

Dear Parents,

God has blessed us with a beautiful first week of fall. I hope you had an opportunity to get outside and enjoy it. Our students have certainly been taking advantage of the great weather by using our outdoor campus spaces during lunch and Panda Prime Time. As I look around our campus each day, I am grateful to see our students engaged in meaningful learning, physical activity and social interaction. It is so important to their overall health to have that balance in their lives.

I would like to wish you all an early Happy Founders Day! This Friday, October 1, is a special day for the Sisters of Notre Dame and our school. It is SND Foundation Day commemorating the day the SND founders, Hilligonde Wolbring and Elisabeth Kuhling, began their religious life in Coesfeld, Germany with the inception of the Sisters of Notre Dame order in 1850. These young women were dedicated to providing an education to the many young girls of their region with little to no access to an education. You can find a short <u>Foundation Day video</u> from SND-USA highlighting the foundresses and all the good works the Sisters have done and continue to do today.

This week at NDA, we celebrate SND Foundation Day remembering the courage, faith and commitment of the founders of the Sisters of Notre Dame and giving thanks that they began a tradition of excellence in education and service to others. It is a nice way to remind our students, faculty and staff of how the founders of the Sisters of Notre Dame have taught us the significance of *Living the Gospel with a Spirit of Compassion*, *Hope and Joy*.

Thank you for the sacrifices you make to send your daughter to Notre Dame Academy. We are privileged to partner with you in her Catholic education!

In Notre Dame,

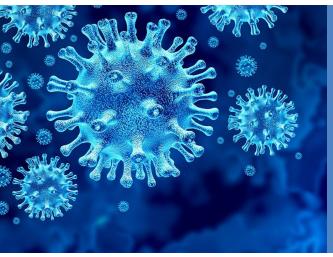
Jack Van Handy

Mr. Jack VonHandorf



Sharing a sandwich, touching a life!

Hilligonde Wolbring shared her sandwich with a student. God worked through her to help the poor and called her to begin the Sisters of Notre Dame. She shared her dream with Elisabeth Kuhling. Together they spread God's goodness and provident care around the world.



WEEKLY UPDATE

COVID-19

As of today, Wednesday, September 29 we have had 3 new reported cases of members of our community testing positive for COVID-19 within the last week.

As we move forward, please keep NDA updated on any COVID-19 related issues involving your family. In the event that someone in your household is being tested for COVID-19 or your daughter is exposed to or tests positive for COVID-19, please contact our school nurse, Tina Sizemore, RN., at 859.292.1843 or sizemoret@ndapandas.org.

FROM THE SCHOOL NURSE

IMPORTANT INFORMATION FOR PARENTS

Dear Parents,

This message is to inform you that a case of head lice has been detected at Notre Dame Academy today. Head lice do not reflect poor hygiene and anyone is susceptible to lice. Lice are transferred mainly through direct head to head contact but also from sharing hats, brushes and other personal items.

Please do your part to prevent the spread of this communicable condition by checking your daughter's hair. If your daughter complains of her scalp itching, especially behind her ears, you should check for the eggs (nits) or the adult (lice). Please check out the Center for Disease Control website for more information regarding the identification and treatment of lice:

Head Lice TX

Pediculosis

If you have any questions, need assistance or should you discover a case of head lice, please contact me.

Also, I would like to introduce you to Melanie Martin RN. Mrs. Martin will be job sharing the school nurse position with me at NDA. Welcome Mrs. Martin!



Tina Sizemore, RN. NDA School Nurse





PARENT RESOURCE

COVID-19 INFORMATION

There are many important resources for parents and students on NDA's COVID-19 Information page on the website HERE.

- · Pandas Return to Campus Plan
- · Information from the Nurse's Office
- Daily Personal Assessment questions
- COVID-19 Vaccine information
- Diocesan communications

Student Life

LET'S CELEBRATE!

SND FOUNDATION DAY

We will celebrate SND Foundation Day this Friday. Students are encouraged to wear yellow and gold shirts/sweatshirts with their uniform skirts. Ice cream sandwiches will be served at lunch, and we will hold a prayer service outside after 5th period. The schedule will be adjusted on this day.



