



NOTRE DAME ACADEMY

Educating Women to Make a Difference in the World

Panda Press Weekly

September 14, 2022

THE *nda* LIFE

Dear Parents,

This is Notre Dame Academy's 117th year and as always, we continue to educate our students in the tradition of the Sisters of Notre Dame. As you know, this year we are focusing on the fourth Educational Principle of the Sisters of Notre Dame, An integrated education for transformation. In doing so, we are concentrating our efforts on *Discovering Our Purpose and Transforming the World*. As you heard last week at Parent Mini-Night, our students are doing a great job living our mission and carrying out our theme this school year.

In the tradition of the Sisters of Notre Dame, Notre Dame Academy is committed to working with any family whose daughter could benefit from a Notre Dame Academy education. For over a century, NDA has provided a premiere Catholic education to the young women of our community at an affordable price. As much as we strive to keep tuition and expenses to a minimum without sacrificing quality education, it is still difficult for some of our families to afford a Catholic education, especially in these challenging economic times. We are blessed with a wonderful Work Study Program and many generous benefactors who provide essential student tuition assistance through academic and need based scholarships at NDA. We thank them for making a difference in the lives of our students through their generous support of Catholic education at NDA.

Notre Dame Academy ranks as the largest private high school in the Diocese of Covington and the 12th largest private school offering grades 9-12 in the Greater Cincinnati area. We are blessed with a strong enrollment but we still must do our best to advance the mission of NDA by expanding our recruitment efforts. As a NDA parent, you clearly see the benefit of an NDA education. If you know of a young woman who you think could benefit from an NDA education, whether she is in your extended family, neighborhood, parish or your daughter's elementary school, we ask that you pass her name on to our Director of Admissions, Katie Caccavari (caccavarik@ndapandas.org).

Thank you for the sacrifices you make to send your daughter to Notre Dame Academy. It is a privilege to partner with you in your daughter's Catholic education. We are grateful for your trust in Notre Dame Academy to provide your daughter with a premiere Catholic education in the tradition of the Sisters of Notre Dame.

In Notre Dame,

Mr. Jack VonHandorf

NOTRE DAME ACADEMY
is built on the
Four Educational Principles
of the Sisters of Notre Dame:



- The centrality of a good and provident God
- The human dignity of each person as an image of God
- The Notre Dame educator as a Gospel witness
- An integrated education for transformation

Have a great day and make good choices!

Student Life

CAMPUS MINISTRY NEWS

MORNING MASS & ADORATION

We will celebrate Mass in our beautiful *Mary, Mother of the World* Chapel Thursday and Friday morning at 7:20 a.m. All are welcome to join us! Also, we will be holding Adoration this Friday, September 16 in the chapel from 7:45 a.m. until the end of 4th period/lunches.



MAKE A DIFFERENCE

SERVICE OPPORTUNITIES

Is your daughter looking for Service Opportunities? Encourage her to check the Upcoming Service Opportunities list that is shared on the Weekly Student Padlet under Campus Ministry. This list is kept up to date with community service projects that are sent into NDA from local non-profits looking for volunteers. A link to the list can be found [HERE](#).

MAKE A
DIFFERENCE

SEPTEMBER 21

SUPER DAY

IMPORTANT SCHEDULE CHANGE

Students will begin at 8:00 a.m. on Wednesday, September 21. Students will dismiss at 11:30 a.m. due to a faculty professional development session in the afternoon. Faculty will spend the afternoon collaborating with their colleagues in order to refine the goals and essential skills for their courses.



ORDER BY SEPTEMBER 19

FOOD TRUCK DAY

Get excited Pandas because our first Food Truck Day of the year is coming up on Monday, September 26! Hot lunch will still be served in the cafeteria on this day, but you also have the option of ordering lunch from one of the food trucks that will be on campus. The trucks available are Chicken Mac Truck, Lita's Tacos, BOL Acai, and Marty's Waffles. You must place your order and pay in advance to eat from one of the trucks! You can order and pay online [HERE](#). **The deadline to order is Monday, September 19 at 5:00 p.m. WE WILL NOT ACCEPT LATE ORDERS!** If you have any questions or if you would like to pay with cash please contact Mrs. Wagner. We are looking forward to a fun and yummy food truck day!



