



NOTRE DAME ACADEMY

*Educating Women to Make a Difference in the World*

# Panda Press Weekly

May 11, 2022

THE *nda* LIFE

## Dear Parents,

Happy May! As a school dedicated to Mary, May is a very special month for us. Last Friday our school community gathered to reflect on our educational mission in honor of Mary, our patroness, in the celebration of our annual May Crowning ceremony. We were very blessed to have Bishop Iffert join us for this important occasion. As is the tradition at NDA, the honor of Crowning Mary went to a senior. All seniors were invited to submit a reflection about the Blessed Mother and how they have viewed her as a role model. This year the honor of crowning Mary went to Addy Woeste with the honor of carrying Mary's crown in procession going to Clara Weber. As part of the May Crowning celebration, the Sisters of Notre Dame gave the freshmen, new students and new staff members a Miraculous Medal as they do each year.

As you will see in the many stories below, there is one resounding word to summarize today's edition of the Panda Press Weekly - **CONGRATULATIONS**. Our students have taken responsibility for their education and have been very dedicated to excellence in many ways this school year. That is quite evident in all of the congratulatory remarks in the stories that follow. I would like to congratulate all of our students for their commitment to their Catholic education at NDA. Their enthusiasm for learning is inspiring to our entire community.

In honor of Mary, I would like to leave you with a special prayer, The Memorare. The Memorare is a prayer that reminds us that we have a wonderful advocate and protector in the mother of our Lord, the Blessed Virgin Mary. In our prayers to her we honor and worship her Son, who is more than happy to listen to His mother's pleas on our behalf. This special prayer invites us to ask the Blessed Mother for her assistance and her grace, especially when we feel most troubled in our daily lives. I think this prayer is very fitting as we enter the last few weeks of school and exam time.

Have a great week!

In Notre Dame,

Mr. Jack VonHandorf

### The Memorare

*Remember, O most gracious Virgin Mary,  
that never was it known that anyone  
who fled to thy protection, implored thy help,  
or sought thy intercession was left unaided.  
Inspired with this confidence, I fly to thee,  
O Virgin of virgins, my Mother;  
To thee do I come;  
Before thee I stand, sinful and sorrowful.  
O Mother of the Word Incarnate,  
despise not my petitions,  
but in thy mercy hear and answer me.  
Amen.*

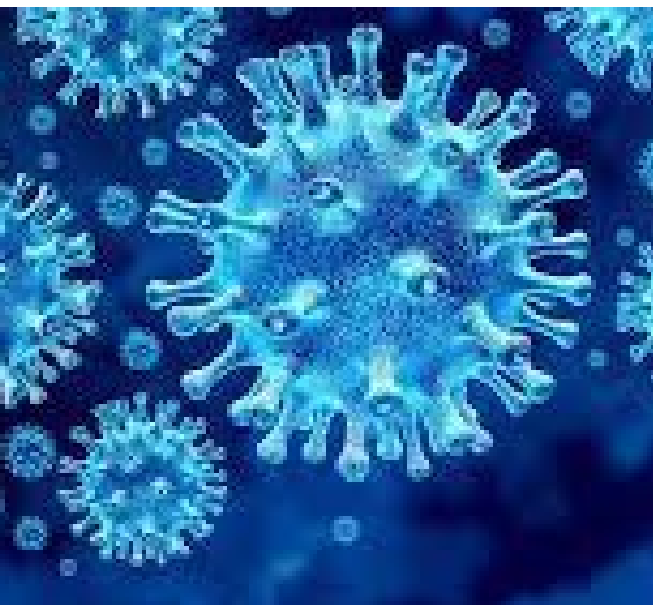
**Have a great day and make good choices!**





# May Crowning





## WEEKLY UPDATE

### COVID-19

As of today, Wednesday, May 11 we have had 2 new reported cases of a member of our community testing positive for COVID-19 within the last two weeks. We have had 1 additional members of our community who are currently in quarantine due to a reported exposure to COVID-19.

