE](#) to register.

**IMPORTANT INFORMATION**

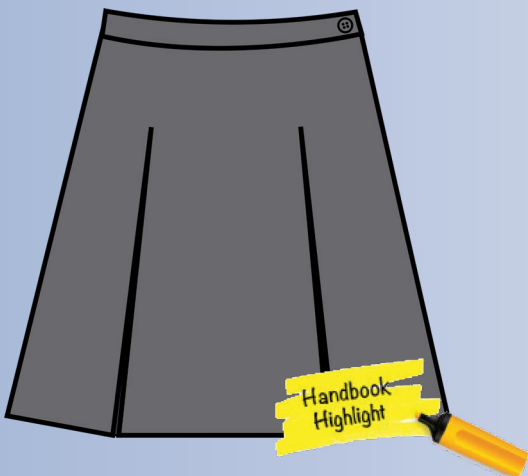
**UNIFORM SKIRT REMINDER**

We want our students to take pride in their uniforms and in representing our school well. At this time, we are noticing that many uniform skirts are far too short and not in compliance with our dress code policy. Rolling skirts or leaving hems unadjusted has become a common issue, and we are asking for parent support in helping us correct this. Please check your daughter's uniform skirt and ensure that it meets the required length. Taking pride in a neat, appropriate uniform helps create a positive and respectful school environment for all. Students not in compliance will continue to receive warnings, and further action may follow if adjustments are not made.

**Uniform Expectations from Student/Parent Handbook**

The handbook states - (page 25)

*The bottom of the skirt should not be higher than the mid-thigh and should be of an acceptable and tasteful length. \*This is at the discretion of the female staff and administration.*



**DON'T MISS IT!**

**NDA/CCH BAND GEARS UP FOR FRIDAY NIGHT PERFORMANCE**

Come see the NDA/CCH Band this Friday, October 10, when they perform the National Anthem and halftime show alongside the Dance Team at the CCH football game. The halftime performance will feature Jurassic Park and Paint It Black — a show you won't want to miss!

TRAVELING PANDAS

## AN UNFORGETTABLE ADVENTURE AWAITS IN SPAIN!

We're thrilled to announce that we'll be traveling to Spain in Summer 2027 and your student is invited to join us!

This once-in-a-lifetime experience will give students the chance to:

- Explore incredible destinations
- Immerse themselves in Spanish culture
- Build lifelong skills like independence and confidence

Join us at our informational meeting to learn more about what we'll see and do, hands-on learning opportunities, trip costs, and how to secure a spot.

### Meeting Details

**Date:** October 20, 2025

**Time:** 6:30 p.m.

**Location:** Alumnae Hall

**RSVP:** <https://rsvp.eftours.com/c5fpsp6>

Enrollment will open during the meeting—spots are limited, so don't miss this opportunity to give your student an unforgettable global experience!

In the meantime, visit EF Tours' website to learn more about their 60 years of experience helping students explore the world safely and affordably.

We can't wait to share how this journey can become a powerful and transformative chapter in your child's life!



MARK YOUR CALENDAR

## PICTURE RETAKE DAY

Please note: Picture Retake day is Friday, October 17.

## NDA'S PERFECT NORTH CLUB STORE DISCOUNT PERFECT NORTH SLOPES (PNS) SEASON PASSES

Winter is almost here, and Perfect North Slopes is the place to be! Season passes are now available through NDA's PNS Club Store with an exclusive **30% discount**. Even better, this discount extends to family and friends when purchased through our link. The offer ends November 3, so make sure to take advantage before it's gone.



To purchase passes:

- Visit NDA's PNS Club Store [HERE](#)
- Username: **notredame**
- Password: **panda**

If you have any issues completing your purchase, Perfect North's team will be happy to help. For NDA related questions, email Ms. Dooling at [doolingm@ndapandas.org](mailto:doolingm@ndapandas.org).

## NDA'S PERFECT NORTH CLUB STORE DISCOUNT SKI CLUB BUS PASS REGISTRATION

Skip the hassle of transportation and let us do the driving! We're offering a round-trip bus pass for all Perfect North outings so students can travel safely and easily with their peers. Register [HERE](#) for the bus to PNS and back.

## NDA BAMBOOTIQUE PANDA SPIRIT WEAR

Show your Panda pride and stock up on the latest NDA spiritwear at the Bambootique. From sweatshirts and T-shirts to accessories and gifts, the Bambootique has everything you need to cheer on Panda Nation in style. Visit us 8 a.m. - 11 a.m. on school days or shop online [HERE](#).