CLASS OF 2027

SHADOW DAYS

We had a blast yesterday introducing these St. Pius X Panthers to the sisterhood of Notre Dame Academy and we look forward to welcoming the Blessed Sacrament Eagles to NDA tomorrow! If you know a young woman who is ready to make a difference in the world and would like to get a glimpse of all that NDA has to offer, [contact our Admissions Office](#) to set up a shadow day.



JOIN THE FUN

CLUB ORIENTATION

Club Orientation is this Friday, September 16 and a highlight of the year! During this time, all Pandas will learn about the many clubs and activities available at Notre Dame Academy. Clubs and activities offer wonderful ways for all Pandas to develop their interests, give back to the community, make new friends and have fun. All students are encouraged to take part in the fun by joining at least one club or activity this year.

GET INVOLVED PANDAS!

PANDA GEAR

BAMBOOTIQUE SPIRIT WEAR SHOP

It may feel a bit like fall but Mrs. McLeod says "summer's not quite over Pandas!" Sue is doing her best to make summer last a little longer with 20% off of all shorts this week in the Bambootique! Shop online [HERE](#).



SERVING OUR PANDAS

WHAT'S FOR LUNCH?

You can find NDA's lunch menu below and on our website [HERE](#).

Parents, please check your daughter's lunch account balance throughout the school year to avoid overdue account issues. Thank you!



DID YOU ORDER YOUR YEARBOOK?

YEARBOOK SALES

Parents: You can pre-order Notre Dame Academy's 2022-23 yearbook, *Finding our Groove*, at jostensyearbooks.com. Order by September 16 to take advantage of the early-bird discount price of \$70. NDA's 2021-22 yearbook, *Make it Count*, will ship this fall. A limited number of extra copies will be available for purchase at the school when books arrive.



FROM THE SCHOOL NURSES

KEEPING OUR PANDAS HEALTHY

As we head into flu season, please make sure your daughter is doing all she can to stay healthy:

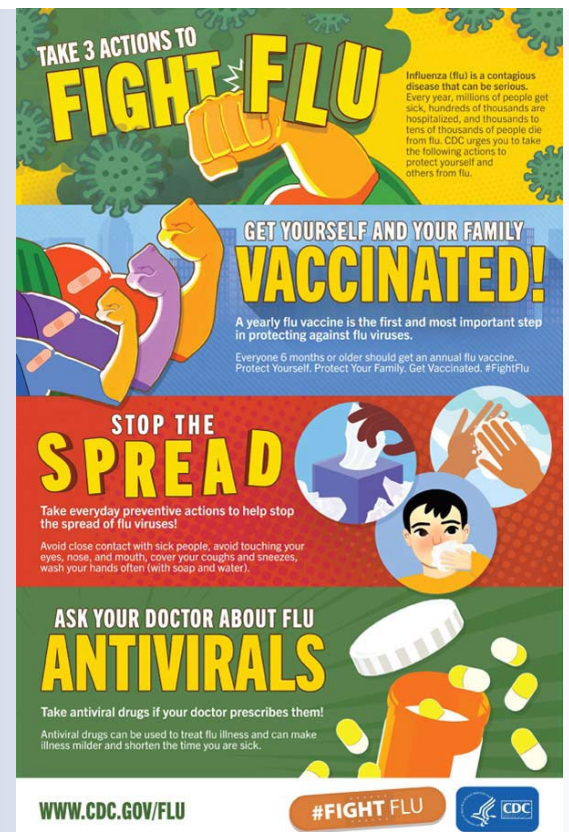
- wash hands frequently with soap and water
- avoid touching eyes, nose and mouth
- clean and disinfect frequently touched surfaces
- practice healthy habits: get plenty of sleep, be physically active, manage your stress, drink plenty of fluids and eat nutritious food