**We will therefore, continue with a RECOMMENDED MASK POLICY at NDA. Masks are recommended at school and extra-curricular events but not required.**

**As we move forward, please keep NDA updated on any COVID-19 related issues involving your family.** In the event that someone in your household is being tested for COVID-19 or your daughter is exposed to or tests positive for COVID-19, please contact one of our school nurses, Tina Sizemore, RN. or Melanie Martin, RN., at 859.292.1843 | [ndanurse@ndapandas.org](mailto:ndanurse@ndapandas.org).

## FROM THE SCHOOL NURSES COVID-19 CASES RETURN

Dear Parents,

COVID-19 cases continue to rise in our community. According to the Kentucky Department of Public Health the state positivity rate has increased to 7.19%. The incident rate has risen in our three Northern counties of KY as well. We are doing our best to keep our community safe and healthy the remainder of this school year. Please be vigilant if your daughter is experiencing symptoms and let us know if someone in your household is being tested for COVID-19 or your daughter is exposed to or tests positive for COVID-19. Please also, stay up-to-date with COVID-19 vaccines.

MCORE Foundation will be back at Notre Dame Academy on Saturday, May 21, 2022, to provide our preventative heart screening program. We have worked with MCORE to provide a screening program to our community since 2019. This is an amazing opportunity for a student to have their heart evaluated for any abnormalities in a cost-effective and convenient manner, especially if they have had Covid-19. We encourage anyone interested to [watch their video](#) to learn more about MCORE Foundation.

You can register for your daughter's heart screening [HERE](#).

Be Well!

Tina Sizemore, RN.  
NDA School Nurse  
[ndanurse@ndapandas.org](mailto:ndanurse@ndapandas.org)

Melanie Martin, RN.  
NDA School Nurse  
[ndanurse@ndapandas.org](mailto:ndanurse@ndapandas.org)



### MCORE FOUNDATION CARDIAC SCREENING OPPORTUNITY

**Notre Dame Academy Heart Screenings for Students**  
**WHEN: Saturday, May 21, 2022**  
**TIME: 8 AM - 4 PM**  
**COST: \$79**

**ALL MCORE FOUNDATION SCREENINGS INCLUDE:**

- An ECG and limited Echo test performed by registered cardiac sonographers
- Results read by our team of pediatric and general cardiologists
- Images stored within your secured account for future access or to send to your medical provider

Each test is approximately 10-12 minutes and you may use your healthcare spending account or flex care spending account for payment.

We encourage you to watch our [video](#) to learn more about MCORE Foundation.

If you would like to get involved with our mission, please visit or donate at: [mcorefoundation.org](http://mcorefoundation.org)

**TO RESERVE YOUR SCREENING PLEASE CREATE AN ACCOUNT AND SIGN UP TODAY**



Sudden Cardiac Arrest (SCA) is a life-threatening emergency that occurs when the heart suddenly stops beating. SCA is not a heart attack.



SCA strikes people of all ages who may seem to be healthy, even children and teens.



SCA is preventable. The purpose of our preventative screening programs is to detect underlying heart abnormalities.



like, tweet, and follow us

If you have questions or need help registering: 866.382.2319  
[mcorefoundation.org](http://mcorefoundation.org)



# Student Life



## 2022-23 SCHOOL YEAR INFORMATION

### HOMEROOM CHANGES

Big changes are coming to NDA's homerooms next year! Students meet in homerooms, on average, twice per week, and next year, students will be placed in a mixed homeroom where all grade levels will be represented. Such a structure will create a more inclusive environment, promote the sisterhood and provide additional leadership opportunities for students. Throughout the school year, students in homerooms will get to know one another better through community building activities.



## STARRY NIGHT PROM PICS!

Prom Friday night at Music Hall was a huge success. Our seniors, juniors and their guests enjoyed dancing through the "Starry Night." You can find photos of this special night [HERE](#).