NOTRE DAME ACADEMY  
Bambootique

# From the Nurse's Health Office

## IMPORTANT INFORMATION

### FROM THE NURSE'S HEALTH OFFICE

We have seen an increase in Impetigo cases within the NKY community and at Notre Dame Academy.

Impetigo is a common, highly contagious skin infection. Caused by either streptococcus bacteria or staphylococcus bacteria. Symptoms may include small red bumps, fluid-filled blisters, or scabby sores that can itch. While usually not serious, it does require treatment from a physician.

**SPREAD** - The bacteria that cause impetigo spread from contact with sores or contact with surfaces contaminated by the sores of an infected person. Once the bacteria enter a break in the skin, a healthy person can become infected.

**INCUBATION** - The time it takes from exposure to the bacteria that cause impetigo to sickness varies. The bacteria may exist on unbroken skin without causing any sickness.

**CONTAGIOUS PERIOD** - Someone who has impetigo can spread the bacteria to others until 24 hours after antibiotic treatment to the sores or until the skin has fully healed.

If your daughter shows signs of impetigo, please see your doctor for care and let our school nurses know if she receives a diagnosis. Students should remain home until they have been on treatment for 24 hours and the affected areas are covered. Covering sores, avoiding scratching, and practicing good hand washing are the best ways to prevent the spread.

Thank you for your support in helping us keep our students healthy.

Tina Sizemore, RN.

Julie Neubacher, RN.

Notre Dame School Nurses

## FUN FRESHMAN TRADITION

### FRESHMAN HALLOWEEN DANCE

Attention Freshmen Families - Halloween Dance is Coming Up!

Seniors routinely talk about how much fun they had at this dance so don't miss out! Only NDA and CCH freshmen are allowed to attend. Tickets are \$5 each. The dance starts at 8:00 p.m. and ends at 10:30 p.m. (arrive by 8:30 and must stay until 10:30 unless a note from your parent says otherwise).

Here is the link for 10/18 Halloween Dance tickets

<https://payit.nelnet.net/form/r0ce9JVl>

# Halloween Dance!





## IMPORTANT INFORMATION

### CAFETERIA SPENDING REMINDER

We've recently received questions from parents about how to monitor cafeteria purchases. As a reminder, students always have the option to pack their lunch and toasters and microwaves are available for use. As it is stated in the Panda Parent Guide that you received at the beginning of the school year, **we do not police what students purchase in the cafeteria. If your daughter buys ice cream every day, that is a conversation for you to have with her.**

If you would like to track what your daughter is buying and how much she is spending, please check your PayPams account. While NDA does not monitor or restrict student purchases, PayPams allows you to view transactions and manage lunch balances.

We will never deny a student lunch, even if her account reaches a zero balance, but it is each family's responsibility to keep funds in the account and pay any outstanding balance before report cards or transcripts can be released.

This week's lunch menu and the cafeteria price sheet are available [HERE](#) for easy reference. Families are encouraged to check the menu often to help students plan ahead for meals they'll enjoy.

PLEASE NOTE!

## REPORTING ABSENCES

### ATTENDANCE POLICY

We have an attendance email for parents to call in a sick child or if a student is leaving early from school. Please use this email if your daughter is sick or needs to leave school early: [attendance@ndapan-das.org](mailto:attendance@ndapan-das.org). Remember you can always call the school office with any questions 859-261-4300.

## PROTECTING GOD'S CHILDREN

### VIRTUS TRAINING OPPORTUNITIES

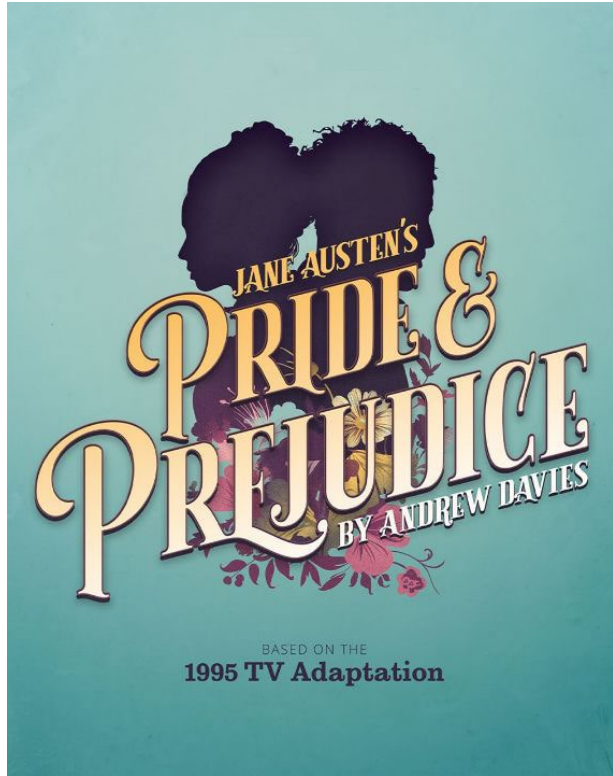
The Diocese of Covington has released the updated schedule of VIRTUS trainings through the end of 2025. Sessions are offered at various schools and diocesan locations, including one here at NDA.