Here are some additional resources for your family:

[CDC Recommendations for Flu](#)

[CDC INFLUENZA INFORMATION](#)

ALSO, please keep NDA updated on any COVID-19 related issues involving your family. In the event that your daughter is exposed to or tests positive for COVID-19, please contact our school nurses, Tina Sizemore, RN. and Melanie Martin, RN., at 859.292.1843 or ndanurse@ndapandas.org.



ATHLETIC DEPARTMENT



FROM THE ATHLETIC DIRECTOR

FRESHMAN BASKETBALL

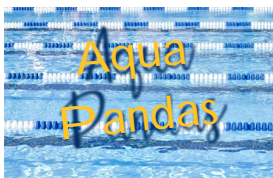
Attention Freshmen: If you are interested in participating in freshman basketball here at NDA please sign up on the sign in sheet on Mrs. Webster's office door (in the gym) or emailing her at webstern@ndapandas.org by Friday September 16. Basketball at NDA starts mid October and runs through February. If you have any questions please let Mrs. Webster know.



NO TIME TO SPARE!

BOWLING SIGN UPS

Bowling sign ups are open in Final Forms (just login and check bowling)! Keep your eyes peeled for a pre season meeting later this month.



INFORMATIONAL MEETING

SWIM AND DIVE

Attention Aqua Pandas! There will be a Swim and Dive informational meeting on September 26 at 6:30 p.m. in the cafeteria.

COUNSELING AND STUDENT SERVICES



PREPARING FOR THE FUTURE

NDA COLLEGE VISIT SCHEDULE

[CLICK HERE](#) for a list of college visits specifically for NDA students/families. The visits are in the hallway outside the cafeteria. All students are welcome to visit the reps.



IMPORTANT INFORMATION

COLLEGE PARENT NIGHT

NDA will be hosting a college night at NDA for parents on **Monday, September 19 from 6:30 p.m. - 8 p.m.** We will have presenters talking about various college related topics including FAFSA, scholarships and other information. Covington Catholic parents are invited to attend as well.

**IMPORTANT
INFORMATION
PLEASE READ**

SUPER WEDNESDAY

JUNIOR PRACTICE ACT

SOPHOMORE AND FRESHMAN CERT TESTING

Next Wednesday, September 21, we will be having a practice ACT test for juniors and the online CERT test for sophomores and freshmen. We will start school that day at 8:00 a.m. **This is a Wednesday and so the 8:00 a.m. start is a change for students.** We will be dismissed at 11:30 a.m. The seniors will be having a college work day and will start and be dismissed at the same time. We do not have extended time for students with accommodations for this ACT practice test or CERT. The CERT test is a practice ACT and is completed online by the freshmen and sophomores. For more info about the CERT, visit their website [HERE](#).



RESOURCES TO UNDERSTAND AND HELP TEENAGE GIRLS

NDA PARENT TOOLBOX

Emotional support is now always available 24/7: Call 988 or Text: 741741

NDA's counselors have put together some very useful tools for our parent [HERE](#).



ATTENTION NDA JUNIORS AND SENIORS

FREE ACT PREP SESSIONS

If you are looking for some help with preparing your daughter for the ACT, we would like to let you know that Timothy Ward, Founder of [Free Test Prep Online](http://FreeTestPrepOnline.com), will be offering 2 free online one-on-one tutoring sessions on a single ACT subject of the student's choice. This program is open to any students who haven't already worked with Timothy in the past and doesn't require any commitment beyond the free sessions.

Here's how you can sign up:

- Text Timothy at 502-269-8447 (preferred)
- Email him at tward@freetestpreponline.com

He has room in his schedule to take on 20 free clients this month and will take them on a first-come, first-served basis.