IMPORTANT SCHEDULE CHANGE

INSTALLATION OF NEW BISHOP

In honor of Bishop-elect John C. Iffert's installation as the 11th Bishop of Covington, all schools in the Diocese of Covington will be closed on tomorrow, Thursday, September 30. After school clubs and activities will also be canceled but already scheduled sporting events may continue.

The activities planned for Thursday of NDA's Foundation Week will be moved to Friday.

Enjoy the day off, and please say a special prayer for Bishop Iffert and Bishop Foys!





SPOOKY FUN!

FRESHMEN HALLOWEEN DANCE

On Monday, during homeroom, Freshmen will hear from Mr. Tony Barczak from Covington Catholic who has the details on the CCH/NDA Freshmen Halloween Dance scheduled for Saturday, October 30, from 7-10 p.m.





HUNGRY?

ORDER LUNCH FOR NEXT WEEK

Click HERE for the lunch order form for next week. This form serves as a head count for our cafeteria staff. Please indicate which days you would like to purchase lunch next week. Payment will be due upon pick up in the cafeteria and using your ID card barcode and will be charged to your NDA lunch account through PayPams.

ATTENTION PARENTS

KIP SURVEY

On October 4, Notre Dame Academy Sophomores and Seniors will be participating in the Kentucky Incentives for Prevention (KIP) Student Survey which is designed to assess alcohol and drug use among students. A Parent/Guardian Letter was sent directly to parents via email on Monday, with the Fact Sheet and opt-out non-consent form on Tuesday. The survey is completely voluntary and anonymous, and will be very helpful for school planning and program development.

Notre Dame Academy is participating in this important project because we believe that young people's use of substances is a serious issue for our communities. If you have any questions, please contact Kathy Hildreth, our school KIP Survey Coordinator, at hildrethk@nda-pandas.org. Thank you for your cooperation.



MENTAL HEALTH AWARENESS

ITSTIME2! PRESENTATION FOR STUDENTS

On October 6, 2021, Dr. Brian Ceccarelli, founder of the ItsTime2! organization will be speaking to our students about mental health awareness, anti-bullying efforts, and the alarming rate of teen suicide. This presentation utilizes a mix of powerful videos, personal stories, and factual statistics that touch upon topics which may affect many of our students. These topics include: bullying, cyber-bullying, depression, and family or friends in crisis. The overall message is a very important one: our students need to be honest with themselves and with others. If they are going through challenging times, they need to reach out to an adult, tell someone how they are doing, and get additional help if needed. NDA faculty and staff will also attend a session by Dr. Brian Ceccarelli before school on October 6.

From past experience we know that hearing stories of overcoming personal challenges can be rewarding and empowering. We also know that for some students these stories may trigger difficult memories and emotions. If this is a potential concern of yours or you feel that this presentation may be too much for your child at this stage in his/her life you may opt your child out of the assembly. I would encourage you, however, to preview the website (https://www.itstime2.org) and check out the videos under the Stories tab. Please use this presentation as a discussion point with your child as we have found that many students, after hearing the program, are anxious to discuss these topics with their parents.

To opt your child out of the presentation please email Mrs. Amber Grayson, graysona@ndapandas.org, by October 1. ltsTime2!Infographic



PANDA PRIDE

SPIRIT WEAR SALE

Who loves new Panda spirit wear? You can find something for all of the Pandas in your life at NDA's Bambootique! Shop online <u>HERE</u>.



PLEASE JOIN US!

ROSARY RALLY FOR LIFE

On Saturday, October 16, there will be a Rosary Rally For Life held in front of St. Joseph Height's at 11:00 a.m. All are welcome to participate. The Rosary Rally lasts about 30 minutes. Those wishing to participate should meet at the foot of Hilton Drive and you will walk to the Height's while praying.



YOUTH RETREAT

SUMMIT 21

There are only a few weeks left to register for the upcoming Diocesan Youth Retreat: **SUMMIT 21** (formerly known as Youth 2000).