For the full list of training dates and locations, visit [www.virtusonline.org](http://www.virtusonline.org). For questions, contact Marylu Steffen, Safe Environment Database Coordinator and VIRTUS Administrator, at [msteffen@covdio.org](mailto:msteffen@covdio.org) or 859-392-1565.

A PROGRAM AND SERVICE OF  
THE NATIONAL CATHOLIC RISK RETENTION GROUP, INC.  
The logo for VIRTUS Online, featuring a green cross icon to the left of the text "VIRTUS Online".



# FINE ARTS



NDA AND CCH PRESENTS...

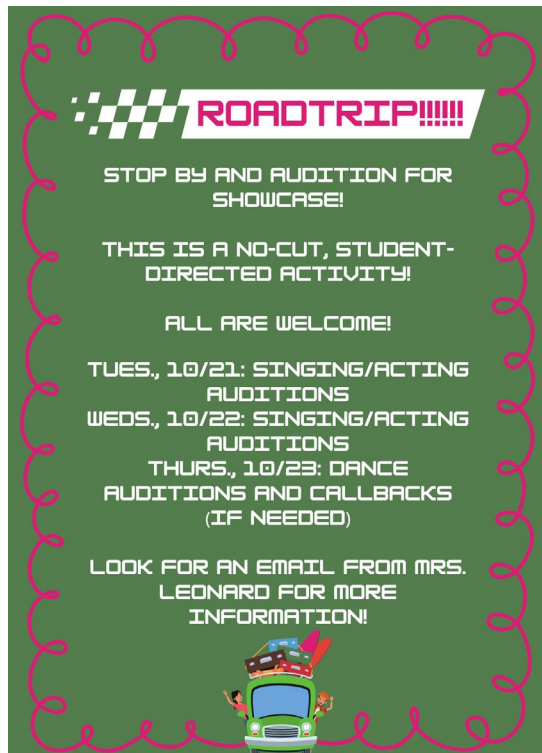
## PRIDE AND PREJUDICE TAKES THE STAGE

The stage is set, and anticipation is building as Notre Dame Academy and Covington Catholic students prepare to bring Jane Austen's *Pride and Prejudice* to life. Based on the beloved 1995 TV adaptation by Andrew Davies, this production blends the wit and charm of Austen's classic with the energy and talent of our students.

From quick banter to elegant ballroom scenes, our cast has been working hard to polish every detail — even their dancing steps — and trust us, Mr. Darcy would be impressed. This show promises to be a highlight of the fall, showcasing the creativity, collaboration and dedication of our NDA and CCH theater programs.

Curtain call is October 17-19. Make plans now to experience this unforgettable production!

Get your tickets [HERE](#).



### STUDENT-DIRECTED PRODUCTION

## ROAD TRIP SHOWCASE AUDITIONS

Notre Dame Academy students are invited to audition for this year's student-directed showcase, Road Trip. This no-cut activity is open to everyone and offers students the opportunity to share their talents in singing, acting, and dance.

Auditions will take place in October:

Tuesday, Oct. 21: Singing/acting auditions

Wednesday, Oct. 22: Singing/acting auditions

Thursday, Oct. 23: Dance auditions and callbacks, if needed

All are welcome to participate. Students are encouraged to watch for an email from Mrs. Leonard with more information about the process.

This annual showcase highlights the creativity, dedication, and collaboration of our students and is a favorite event for the NDA community.

# ATHLETIC DEPARTMENT

FROM THE DESK OF THE ATHLETIC DIRECTOR

## PANDA ATHLETICS

### Volleyball

Volleyball competed this past weekend on the ASICS Challenge hosted by Mother McAuley in Chicago.

It is a BIG week with Playing For A Purpose game at Dixie on Saturday 10/11! Freshman game starts at 4:30, JV at 6:00. Between JV and Varsity we will honor our Scholarship winners and honoree's. The game should start around 7:30pm.