NDA OFFERS SUPPORT

FAMILY SUPPORT GROUPS ARE FORMING

Notre Dame Academy offers Family Support Groups for students who are challenged by a family divorce, separation, or non-traditional family arrangement. The goals of the groups are to improve self-awareness, enhance communication skills, develop confidence, increase problem-solving ability, develop coping strategies, increase friendship, and support healthy choices. If you think your student would benefit from this, or to learn more about our groups, contact Mrs. Maggard or Mrs. Hildreth.



SIGN UP TODAY!

DRUG FREE CLUB AT NDA

STUDENTS who never start using drugs, never have to stop!

- Students become DFCA members after passing a simple, confidential drug test.
- Only Parents/Guardians receive test results - NEVER the school.
- Last year 83% of Pandas joined.
- Members can rely on testing as an "out" for drug related situations by saying, "I can't, I might get tested."
- Parents are notified via email about perfect moments and ways to talk to your children about drugs.
- Members receive a full color photo ID card to show to local merchants to receive community rewards for their drug free lifestyle.
- Retesting of random members continues throughout the school year.

Cost is only \$25/year...

(because Notre Dame Academy pays the cost of \$10 for every student member!)

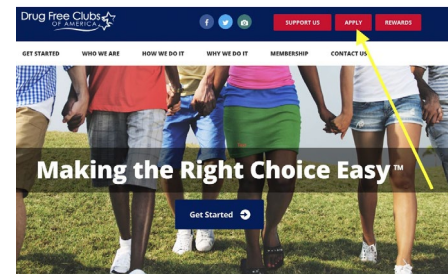
but,

Freshman can pay \$75 for 3 years, and have their Senior year FREE!

Applications for Notre Dame Academy's Drug Free Club are available online

[HERE](#) or through paper applications available at school.

Contact Mrs. Hildreth with questions.



CLEP

COLLEGE-LEVEL EXAMINATION PROGRAM

CLEP (College-Level Examination Program), is a credit-by-examination program that allows students to earn college credit. CLEP exams are offered year-round at more than 2,000 test centers, and anyone can take a CLEP exam. CLEP is sponsored by College Board, the same organization that sponsors Advanced Placement (AP) Exams.



Students can earn credit for what they already know with qualifying scores on any of the [30+ Exams Available](#). Many of the CLEP tests satisfy various General Education requirements at colleges, and cost ~\$90/test. For more information visit the [CLEP Web-site](#). Contact individual prospective colleges to learn their specific CLEP policies.

GSP

THE KY GOVERNOR'S SCHOLARS PROGRAM

GSP is a 5-week summer residential program for outstanding KY students after completing their junior year of high school. Established in 1983, the program provides academic and personal growth through a strong liberal arts program balanced with a full co-curricular and residential life experience while living on a college campus. Students complete an application and compete with others from across the state. The Program's mission is to enhance Kentucky's next generation of civic and economic leaders. Those selected attend the program free of charge. The [GSP website](#) has been updated with information for GSP 2023.



A GSP Informational Meeting will be held on Thursday, September 22 after school in Alumnae Hall for those interested in learning more. Applications are due November 21. Contact Mrs. Hildreth with questions.

GSA

THE KY GOVERNOR'S SCHOOL FOR THE ARTS

GSA is a free arts-intensive three-week residential summer program held on the campus of the University of Kentucky. The program is for Kentucky student artists in the 10th and 11th grades at the time of application. GSA offers instruction and immersion in nine different art forms: Architecture, Creative Writing, Dance, Drama, Instrumental Music, Musical Theater, New Media, Visual Art, and Vocal Music.



A GSA Informational Meeting will be held on Thursday, September 29 after school in Alumnae Hall for those interested in learning more, but prospective applicants can learn more by visiting the [GSA Website](#). Application and ArtShop registration will become available online in the fall.

