



## Dear Parents,

Our students and faculty have returned from the Labor Day break rejuvenated and eager to continue *Radiating God's Goodness*! I hope you enjoyed the long weekend and are feeling refreshed as well.

Our mission at Notre Dame Academy clearly states our goal...

*"Notre Dame Academy, a Catholic high school dedicated to Mary and committed to academic excellence, exists to educate young women to make a difference in the world."*

In line with our mission, we strive to provide our students with an exemplary education. We see the fruits of our labor in many ways at NDA. We see it throughout the school year as so many of our students receive awards and accolades for their hard work. We recognize it as our seniors are accepted into distinguished programs and notable colleges, many of them receiving half tuition or more in scholarships. Our NDA community continues to live our mission and I am privileged to witness this throughout our campus each and every day.

I am equally privileged to witness your daughters thriving as they embrace the true value of an NDA education, one that inspires them to share their God given gifts. Thank you for partnering with us in this important work and for your continued support of Notre Dame Academy. In that spirit of partnership, **I invite you to join us tonight for our Parent Mini-Night tonight from 7-9 p.m.** We are looking forward to once again having our parents on campus to walk through their daughter's schedule and meet their teachers.

**PLEASE NOTE: Due to Parent Mini-Night, NDA will begin classes at 9:00 a.m. on Thursday, September 7.**

Thank you for your continued support and commitment to the mission of Notre Dame Academy!

In Notre Dame,

Mr. Jack VonHandorf



# Student Life

**See you tonight!**

TONIGHT!

## PARENT MINI-NIGHT

Please join us on TONIGHT for Parent Mini-Night in the evening. It will begin at 7:00 p.m. and will be a wonderful opportunity to walk your daughter's schedule and meet her teachers. Students were provided with this schedule yesterday and should make a copy and create their own schedule for you. We will follow a Monday class schedule. Parents will have the opportunity to learn of the policies and procedures for the class, content to be taught, etc. We look forward to seeing you!

***Friendly  
Reminder!***

LATE START THURSDAY

## REMINDER FOR THURSDAY

NDA will begin classes at 9:00 a.m. TOMORROW - September 7 - due to Parent Mini-Night starting at 7:00 p.m. tonight.

**PLEASE NOTE**

NHS NEWS

## NATIONAL HONOR SOCIETY

Letters notifying juniors and seniors who qualify for candidacy for the National Honor Society based on their GPA (cumulative weighted GPA of 3.50 or higher) have been mailed to students' homes. If your daughter did not receive this letter and you believe that she qualifies, please email Ms. Molly Proudfit and Ms. Lara Heidrich, co-moderators of NDA's National Honor Society.

Pre-order today  
on [mylifetouch.com](http://mylifetouch.com)  
with your Student ID  
or Picture Day ID:  
EVTR3CFWG

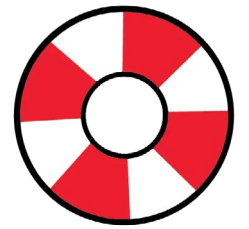


Scan to order!

SAY CHEESE

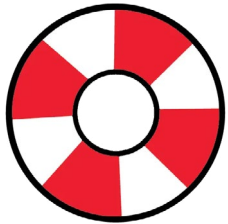
## SCHOOL PICTURES

School Pictures will be taken this Friday, September 8. Please scan the QR code to the left to pre order your daughter's school pictures.



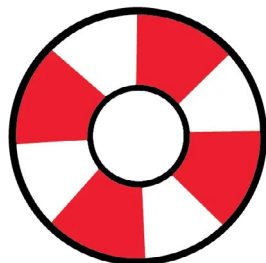
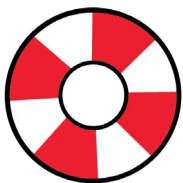
## SUPPORTING OUR PANDAS DAY OF HOPE

Tuesday, September 5, marked the first HOPE day of the year. HOPE squad members greeted students as they came in the front doors during the morning and then during PPT, they created positive and uplifting chalk messages. HOPE squad is a peer-to-peer suicide prevention program that works to support students and spread HOPE!



# HOPE SQUAD

HOLD ON. PERSUADE. EMPOWER.





## CONGRATULATIONS

### BAND NEWS

Congratulations to NDA sophomore Band member AUDREY ROSE! Audrey auditioned for the NKU Youth Symphony Orchestra and was accepted into the Trombone section. Audrey will be performing with this elite orchestra at NKU and will be performing with our NDA/CCH Band at School. Great Job Audrey in proving yourself as one of the TOP trombone players in Northern Kentucky! We are so proud of you representing our NDA performing arts.