**YOU NEED TO PRE PURCHASE A TICKET!**

Playing for a Purpose ticket link - Sat, Oct 11, 2025 at 4:30 PM

You must purchase your ticket online ahead of game day: [Get tickets here.](#)

### Soccer

The freshman team ended their great season this past week in the Northern Kentucky Freshman Tournament. They lost a hard fought battle against Bishop Brossart. Bishop Brossart went on to win the tournament. The soccer team will compete against the winner of the Beechwood vs Holy Cross game this week in the District 35 finals. The team will advance to Regions and we will update you via social media on the district's final game and our region draw later this week!

### Cross Country

XC PaNDA's Ready to Finish Strong - The NDA Cross Country team is wrapping up an incredible season and heading into the Northern Kentucky Area Conference meet this Saturday at Idlewild Park in Burlington! The PaNDA's have trained hard, raced with heart, and are now chasing their first regional title in 13 years!

Come out and cheer them on — bring your Panda pride, wear PaNDA colors, and make some noise!

Varsity races at 9:00 AM, JV at 10:30 AM. Let's fill the course with NDA spirit and show these runners how proud we are of them!

### Golf

The golf team's run for state ended after the first round of state last Monday. We are proud of our golfers this season with continued improvement and look forward to next season! Our newest golfer, Maria Penaranda qualified for the state finals. She is competing in the final round today at Bowling Green Country Club. Wishing her a great final day!

# COUNSELING AND STUDENT SERVICES



## COLLEGE REP VISITS

### PREPARING FOR THE FUTURE

## NDA COLLEGE VISIT SCHEDULE

[CLICK HERE](#) for a list of college visits specifically for NDA students/families. The visits are in the hallway outside the cafeteria. All students are welcome to visit the reps.

### ATTENTION 10TH AND 11TH GRADE STUDENTS

## 2026 GOVERNOR'S SCHOOL FOR THE ARTS

Every summer, a faculty of professional artists and educators guide over five hundred of Kentucky's finest young artists through three weeks of incredibly intense (and incredibly fun) arts instruction. For three weeks, the students live, breathe, eat and sleep the arts. It's a thrilling, often life-changing experience, as they meet new friends, explore their creativity, and discover new things about who they are and who they can be in the future.

GSA auditions & reviews the Commonwealth's most promising high school sophomores and juniors in nine different arts disciplines:

- Creative Writing
- Dance
- Design (formerly known as Architecture + Design)
- Drama
- Film + Photography
- Instrumental Music
- Musical Theatre
- Visual Art
- Vocal Music

GSA offers two separate three-week sessions, in the last three weeks of June and the last three weeks of July.

To help students get started, Mrs. Slone will host a Kentucky Governor's School for the Arts general information session on 10/14 from 11:45am -12:30pm in Room 112. Students can stop by and learn all about the application process. **The official application opens on the GSA website on 10/10!**

For more information and to apply visit [HERE](#).





# Advancing the Mission

LIGHT THE NIGHT FOR NDA 2025

## CELEBRATING THE MISSION OF NDA

What an incredible evening we shared at Light the Night for NDA this past Saturday! Our community came together in celebration and fundraising. Thank you to our chairs, Laura Mauller, Tracie Stacy and Heather Ramsey for a wonderful evening.

Thanks to the generosity of our parents, alumnae, and friends, we are thrilled to announce that over \$100,000 was raised to support NDA's mission. These funds will directly impact our students by sustaining exceptional teachers, enriching faith-based programs, keeping tuition as affordable as possible for all families and supporting the creation of our outdoor classroom.

The night was filled with joy, laughter, an incredible performance by our Pandatones and generous community spirit. We are deeply grateful to everyone who attended, donated, volunteered, or bid from home. Your investment in our students is incredibly impactful and appreciated. Thank you!





## SHARING OUR Community News

You can find a complete list of community news [HERE](#).

- Mary's Meals, A Simple Solution to World Hunger
- Point Arc Fest 2025
- Diocesan Workshops

## Important dates

October 9	No School - Faculty Professional Development
October 10	No School - Faculty Professional Development
October 11	Playing for a Purpose - Dixie Heights High School
October 13	Non-Feeder School Shadow Day
October 14	Super Day - Frosh/Retreat, Soph & Jr/PSAT, SR/ACT or College Day
October 17	End of First Quarter
	Picture Retake Day
October 17-19	Pride and Prejudice Show
October 18	Freshman Halloween Dance
October 21	Information Night for Prospective Panda Families!
October 22	Senior Retreat #1
October 28	Parent/Teacher Conferences
October 31	Halloween Fun at the end of the day!
November 3	Remembrance Mass
November 9	Open House
November 10	Canned Food Drive begins