



NOTRE DAME ACADEMY

Educating Women to Make a Difference in the World

Panda Press Weekly

September 2, 2026

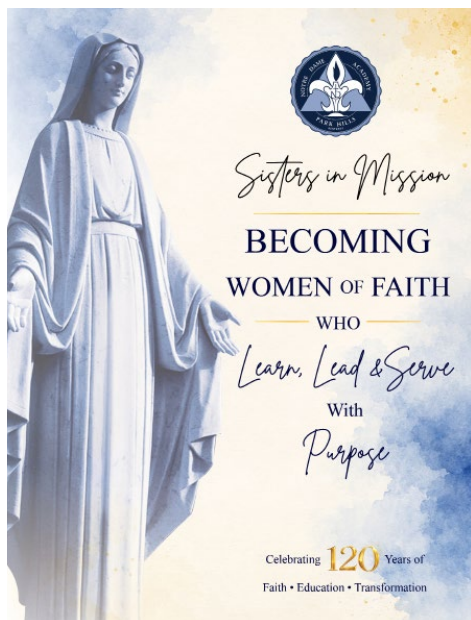
THE *nda* LIFE

Dear Panda Families,

As we move into September, I am reminded of how important the partnership between home and school is to the experience of our students. Our young women may be growing more independent every day, but they still benefit tremendously from knowing that their parents and guardians are engaged in their education and connected to their school community.

Next Tuesday, I hope you will join us for Parent Mini-Night at 7:00 p.m. It is one of my favorite opportunities for parents to experience NDA through their daughter's eyes. You will follow her schedule, meet her teachers, visit her classrooms and get a glimpse of the people and experiences that are shaping her days at Notre Dame Academy.

I also encourage you to find ways to become involved in the life of NDA beyond the classroom. Later this month, all parents are invited to our Light the Night For NDA Gift Gathering Party on September 17, and I hope you will also mark your calendar for Light the Night for NDA on November 14. Both are wonderful opportunities to meet other NDA parents, enjoy our community and support the mission of our school.



There are so many ways to be part of your daughter's NDA experience. Attend an event. Volunteer. Cheer on our Pandas. Get to know other families. Stay connected to what is happening here at school. Your presence matters. When our students see their families engaged in their school, they see that the work they are doing and the community they are part of matter to you, too.

Thank you for your partnership and for all you do to support our students and Notre Dame Academy. I look forward to seeing many of you at Parent Mini-Night next Tuesday!

Walk in Faith,

Mrs. Lisa Timmerding

Mrs. Lisa Ruwe Timmerding '97

Walk in Faith!

CAMPUS MINISTRY



ALL ARE WELCOME!

UPCOMING LITURGIES

We will celebrate Mass in the chapel on Friday, September 4 at 7:20 a.m. We will also celebrate the Feast of the Nativity of the Blessed Virgin Mary - aka Mary's Birthday - on Tuesday, September 8 with mass at 7:20 a.m. All are welcome to join us!

We will pray a decade of the Rosary at 7:45 a.m. on Thursday, September 3.

junior retreat

JUNIOR RETREAT

FAITH FORMATION

The juniors will each take part in one of two retreat days. Juniors who are in the Tuesday Service group will attend retreat on Monday, September 14. Juniors who are in the Thursday Service Group will attend retreat on Monday, September 21. Parents signed permission forms for this retreat through Final Forms over the summer. This [information sheet](#) was shared with the juniors on Wednesday, September 2.

LIVING OUR MISSION

MAKING A DIFFERENCE

Students have access to this [Upcoming Service Opportunities](#) page each week on the Padlet. These are service opportunities or agencies that have specifically reached out to NDA asking for volunteers. Students are encouraged to check each week to see if there is something that they can help with! Students are reminded that you MUST SIGN UP for service opportunities ahead of time - you should not just show up to agencies and expect them to have something for you to do.

MAKE A DIFFERENCE



EDUCATIONAL JUSTICE

CATHOLIC SOCIAL TEACHING

This week in Catholic Social Teaching our Juniors discussed the topic of Educational Justice. We looked at challenges that prevent access to quality education for all on a local and global level. We learned about the many resources and ways that current high school students can help. Mr. Mike Jacks, Director of Inclusive Education for the Diocese of Covington came and spoke with our students about how his office and the FIRE Foundation are addressing some of the challenges that are seen here in our own Diocese.