The NDA/CCH Band continues to grow! The Band will be performing its halftime show with the color guard and dance pandas at various CCH Football and NDA Soccer Games. See you there!



## DELICIOUS NEWS

### WHAT'S FOR LUNCH?

You can find NDA's lunch menu below and on our website [HERE](#).

Parents, please check your daughter's lunch account balance throughout the school year to avoid overdue account issues. Thank you!

## FROM THE SCHOOL NURSES' OFFICE



## STAY HEALTHY HEALTH TIPS

This time of year often brings a spike in illnesses, and we want to make sure we're all taking steps to stay healthy and look out for one another. Here are a few tips that can help us all stay in good shape this fall:

- wash hands frequently with soap and water
- avoid touching eyes, nose and mouth
- clean and disinfect frequently touched surfaces
- practice healthy habits: get plenty of sleep, be physically active, manage your stress, drink plenty of fluids and eat nutritious food
- **if you're not feeling well, please stay home**

We recommend following CDC guidelines for illnesses. Here are some valuable resources for your family during this respiratory illness season:

[CDC Influenza Information](#)

[CDC COVID-19 Information](#)

Please keep NDA updated on any health related issues involving your daughter by contacting our school nurses, Tina Sizemore, RN. and Julie Neubacher, RN., at 859.292.1843 or [ndanurse@ndapandas.org](mailto:ndanurse@ndapandas.org).



NOTRE DAME ACADEMY  
Bambootique

PANDA GEAR

## BAMBOOTIQUE

Get your official NDA spirit wear online [HERE](#).

ALSO, we are looking for volunteers for the Bambootique. If you can help out, please sign up [HERE](#).

IMPORTANT INFORMATION FOR THIS WEEK

## OUT OF UNIFORM CLARIFICATION

This week's dress down day information:

- Thursday is a dress down day if you pay \$3.
- Friday is also a dress down day due to Picture Day.

The guidelines for the Dress Down days are as follows.... You are welcome to wear spirit wear if you want, but you may also wear anything that follows the guidelines below that you would like to wear for your yearbook picture.

### Dress Down Days

There may be occasions throughout the school year when the students may "dress down" for the day. These opportunities include, but are not limited to, out of uniform days, field trips, retreats, etc. Attire permitted on these days may include:

- jeans, sweatpants, wind pants, capris or gym shorts
- a shirt, with sleeves, that covers the stomach area and is not low cut
- shoes with a back to them

Students may not wear clothing that contains inappropriate writing or pictures or politically charged clothing. Students who continue to violate dress down day guidelines, may lose the privilege of participating in a dress down occasion.

PLEASE NOTE!



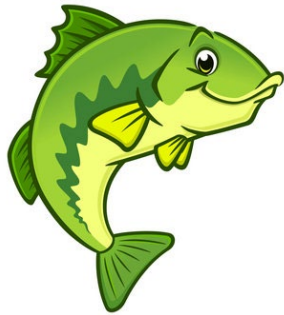
PLEASE NOTE

## ATTENDANCE EMAIL

If your daughter is going to be late, out for the day or if she is leaving early, please contact the office through is [attendance@ndapandas.org](mailto:attendance@ndapandas.org) or call the main phone line 859-261-4300.

# ATHLETIC DEPARTMENT

# GO PANDAS!



MARK YOUR CALENDAR

## THIS WEEK IN ATHLETICS AT NDA

Do you want to know what's going on with our Panda athletes each week? You can check out our entire weekly schedule of athletic events [HERE](#).

GREAT SPORT!

## BASS FISHING

If you are interested in participating in Bass Fishing at NDA, please contact the athletic office, [carlj@ndapandas.org](mailto:carlj@ndapandas.org).

MAKING A DIFFERENCE

## PLAYING FOR A PURPOSE

Playing for a Purpose will be held on September 22, 2023 at Boone County High School. Game times are: 4:30/6:00/7:30 pm.

Pink will be the color of choice when our Volleyball Pandas take on St. Henry in our annual Playing for a Purpose Volleyball match.

Order your 2023 Playing for Purposes Pink t-shirt NOW and pick it up at the school of your choice! Orders will close September 11 at midnight. T-Shirt Sales are available online ONLY through this link:

<https://cruspiritshop.shdhs.org/products/playing-for-a-purpose-shirt-2023?variant=46468828561715>

ALL profit from this shirt sale will go directly to the I Have Wings Foundation.