## FRESHMEN - JUNIOR ACADEMIC AWARDS

NDA's annual Academic Awards Ceremony is scheduled for Tuesday, May 17 starting at 7:00 p.m. in the theatre. Award recipients received an email invitation earlier this week, so we hope you are able to join us in celebration.



## ALL ARE WELCOME MORNING MASS

This week we will celebrate Mass in our beautiful *Mary, Mother of the World* Chapel at 7:20 a.m. tomorrow and Friday. All are welcome to join us!



## SUMMER ENRICHMENT

### SO MUCH TO DO THIS SUMMER AT NDA!

Whether you are a computer wizard, budding artist, a musician, a theatre buff, an athlete, or you are just looking for something fun to do this summer, Notre Dame Academy has all sorts of opportunities for you! [CLICK HERE](#) to find out more about summer enrichment opportunities at NDA.

NDA's Student Services Department has put together an [awesome list of Summer Enrichment Opportunities](#). Included in the list are resources for college and community enrichment programs available to students over the summer that students can register and sign up for. Program topics range from extracurricular interests all the way to career readiness! Students, feel free to come to the Quad and contact any counselor if you have any questions or need help applying!

## GRADUATION INFORMATION

### CUE THE POMP AND CIRCUMSTANCE

### SENIOR GRADUATION INFORMATION

[CLICK HERE](#) to view the information regarding senior graduation activities.

## IMPORTANT INFORMATION PLEASE READ

### REGISTER TODAY

### SENIOR BREAKFAST REGISTRATION

Senior parents - don't forget to send in your reservation for the Senior Breakfast that will be held at Receptions on May 27 at 8:30 .am. The cost of the breakfast is \$30 per person. The student cost is included in their graduation fees.

Please note that due to space limitations, only parents/guardians may attend the breakfast. All seniors are required to attend.

Go [HERE](#) to register. **Reservations and payment are due by this Friday, May 13.**

Don't miss out on this very special event with your daughter!

If you have any questions please do not hesitate to contact Leanne Kirn at 859-292-1820.

### CLEARANCE!

### BAMBOOTIQUE SPIRIT WEAR SHOP

It's the end of the school year so Mrs. Brungs and Mrs. McLeod are marking down items right and left! Don't miss out on the clearance items in the Bambootique [HERE](#).



VOTE  
VOTE  
VOTE

GO PANDAS!

## PLAYERS/TEAMS OF THE WEEK

### TOP NKY/IND SPRING TEAM

Notre Dame Academy track and field – NDA scored 93 points to edge Dixie Heights and Ryle to finish atop the NKAC Division I meet.

### TOP NKY SOFTBALL PLAYER

Addison Mack, Notre Dame Academy – She had three hits and two runs scored in a 5-3 win over Mount Notre Dame.

### TOP NKY/INDIANA TRACK and FIELD

Ella Goetz, Notre Dame Academy – The freshman won the discus and shot put at the NKAC Division I track meet May 5.

Vote [HERE](#)



ORDER BEFORE IT'S TOO LATE

## YEARBOOKS ON SALE!

The 2022 NDA Yearbook, *Make it Count*, is available for pre-order at [jostens.com](https://jostens.com) (pick up link if available). The book will cover the entire year through graduation and will arrive in the fall of 2022.



SERVING OUR PANDAS

## CAFETERIA REMINDERS

Parents, please check your daughter's lunch account balance. There are many overdue accounts that need to be paid by the end of the school year.

You can find NDA's lunch menu below and on our website [HERE](#). Please note: the menu is subject to change as there are many shortages in the food industry.



PANDIVERSITY NEWS

## CELEBRATING OUR HERITAGE

Through an interactive display to celebrate diversity, Pandaversity was able to learn that the Notre Dame Academy community spans all 7 Regions of the world and 39 different ethnicities! Pandaversity also sponsored a school wide Scavenger Hunt for students to learn facts about all the different regions of the world; 6 winners won generous Graeters gift cards!