Student Life



NOTRE DAME ACADEMY
Educating Women to Make a Difference

Don't Miss! **PARENT MINI-NIGHT**

**TUESDAY
SEPTEMBER 8
7:00 P.M.**

Parents and guardians are invited to join us for **Parent Mini-Night!**



FOLLOW HER CLASS SCHEDULE

Walk in her footsteps and experience her day at NDA.



MEET HER TEACHERS

Connect with the educators who inspire and support her every day.



LEARN WHAT SHE IS LEARNING

Hear about her courses, activities and what to expect this year.



GET A FIRSTHAND LOOK

Experience the classrooms, community and traditions that make NDA so special.



**WE ENCOURAGE ALL
PARENTS AND
GUARDIANS
to attend!**

*We look forward to
welcoming you to campus!*

TUESDAY, SEPTEMBER 8

EXPERIENCE A DAY IN YOUR DAUGHTER'S SHOES AT NOTRE DAME ACADEMY'S PARENT MINI-NIGHT

What does a day at NDA really look like for your daughter? Parent Mini-Night on Tuesday, September 8 at 7:00 p.m. gives parents and guardians the opportunity to find out!

Throughout the evening, you will follow your daughter's class schedule, visit her classrooms and meet the teachers who are educating, encouraging and challenging her each day. You will hear directly from faculty about her courses, classroom expectations and what students will be learning throughout the year.

More than simply meeting teachers, Parent Mini-Night offers a firsthand look at the academic experience, relationships and sense of community that shape your daughter's days at Notre Dame Academy.

We strongly encourage all parents and guardians to attend. Whether you are new to NDA or have been part of our community for years, we hope you will join us for this special opportunity to experience NDA through your daughter's eyes.

We look forward to welcoming you to campus next Tuesday evening!

SISTERS OF STRENGTH:

A NEW FAITH-FILLED OPPORTUNITY AT NDA

We are excited to introduce **Sisters of Strength**, a new opportunity for the young women of Notre Dame Academy to grow in faith, friendship, confidence, and purpose. Sisters of Strength is a **Walking with Purpose Catholic mentoring program for high school girls** that creates a safe and authentic community where students can explore some of life's biggest questions—Who am I? What is my purpose? How do I navigate friendships and challenges?—while discovering answers rooted in Scripture and their relationship with Jesus. Through small-group conversations, activities, reflection, and prayer, our students will be encouraged to support one another and grow into the women God is calling them to become. As **Sisters in Mission**, we want our girls to know they do not have to navigate these important years alone. Please see the attached flyer for more information about Sisters of Strength and how to get involved. The students will be introduced to this club during our Club Orientation later this month.



Coming soon to:

Invest in our high school girls.

INVEST IN THEIR COMMUNITIES, HEARTS, SOULS, AND ETERNITIES.

Our girls have little time in their busy schedules to ask big questions: about their identity, their purpose, and their friendships. We don't want them turning to the world to find the answers, because that won't lead them to truth and lasting joy.

Only Jesus will.

Good thing we know where to find Him.

Sisters of Strength, a Walking with Purpose Catholic mentoring program for high school girls, offers an authentic community and a safe place to explore core life questions. Through small group discussions, activities, reflection, and prayer, the girls will uncover the answers they seek in God's Word.

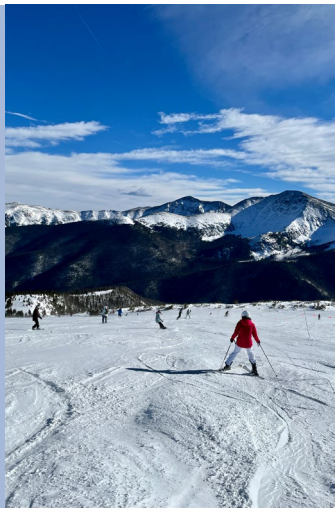
To register your daughter or learn more, contact

Ali Reeves 859.547.7283

Want more information?

Visit <https://walkingwithpurpose.com/sistersofstrength>





NDA'S 5TH COLORADO SKI TRIP

ONLY A COUPLE OF SPOTS REMAIN!

Registration is open for NDA's 5th Colorado Ski Trip, and spots are filling quickly! Only a couple of spots remain.

Whether you're an experienced skier or have never skied before, all skill levels are welcome. With the trip taking place March 10-14, there's plenty of time for beginners to get some practice runs in at Perfect North before heading to Colorado. Don't miss out on an unforgettable trip to the mountains with NDA! Register [HERE](#) to secure your spot!

Questions? Please reach out to Ms. Dooling at doolingm@ndapandas.org for more information.



DELICIOUS NEWS

CAFETERIA INFORMATION

What's for lunch? Check out all of the delicious options on our website!