Order today! Get decked out in Pink and come support your Volleyball Pandas!



# COUNSELING AND STUDENT SERVICES



## SUPER DAY

### TESTING ON WEDNESDAY, SEPTEMBER 20

On Wednesday, September 20, we will be having testing for juniors, sophomores and freshmen. Seniors will be having a college work day with Admission Counselors and NDA Teachers available for application and essay help. **All students need to report this day at 8:00 a.m. even though it is a Wednesday.** We will dismiss after testing has finished close to 11:30 a.m. The freshmen and sophomores will take the College Equipped Readiness Test (CERT) as a practice for the ACT on their iPads. The juniors will take a written ACT practice test that is scored by Torchprep (ACT test prep company).

## COLLEGE REP VISITS

## PREPARING FOR THE FUTURE

### NDA COLLEGE VISIT SCHEDULE

[CLICK HERE](#) for a list of college visits specifically for NDA students/families. The visits are in the hallway outside the cafeteria. All students are welcome to visit the reps.



Child Mind  
Institute

CHILD MIND INSTITUTE

## BUILDING CONFIDENCE

Would you like to help your daughter be more confident and direct? Check out this article from the Child Mind Institute about helping your daughter to say sorry less for things she doesn't need to be sorry for, and confidently communicate with those around her. [Click here](#) to read the article.

**IMPORTANT  
INFORMATION  
PLEASE READ**

ATTENTION FRESHMEN AND SOPHOMORES

## OPT OUT FOR TERRACE METRICS

Attention Freshmen and Sophomore parents. Your student will be taking the Terrace Metrics on Monday September 18. This is an assessment that measures social and emotional learning and assesses risk. We assess only the resiliency scales and you as a parent will receive your daughter's individual results in the week following the administration of the assessment. Should you wish to opt out your freshman or sophomore daughter, please email counselor Erin Maggard at [maggarde@ndapandas.org](mailto:maggarde@ndapandas.org).

JOIN TODAY!

## DRUG FREE CLUB

Parents & Guardians:

What is keeping you from signing up your daughter for Drug Free Club at NDA?

**Q: Why should we reward our daughter for something we expect of her anyway?**

**A:** Drug Free Club is a form of Positive peer pressure! It helps students resist temptations to make poor choices. Their brains are not fully developed yet, which can make them weak during impulsive moments. This could be the difference between them saying Yes and NO in an unexpected difficult moment.

**How to become a Drug Free Club member at NDA:**

1. Apply and pay: Submit your one-page paper application and payment to the office or do so online [HERE](#). The fee is \$25/year. If freshmen sign up for 3 years (\$75), their senior year is free.
2. Test drug free.
3. Receive your ID Card at school.
4. Enjoy rewards from school and from our local community!
5. Stay drug free! Random drug tests can come at any time.

**Applications will be accepted through October 31.**







YOU'RE INVITED

## THE KY GOVERNOR'S SCHOLARS PROGRAM (GSP)

GSP is a 5-week summer residential program for outstanding KY students after completing their junior year of high school. Established in 1983, the program provides academic and personal growth through a strong liberal arts program balanced with a full co-curricular and residential life experience while living on a college campus. Students complete an application and compete with others from across the state. The Program's mission is to enhance Kentucky's next generation of civic and economic leaders. Those selected attend the program free of charge. The [GSP website](#) has basic information and will be updated in mid-September with information for GSP 2024.

An **GSP Informational Meeting will be held on Wednesday, Sept. 6 after school** in Alumnae Hall for those interested in learning more. 2024 Applications are due November 20. Contact Mrs. Hildreth with questions.



## RESOURCES TO UNDERSTAND & HELP TEENAGE GIRLS NDA PARENT TOOLBOX

NDA's counselors have put together some very useful tools for our parents [HERE](#).



ARE YOU INTERESTED?

## FAMILY SUPPORT GROUPS

Family Support Groups at Notre Dame offer support for NDA students challenged by a family's divorce, separation or non-traditional family situations. Participation is completely voluntary and students are welcome to come to any or all of the five meetings during a semester. If this is something your student is interested in, please contact Mrs. Erin Maggard or Mrs. Kathy Hildreth.



ARE YOU INTERESTED?