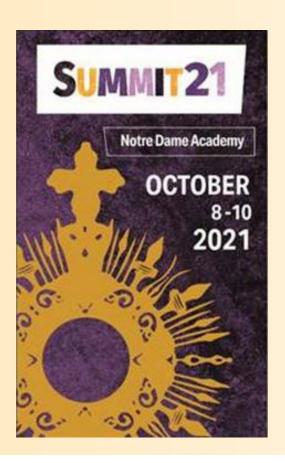
Come and discover more about our Catholic faith... meet Jesus in the Eucharist... feel His healing love... make new friends from around the diocese... enjoy live music — and have fun!

Fast Facts about Summit 21:

- Open to Catholic youth 13-22
- · Runs Friday 6:30–10:30 p.m., Saturday 9:00 a.m.–10 p.m., Sunday 8:30 a.m. 12:30 p.m.
- \$40 fee includes all snacks and Saturday meals. Financial aid on request.
- Early bird discount! Save \$10 on registrations postmarked by September 24.
- · Do not mail registration after Sept. 29; use walk-in registration Friday 5:30 p.m.

For more information and to register visit: www.CovDio.Org/Summit

Registrations need to be mailed in by September 29.



Following the model of World Youth Day, the event includes daily Mass, the rosary, Eucharistic adoration and dynamic cathechesis by the Franciscan Friars of the Renewal and diocesan priests. There will also be live music, lay testimonials as well as great food, snacks and social time.

Some new guest speakers are coming this year! Many of our diocesan priests come to concelebrate and hear confessions.

On Saturday, participants can ask questions to a select panel
of clergy and laity. The panelists come well prepared to
explain Church teaching on matters large and small especially on tough issues of faith and morals - with clarity,
charity and wit.

YOU'RE INVITED...

PERU - SUMMER 2023

Dear parents and guardians,

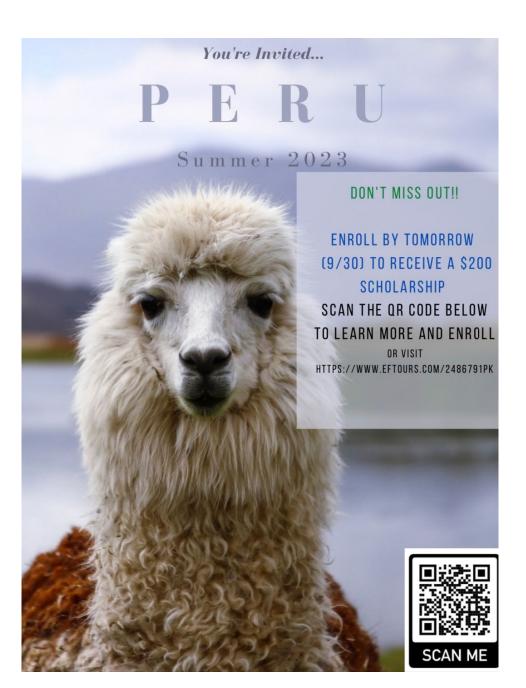
Thanks to all of you who were able to make it to yesterday's meeting about our upcoming trip: <u>Peru: Cuzco, Machu Picchu, & Lake Titicaca</u>. It's an incredible opportunity for our students to explore another place and culture, and I can't wait to see them discover more about themselves in the process.

As I explained at the meeting, **the deadline to receive the \$200 scholarship is TOMORROW at midnight** and spaces are filling! Grab one of the remaining spots and your scholarship tonight by visiting www.eftours.com/2486791PK while there's still time.

Have questions? The friendly folks at EF's Traveler Support team can help at 800-665-5364. And if your child has friends who haven't signed up yet, feel free to pass this message along to their families, too.

We are so excited to have something to look forward to, also knowing your investment is protected with risk free enrollment. Please enroll your child tonight and take advantage of the scholarship while you can!

Thanks, Ms. Dooling



AUTUMN GALA

Autumn Gala Registration is Now Open!

The Autumn Gala will be held on **Saturday, October 16, 2021** at Summit Hills Country Club. The evening consists of an elegant sit-down dinner, hors d'oeuvres, open bar and an incredible array of live and silent auction items. The evening also features several raffles and specialty games. You won't want to miss it!