[CLICK HERE FOR ALL NDA CAFETERIA INFORMATION](#)

UNIFORM REMINDER

DRESS FOR SUCCESS

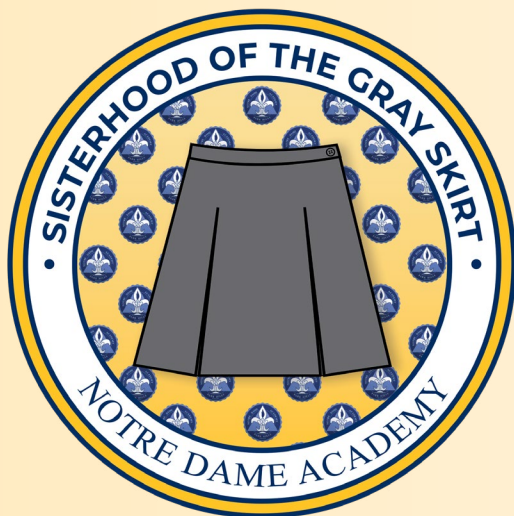
As we settle into the school year, students are reminded that NDA's uniform should be worn properly and consistently each school day. We appreciate the many students who are already doing a great job representing NDA well!

We do need everyone's attention to uniform skirt length. As stated in the Student/Parent Handbook, uniform skirts should extend below the student's fingertips when her arms are fully extended at her sides. Skirts should also be properly sized, zipped and buttoned, and hemmed appropriately.

Students should take time now to check the fit and length of their skirts and make any necessary adjustments. If a skirt no longer meets the uniform requirements, it will need to be altered or replaced.

Beginning next week, students who are not in compliance with the NDA uniform guidelines, including appropriate skirt length, will be held accountable according to school policy.

Thank you to our students and families for helping us maintain the standards and sense of pride that come with wearing the NDA uniform.





OPTIME FACTUM, DISCIPULAE! DO AS THE ROMANS

The Latin students recently made mosaics, a project that has been an annual class tradition for the last several years. Originally adopted from Mesopotamian and Greek techniques, mosaics became a widespread art form throughout the Roman Empire and adorned the floors and walls of homes, public buildings, bath houses, many outdoor areas like markets, and more. Extensive remains of Roman mosaics are still evident all around the world today, and more and more continue to be uncovered.

Mosaics were made by piecing together tesserae, small pieces of glass or stones. The Latin 1 and 2 students crafted detailed mosaics of their own design using different colored dried beans to imitate the Romans' technique. This year, the Dual Credit students took the project even further and used small glass tiles to make functional wooden coasters out of their mosaics, which they grouted and everything! This gave them a stained glass, church window appearance and it brought the students even closer to imagining the level of work and artistry that the Romans put into their mosaics.

All of the classes created beautiful pieces. Optime factum, discipulae!



NDA
PANDAS



SHOW YOUR NDA SPIRIT

SHOP THE BAMBOOTIQUE

Looking for the latest NDA spiritwear? Stop by the Bambootique and stock up on your favorite blue and gold gear! From NDA apparel and accessories to great gifts for Pandas of all ages, the Bambootique has everything you need to show your Panda pride all year long.

Be sure to stop in and see what's new. Shop at the Bambootique in person or online [HERE](#).



FRIENDLY REMINDER

PICTURE DAY IS FRIDAY, SEPTEMBER 4!

Picture Day is Friday, September 4, and students may be out of uniform for their school pictures.

Students should dress appropriately for the school day and are expected to follow the out-of-uniform guidelines outlined in the NDA Student/Parent Handbook.

Bring your best smile, Pandas!



ROBOTICS IS COMING TO NDA!

NEW ROBOTICS CLUB TO LAUNCH INNOVATIVE OPPORTUNITIES FOR STUDENTS

Notre Dame Academy is excited to announce the launch of a new Robotics Club for the 2026-27 school year!

Students participating in the club will have the opportunity to design, build, program and compete while exploring the exciting world of robotics and engineering. The club will focus on teamwork, creativity, problem-solving and innovation as students work together on hands-on projects and challenges.

In addition to gaining valuable STEM experience, students can also earn a one-half credit through participation in the club.

The new program reflects NDA's continued commitment to innovation and preparing young women to lead in an ever-changing technological world. Students interested in robotics are encouraged to complete the interest Google Form found [HERE](#).

ATHLETIC DEPARTMENT

FROM THE DESK OF THE ATHLETIC DIRECTOR

PANDA ATHLETICS

Cross Country

Glowing bows, glitter, and fun! What a great showing our Cross Country team had last Saturday at Saturday Night Lights! In the words of Coach, "WOW, just WOW!"