## ADOPTTEEN

Is your adopted teen interested in connecting with other adoptees? A KY chapter of [Adoptteen](#) was started in January to empower and nurture adopted individuals, to help them grow and thrive through community connections and cultural awareness. Notre Dame Academy would like to start a group for adoptees here if there is enough interest. Contact Mrs. Hildreth to learn more.

# ADVANCING THE MISSION

Save the  
Date!

SATURDAY,  
NOVEMBER 11, 2023



## Light the Night Grade Level Gift Gathering Parties

- Senior Moms: Wednesday, August 30 from 7-9 p.m.
- Junior Moms: Wednesday, September 13 from 7-9 p.m.
- Sophomore Moms: Thursday, August 31 from 7-9 p.m.
- Freshman Moms: Thursday, September 7 from 6:30-8:30 p.m.

*Don't Miss Out!*

Come meet the President, Mrs. Trish Miller, and join us as we kick-off the Light the Night for NDA gift gathering celebrations.

This year we are asking for gift card donations to local restaurants and businesses!

Other Donation ideas include:

- Hard to find Bourbon
- Items off of our LTN Amazon Wish List (link can be found on the RSVP form)
- Cash, Check or Venmo donations (@NotreDame-Academy)

If you are unable to attend, or would like more information about the event or gift gathering parties, contact Denise Bowman, Director of Events, at [bowmand@ndapandas.org](mailto:bowmand@ndapandas.org)

## Event Sponsors Needed:

### Panda Sponsor: \$5,000

- Full page ad in event program-1st page in digital ad
- Event Table (40 complimentary tickets)
- Name or business prominently displayed on the Greater Giving auction site with links to corporate websites
- Banner signage at event
- NDA website recognition
- Rotating AV logo at event
- Multiple NDA family newsletter recognitions
- Live recognition at event by MC

### Platinum Sponsor: \$2,500-\$4,999

- Full page ad in event digital program
- 4 complimentary tickets\*
- Platinum sponsor recognition in digital program
- Name or business prominently displayed on the Greater Giving auction site with links to corporate websites
- NDA website recognition
- Rotating AV logo at event
- Multiple NDA family newsletter recognitions
- Live recognition at event by MC

### Gold Sponsor: \$1,500-\$2,499

- 1/2 page ad in event digital program
- 2 complimentary tickets\*
- Gold sponsor recognition in digital program
- NDA website recognition
- Rotating AV logo at event
- Multiple NDA family newsletter recognitions
- Live recognition at event by MC

### Silver Sponsor: \$500-\$1,499

- 1/2 page ad in event digital program
- Silver sponsor recognition in digital program
- NDA website recognition
- Rotating AV logo at event
- Multiple NDA family newsletter recognitions
- Live recognition at event by MC

### Bronze Sponsor: \$250-\$499

- Bronze sponsor recognition in digital program
- NDA website recognition
- Rotating AV logo at event
- Multiple NDA family newsletter recognitions

Donations of any amount/value will have the donors listed in the event program. \*Non cash donations will receive sponsorship level complimentary event tickets at 50% of the donated item's market value

If you would like more information about becoming an event sponsor contact Denise Bowman, Director of Events, at [bowmand@ndapandas.org](mailto:bowmand@ndapandas.org)

# COMMUNITY



# NEWS

SHARING OUR

## Community News

You can find a complete list of community news [HERE](#).

- 2023-24 Thomas More Dual-Credit Information Sessions
- Molly Mayer's Studio of Dance

## Important dates

September 6	Parent Mini-Night (7-9 p.m.)
September 7	Late Start Thursday Dress Down for Hawaii - \$3
September 8	Picture Day Mass for St. Rose of Lima Family 12:45 p.m.
September 11	Mass in Chapel 3:15 p.m. All are welcome!
September 12	St. Joes' Crescent Springs Shadow Day
September 14	Blessed Sacrament Shadow Day
September 15	Mass in Chapel 7:20 a.m. All are welcome! Mid-quarter Club Orientation
September 18	Mass in Chapel 3:15 p.m. All are welcome!
September 20	Super Day: JR Practice ACT SR College Planning FR/SO CERT Test
September 22	Mass in Chapel 7:20 a.m. All are welcome! Fall Sports Pep Rally Playing for a Purpose VB Game
September 25	Mass in Chapel 3:15 p.m. All are welcome! Common Reader Day /Food Truck Day
September 26	St. Pius Shadow Day
September 27	Scholarship Breakfast
September 28	St. Agnes/Prince of Peace Shadow Day
September 29	Mass for St. Hildegard of Bingen Family at 12:45 p.m.