Early Bird Registration

Don't Miss Out on the Early Bird Registration. To receive the discounted rate, purchase your tickets on or before **THIS FRIDAY**, **October 1**.



Visit: https://ndacvg.ejoinme.org/gala2021



Sisters' Heavenly Glow Candles

These hand-crafted and "blessed" 7 oz. candles were made exclusively by the Sisters on the 4th floor. They will be a treasure for your home or office and add that special touch of warmth. Buy one or more, but quantities are limited.



Buy it Now

Is the Daytona 500 on your Bucket List? This year we are excited to offer this <u>once-in-a-lifetime opportunity</u>! The experience for 2 includes Reserved seating at the Daytona Race and the Saturday Xfinity Series Race, 3 nights accommodations, transportation to the Speedway, virutal access to interviews with NASCAR Drivers and much much more!

Panda Payout Raffle- Now is Your "Chance"

Panda Payout split the pot raffle tickets are on sale NOW! Please support NDA Student Tuition Assistance and Identified Education Needs by purchasing your tickets TODAY! Anyone can purchase these tickets... alums, parents, friends, family, neighbors...the list goes on!

Tickets can be purchased online or through school for \$20 each. 1st Place winner receives 40% of the winnings and 2nd Place winner receives 5%. All other winnings go towards NDA Student Needs! What an easy way to make a BIG difference! Don't miss your "chance"!



<u>Click here</u> to Register, Purchase Game and Raffle Tickets, Heavenly Glow Candles, Buy It Now, Become a Sponsor, and more!

ATHLETIC DEPARTMENT



HEADED TO STATE

GOLF NEWS

The NDA Golf team is the Region Runner up! Good luck to our four golfers: Hannah Rice, Clare Hooper, Natalie Lovelle and Didi Jiradam-kerng who are heading to the State Tournament in Bowling Green.



INFORMATIONAL MEETING

SWIM AND DIVE NEWS

NDA's wim and Dive team will have an informational meeting Monday, October 4, at 6:30 p.m. in the NDA cafeteria. Both students and parents should attend.



DISTRICT PLAY

SOCCER NEWS

NDA Soccer Pandas head into district play Monday, October 4. NDA is hosting Holmes at NDA at 7 p.m. Come out to cheer our Soccer Pandas to victory!



ATTENTION PANDA FANS

PLEASE VOTE

Please take a minute to vote for these Pandas:

Anna Mayer - Cross Country runner of the week Hannah Rice - Golfer of the week Abby Breeze - Soccer player of the week

VOTE HERE



STRIKE!

BOWLING NEWS

NDA Bowling starts next week and there are still spots to join, The first few practices are Tuesday/Wednesday October 5/6, 12/13, 19/20 and 26/27 from 6 p.m. -8 p.m. at Florence Bowl. Reach out to Coach Hampton at hamptond@ndapandas.org if you are interested and with any questions!

MAKING A DIFFERENCE

PLAYING FOR A PURPOSE

After a spirited outdoor pep rally, our Pandas were ready for this year's Playing for a Purpose game last Friday! Our Freshman and JV teams won and our Varsity lost in 4, however, everyone's a winner when we team up with SHDHS to take on cancer!















freshART

SHOWCASING NDA ART STUDENTS

CONGRATULATIONS to Brooke Donelan, Clara Weber, and Ellie Joyce for having their artwork selected to show in the Connie O'Donnell Student Invitational Art Show.

Their works, along with other student works, will be showing at the Behringer Crawford Museum and were included in their recent show, freshART, which opened at the museum on September 18. Special congratulations to Ellie Joyce whose work earned 2nd Runner-Up at the show, with her piece entitled 'I Fold.'.



COUNSELING AND STUDENT SERVICES



HISPANIC HERITAGE MONTH

PANDAVERSITY

A good time was had by all after school on September 27 when NDA's Pandaversity and Spanish Clubs collaborated to celebrate Hispanic Heritage Month after school with music and dancing!