FELICEM DIEM NATALEM, O ROMA!

## HAPPY (BELATED) BIRTHDAY, ROME!

Latin Club celebrated Rome's belated 2,775th birthday a couple of weeks ago. NDA was on Easter / Spring Break for the annual celebration of Rome's birthday in Italy, known as "Natale di Roma". That same week also happened to be National Classics Week. For their April Latin club meeting after break, students enjoyed homemade cookie cake in honor of Rome, dressing in togas, and streaming of the annual historical re-enactment parades typically held each year in Rome outside the Colosseum on this date of the legendary founding of Rome in 753 BC by Romulus.

Each year for Natale di Roma several days worth of a variety of different large-scale celebrations take place in Rome and around Italy. This year's celebration saw a return of the historical re-enactments, such as costumed parades and gladiator fights, which were held online for two years due to COVID-19 restrictions in Italy.



CELEBRATING OUR ATHLETES

## SPRING SPORTS PEP RALLY

On Monday, we had our Spring Sports Pep Rally celebrating all of our Spring athletes. We had beautiful weather and were able to gather on the soccer field as we recognized their many accomplishments!



ORANGE AND WHITE

## MAKING A DIFFERENCE

We were recently able to meet with St. Ursula and present the check from our Orange & White game to Cincinnati Children's Hospital. Together, we were able to raise \$7,000 for Leukemia Research!



IT'S BACK!

## BABY DAY AT NDA

After a 2 year pause due to Covid, Baby Day, sponsored by Mrs. Johnson's Psychology Class, returned with an animated and lively group of children! You can read more about this fun day and see some darling photos [HERE](#).

# Congratulations!



## RETURN ON INVESTMENT!

# ACADEMIC SIGNING DAY

On Tuesday, May 10 we celebrated Academic Signing Day at Notre Dame Academy! Seniors who have earned at least a half tuition, merit-based scholarship from their colleges and universities were invited to the event along with parents and friends. Students signed their certificate, met with their college reps and celebrated with cake afterwards. This school year we have an amazing 76 out of 151 (50%!) students who are receiving half tuition or more as they head into college. Congratulations to these students for their hard work and dedication over the last four years at NDA!

## THIRD QUARTER

## BEST AWARDS

The following students were our BEST Award Winners for Quarter 3. They are students nominated by faculty that show excellent work ethic and a desire to improve and learn in the classroom:

Frosh: Nadin Asad

Soph: Aislin Ross

Junior: Sydney Grim

Senior: Braelyn Hambrick

## EDUCATIONAL ACTIVITIES

## SND HEALTH CARE EXPERIENCE WINNERS

This summer the Sisters of Notre Dame are bringing their schools from all regions of the country together to offer them a healthcare experience at St. Claire Regional Hospital near Morehead University. Four students from our school have been selected to go to Morehead University and stay in the dorms there while participating in healthcare educational activities through Area Health Education Centers and St. Claire Regional Hospital. Congratulations to the students below selected based on an application process:

Kayla Northcutt

Samantha Poulos

MaryElle Reynolds

Jacquelyn Brueggemann



## REGIONAL YOUTH LEADERSHIP STUDENT WINNERS

The Northern Kentucky Chamber of Commerce announced the 45 high school juniors selected for the 2023 Regional Youth Leadership (RYL) class, representing 30 schools in the Greater Cincinnati and Northern Kentucky area. Students were selected through an extensive application process that included a minimum GPA of 3.0, a demonstration of leadership potential in their school and/or community, an interest in furthering their knowledge about the region and community leadership, and approval from their high school principal or guidance counselor. Two NDA students, **Emmalyn Martin and Heidi Abeln** were chosen to represent our school for this exclusive program. Congratulations to Emmalyn and Heidi on this great accomplishment!