Every single runner improved their time from the previous week, and the Pandas had an incredible 25 NEW PRs!

The team has an off weekend this week, but they are busy preparing for some big meets in the coming weeks. Keep up the great work, Pandas! (Pictures attached.)

We also want to share a special Point of Pride. Two of our runners were competing in an early race and, after crossing the finish line, learned that they had both run their fastest times. When asked about their races, they said they could have run even faster—but they noticed another runner who was struggling, so they stopped to help her.

That is what being a Panda is all about! We couldn't be more proud of our runners for putting character and compassion ahead of a PR.



GOLF

The heat has returned! Unfortunately, this week's JV golf matches had to be canceled due to the heat.

Last Saturday, the Varsity team competed in the Marcus Camacho Invitational at Eagle Creek, where Maria Penaranda placed second with a 72!

Our Panda Squad has been busy working hard and continuing to improve their skills. Next up is the NKAC Conference Championship at AJ Jolly on September 14.

Keep working hard, Pandas!



Soccer

Soccer had a busy weekend downstate!

On Friday night, the Freshman team took on Assumption and came away with a 1-0 victory!

On Saturday, the teams traveled to Central Hardin to watch the top two teams in the state take on each other. Our JV team battled to a tie, while Varsity fell in a hard-fought battle.

Then, on Monday, August 31, the JV and Varsity teams took on Beechwood. Both teams came away with impressive victories! JV defeated the Tigers 4-1, while Varsity earned a 6-1 victory.

Next up, the Pandas take on the Conner Cougars at Conner on September 3 at 5:00 PM. They will finish the week at Campbell County on September 5, with Varsity beginning at 9:00 AM.

Good luck to our Pandas!

The team is also busy planning our Kicks for Cancer event against Simon Kenton. We can't wait to see our Panda community come together for this special event!



Kicks for Cancer

NDA SOCCER FUNDRAISER

NDA STUDENTS - Help our soccer team support the *I Have Wings Breast Cancer Foundation* on Wednesday, September 16th.

\$3 TO BE OUT OF UNIFORM ON SEPTEMBER 16TH

\$2 SWEET TREATS AVAILABLE IN THE AFTERNOON

Support your soccer team against Simon Kenton that evening as well!

JV @ 5PM | Varsity @ 7PM



Volleyball

Volleyball has been very busy this past week!

Last Wednesday, the Pandas traveled to McNicholas, where they were defeated 0-3. On Thursday, August 27, our teams hosted St. Ursula. Varsity battled hard but fell 1-3.

Then, on Saturday, our Varsity Pandas hosted Lexington Catholic and came away with an impressive 3-0 victory!

The Pandas rounded out the week by hosting the St. Henry Crusaders and celebrating Future Panda Night! What a crowd we had!

Our Freshman team defeated the Crusaders, while JV fell in a close 1-2 match. Varsity also battled hard but unfortunately fell 2-3.

What a great night celebrating our Future Pandas! We loved seeing so many young athletes and families filling the gym and getting a glimpse of what it means to be part of the Panda family.

BREAST CANCER AWARENESS

PLAYING for a PURPOSE

I Have Wings
BREAST CANCER FOUNDATION

BEECHWOOD HIGH SCHOOL VS. NOTRE DAME ACADEMY

SATURDAY, OCTOBER 10, 2026

LOCATION: TO BE ANNOUNCED SOON!

EVENT SCHEDULE

4:30 PM	FRESHMAN GAME
6:00 PM	JV GAME
7:30 PM	Varsity GAME

I HAVE WINGS SCHOLARSHIP ANNOUNCEMENTS

TOGETHER WE PLAY. TOGETHER WE FIGHT.

THANK YOU FOR SUPPORTING OUR ATHLETES AND MAKING A DIFFERENCE!

≡ You're Invited! ≡

SWIMMING & DIVING
**KICKOFF
MEETING**



WE ARE THE
NDA
AQUA PANDAS!



NEW SEASON. STRONGER TOGETHER. ♡



**MONDAY
SEPTEMBER 14**



7:30 PM

**ALL PARENTS AND SWIMMERS/DIVERS
SHOULD PLAN TO ATTEND!**

Join us for an important kickoff meeting to meet the coaches, hear key updates, ask questions, and set the tone for an amazing season together.

Let's make a splash!