GSE

THE KY GOVERNOR'S SCHOOL FOR ENTREPRENEURS

GSE exposes young aspiring entrepreneurs to the mindset, culture, innovative thinking, and skills necessary to start a company. This free 3-week summer residential program gives Kentucky high school students (in 9th, 10th, and 11th grades at the time of application) a hands-on opportunity to turn their ideas into business opportunities. Visit the [GSE website](#) or come to an Informational Meeting on Thursday, October 6 after school in Alumnae Hall to learn more.



ADVANCING OUR MISSION

SAVE THE DATE



**SATURDAY, SEPTEMBER 24
FROM 5-9 PM**

There will be all sorts of fun for your whole family!

Kids Games • Table Games • Food Trucks • Concessions

**REGISTER
ONLINE
TODAY!**



**See NDA's State Soccer
Champions in action!**

NDA Pandas vs. Highlands

Freshman 4:00 p.m. | JV 5:30 p.m. | Varsity 7:00 p.m.

Special Class Reunion Recognition will take
place between the games.

Don't miss the opportunity to see NDA's new field lights!

MARK YOUR CALENDAR: NOVEMBER 19

LIGHT THE NIGHT FOR NDA!

Light the Night for NDA is our annual celebration of Notre Dame Academy and our mission of educating young women to make a difference in the world. This entertaining evening will consist of a sit-down dinner, live and silent auctions, specialty raffles and it is a wonderful opportunity for our community to gather in support of NDA! Funds raised at this important annual event are critical to helping NDA bridge the gap between tuition and the growing costs of educating our students.

LOOK FOR SOME EXCITING NEWS ABOUT OUR LIGHT THE NIGHT FOR NDA BOURBON RAFFLE COMING SOON! You may have seen a bourbon raffle or two around town recently but this one is going to knock your socks off!



Please plan to attend *Light the Night for NDA* in support of Catholic education at Notre Dame Academy! If you are unable to attend, you can still support the event with a donation, event sponsorship, purchasing a raffle ticket, bidding on the online auctions OR you could volunteer to help plan the event. We are still in need of volunteers to serve on the *Light the Night for NDA* planning committee and this is another great way to meet people in our community and it's fun!

If you have any questions about *Light the Night for NDA* or you would like to get involved with a great group of parent volunteers who are planning the event, please contact one of our Co-Chairs, [Cindy Hemsath](#) or [Jennifer Lenihan](#).

We look forward to seeing you at Light the Night for NDA on November 19!



You can find a complete list of community news [HERE](#).

- Sisters of Notre Dame Hiring
- Ruta Sepetys to Speak at Erlanger Library
- Important EdChoice Information
- Seeking student volunteers: Opportunity Day for Differently-abled Persons
- Cafeteria Managers Needed in Diocese of Covington
- Molly Mayer's Studio of Dance Registration
- Seeking Lower Tuition Payments?

Important dates

September 15	Mass in Chapel 7:20 a.m. Blessed Sacrament Shadow Day
September 16	Mass in Chapel 7:20 a.m. Adoration in the Chapel 9:20-11:50 a.m. Club Orientation (ADJ) Mid-quarter
September 17	Junior Retreat #1
September 20	Parent College Night
September 21	Super day- FR/SOPH- Cert, JR Practice ACT/ SR College Planning
September 23	Fall Sports Pep Rally Playing for a Purpose
September 24	NDA Homecoming
September 26	Food Truck/Rally Point walk - during Homeroom
September 27	St. Joseph Crescent Springs Shadow Day
September 28	Benefactor Breakfast
September 29	St. Agnes/Prince of Peace Shadow Day
October 2	Golden Girls
October 3	Foundations Day Mass
October 4	Information Session for Prospective Families
October 7	No School: Faculty/Staff Day of Reflection
October 10	Non-Feeder School Shadow Day
October 12	Super Day; no classes (ADJ)
October 13	Information Session for Prospective Families
October 14	First Quarter Ends