MAKING THE RIGHT CHOICE EASY

DRUG FREE CLUBS OF AMERICA

Drug testing for Drug Free Clubs of America was conducted at NDA on Monday and Tuesday on about 370 club members! After being tested, the members tested received a temporary club ID card (good until their photo ID cards arrive) and enjoyed the reward of a drawstring bag full of treats! Registered members who were not tested this week will be tested at a later time.

It is not too late to apply! Applications will be accepted until October 29. Apply online <u>HERE</u> or submit your one-page paper application and payment to the office. The fee is \$25/year. If freshmen sign up for 3 years (\$75), their senior year is free.









GSE APPLICATION PROCESS

GOVERNOR'S SCHOOL FOR ENTREPRENEURS

At the KY <u>Governor's School for Entrepreneurs</u> (GSE), students are exposed to instructional coaches, mentors, startup tools, the business model canvas, design thinking, funding, pitch competitions, emerging technologies, scholarships, and so much more. **An Informational Meeting about the KY Governor's School for Entrepreneurs will be held after school on Thursday October 14 in Alumnae Hall!** Freshmen, Sophomores, and Juniors can apply for 2022 GSE beginning in November!



GSA APPLICATION PROCESS

GOVERNOR'S SCHOOL FOR THE ARTS

For three weeks every summer since 1987, Kentucky's most talented and creative high school students are invited to grow and learn together at the <u>Governor's School for the Arts</u> summer program. Rising juniors and seniors in high school are offered in-depth instruction in one of nine artistic disciplines:

Architecture Visual Art Film & Photography Creative Writing
Instrumental Music
Vocal Music

Musical Theater

Drama Dance

GSA Informational Meeting after school on Thursday, October 7 in Alumnae Hall!



GSP APPLICATION PROCESS

GOVERNOR'S SCHOLARS PROGRAM

Please note: The GSP Informational Meeting has been rescheduled for Monday Oct. 4 after school in Alumnae Hall. The KY Governor's Scholars Program (GSP) is a free 5-week summer residential program for outstanding high school KY students after their junior year. GSP 2021-2022 Applications and Forms are now available on the GSP website, under the Applicant's tab, along with Helpful Hints and Videos. A GSP Informational Meeting is scheduled for Thursday Sept. 30 after school in Alumnae Hall. NDA's 2021 GSP Scholars will be there to share information about their GSP experiences. NDA's GSP Applications are due November 18. Contact Mrs. Hildreth with your questions.



RESOURCES FOR PARENTS & STUDENTS

NDA PARENT TOOLBOX

NDA's counselors have put together some very useful tools for our parents HERE.





Visit DeBra-Kuempel

DeBra-Kuempel is a mechanical construction company as well as electrical and plumbing (MEP) and process piping contractor. We deliver not only quality mechanical, electrical, plumbing, and process piping installation and construction services, but also the proper start-up and air balancing of mechanical equipment. We understand what our customers want—the job done right the first time and at a reasonable cost. More than 80% of our business comes from repeat customers...proof or our long-term commitment to you.

COMMUNITY



NEWS

SHARING OUR

Community News

You can find a complete list of community news HERE.

- · St. Joseph Heights Work Study Positions available for Students
- · Seeking Lower Tuition Payments?

Important dates

September 30 NO SCHOOL: Installation of New Bishop

October 1 SND Foundation Day - Wear gold/yellow today!

Outdoor Prayer Service

October 3 Golden Girls Alumnae Event

October 5 Panda Sneak Peek Information Session 6:30 p.m.

October 6 Suicide Prevention Speaker

October 8 NO SCHOOL: Professional Development Day for Faculty

October 8-10 The Summit 2021 at NDA (Formerly Youth 2000)

October 13 SO/JR Cert, FR retreat, SR Cultural Experience

October 15 FR Homeroom rep elections

October 16 The Autumn Gala

October 18 All School Mass

October 19 Seniors leave for retreat

October 21 Panda Sneak Peek Information Session 6:30 p.m.

October 22 Picture Retake Day

October 22-24 Fall Play

October 26 Admission Virtual Information Session

November 7 Open House