NDA

NOTRE DAME ACADEMY
Swimming & Diving

*Enjoy some
DESSERTS
TOGETHER
Because...
GREAT TEAMS
ARE SWEETER
TOGETHER.*



2026 REGIONAL CHAMPS AND STATE RUNNER-UPS

STUDENT SERVICES



IMPORTANT INFORMATION FOR PARENTS

SIGN-UP FOR DRUG FREE CLUB!

All parents are encouraged to sit with their daughters and sign up for Drug Free Club, the largest club at NDA. All students in Drug Free Club are drug tested, by medical professionals, at least once a year, with random testing popping up throughout the year. This gives your daughter the opportunity to turn down the offer of trying drugs because they might get tested. At NDA the administration and faculty never find out the results of a drug test. If something is identified by the test, parents will be contacted by the Drug Free Clubs of America parent organization.

At NDA, we work hard to recognize and reward Drug Free Club members with gift cards, goody bags, hot chocolate mornings, popsicle afternoons and more! There is a cost associated with the club to cover the testing, but NDA subsidizes this cost by paying a portion of every student's fee. The final cost to families is \$25 per school year. However, freshman families who sign up for all four years this year will get their senior year free! Signing up for all four years as a freshman means families only pay \$75 instead of \$100 for four years of membership.

To sign up, use the [link found here](#) and reach out to Mrs. Maggard with any questions about the club or how to sign up!

A yellow circular graphic with a white border containing the text "COLLEGE REP VISITS" in white, bold, sans-serif capital letters.

COLLEGE
REP VISITS

PREPARING FOR THE FUTURE

NDA COLLEGE VISIT SCHEDULE

[CLICK HERE](#) for a list of college visits specifically for NDA students and families. The visits are in the hallway outside the cafeteria. All students are welcome to visit the reps.



COLLEGE FAIR OPPORTUNITY

EXPLORE YOUR COLLEGE OPTIONS— ALL IN ONE PLACE!

Students and families are invited to the Northern Kentucky Regional College Fair. Connect with representatives from approximately 50 local and regional colleges and universities, ask questions, explore programs and opportunities, and discover the college that could be the right fit for you.

September 29, 2026 from 6:00–8:00 p.m.

Connor Convocation Center | Thomas More University

Approximately 50 colleges and universities

Before the fair: Register for your student barcode at **StriveFair.com** to make connecting with colleges quick and easy.

Visit <https://bit.ly/NKYRCF26> for more information!

Advancing the Mission

ALL PARENTS ARE INVITED!

Light the Night for NDA GIFT GATHERING PARTY



THURSDAY, SEPTEMBER 17



7:30 P.M.



TICKETS



EXPERIENCES



LIBATIONS



CASH

Bring Tickets, Experiences, Libations or Cash. All donations help to make Light the Night for NDA a success!

LIGHT *the* NIGHT for NDA



AN EVENING TO
Celebrate

THE MISSION OF
NOTRE DAME ACADEMY

Save the Date!

SATURDAY, NOVEMBER 14, 2026

THE MADISON EVENT CENTER
COVINGTON, KENTUCKY



SPONSOR



ATTEND



DONATE

FAITH SCHOLARSHIP SERVICE LEADERSHIP

Important dates

September 4	Picture Day
September 7	No School - Labor Day
September 8	St. Joe's Crescent Springs Shadow Day
	Parent Mini-Night
September 10	Blessed Sacrament Shadow Day
September 14	Junior Retreat
September 17	Alumnae Rosary
September 18	Mid Quarter
	Club Orientation
September 21	Junior Retreat
September 22	St. Pius X Shadow Day
September 23	Benefactor Scholarship Breakfast
September 24	St. Agnes and Prince of Peace Shadow Day
September 25	Fall Pep Rally
September 29	Non-Feeder Shadow Day
October 1	Foundation Day
October 4	Golden Graduates Mass and Lunch
October 7	Super Day #1
October 8-9	No School - PD Days
October 10	Playing for a Purpose Volleyball at Boone County HS
October 15	Alumnae Rosary
October 16	NDA/CCH Frosh Halloween Bash
October 18	Mother Daughter Market
October 21-23	Senior Retreat
October 22	Freshman/Alum Halloween Party
November 2	Remembrance Mass
November 8	Open House
November 14	Light the Night for NDA
November 19	Alumnae Rosary
November 19	Alumnae Dinner Theatre

COMMUNITY NEWS



SHARING OUR Community News

You can find a complete list of community news [HERE](#).

- OCIA Workshop: Marriage, Baptism and the Christian Initiation Process
- Catholic Family Night at Great American Ball Park
- Preschool Aide Position Available
- Real Talk & Real Hope 2026