### RECORD YEAR!

## 23 NDA STUDENTS ACCEPTED INTO THE 2022 KY GOVERNOR'S PROGRAMS!



### Governor's Scholars Program (GSP): 7 Students Accepted

After a rigorous application process that lasted most of the year, these seven Pandas have been accepted into the 2022 Kentucky Governor's Scholars Program. They have been selected to spend five weeks this summer on a KY college campus (Bellarmine university, Centre College, or Morehead State University), studying interesting topics, going on field trips, listening to intriguing speakers, watching captivating performances, working on service-learning projects, living in a college dorm, nurturing their sense of learning and leadership, and making new friends from all around the state! Be sure to congratulate them when you see them! We are very proud of them!



Caroline Boehmer  
Lizzie Chun  
Megan Chun  
Abby Hardin  
Kira Kent  
Riley Maddox  
Bella Marita





**Governor’s School for the Arts: 13 Students Accepted + 1 Alternate**

These talented and creative students have been selected to spend three weeks on the campus of the University of Kentucky with the Governor’s School for the Arts. These Pandas will be immersed with students from across Kentucky in a rigorous schedule of daily seminars, master classes, lectures, hands-on workshops and field trips. While each student specializes in one of nine art forms, all students participate in structured, interdisciplinary arts experiences designed to familiarize them with the joys and challenges of specialties other than their own. Be sure to congratulate them when you see them! We are very proud of them!

Ava Middendorf	Creative Writing
Caroline Colvin	Drama
Gabrielle Epplen	Visual Art
Gabrielle Puglisi	Visual Art
Keira Schneider	Visual Art
Natalye Nguyen	Architecture + Design
Gabrielle White	Architecture + Design
Sophia Stacey	Architecture + Design (Alternate)
Monica Geiman	Instrumental Music: Strings
Claire Coppage	Dance
Janie McManus	Dance
Josie McManus	Dance
Tessa Schulte	Dance
Ava Voelker	Dance



**Governor’s School for Entrepreneurs: 3 Students Accepted**

Notre Dame Academy has three students accepted into the 2022 Kentucky Governor’s School for Entrepreneurs. They will spend three weeks on the campus of Northern Kentucky University this summer developing business models, designing prototypes, and learning emerging technologies with other talented students from across Kentucky, then pitching their startup to a panel of potential investors - and they have the prospect of winning thousands of dollars! Be sure to congratulate them when you see them! We are very proud of them!

- Gabrielle Epplen
- Katie Thomas
- Gabrielle White







## LEARNING TO LEAD

# HUGH O'BRIAN YOUTH (HOBY) LEADERSHIP PROGRAM

Notre Dame Academy has 6 students attending the Hugh O'Brian Youth (HOBY) Leadership program this summer on the campus of Berea College! HOBY is a national program providing transformative leadership and development training to thousands of high school students. These Pandas will engage in leadership development activities and collaborate with like-minded students from around the state, with the goal of becoming more effective, ethical leaders in their home, school, workplace, and community. Congratulations to Bella Kampinga, Mary Catherine Kelly, Allison Knop, Zoe Rassati, Gabrielle White, Kimmie Woeste!



## CONGRATULATIONS

# COMMONWEALTH HONORS ACADEMY

Congratulations to Mia Bishop and Bella Marita, who were accepted into this summer's Commonwealth Honors Academy. They will enjoy 3 weeks on the campus of Murray State University college campus making new friends and gaining 6 college credits - with the possibility of earning 6 more as a senior!

# ATHLETIC DEPARTMENT

## PANDA ATHLETIC SIGNING

### CELEBRATING STUDENT ATHLETES ATHLETIC SIGNING

NDA's annual athletic signing was held on April 27 at 4:30 p.m. It was a wonderful day to celebrate our Pandas who will be continuing their academic and athletic endeavours at the collegiate level.



Natalie Bain  
Lacey Bradshaw  
Amber Branum  
Adair Dooley  
Macie Feldman  
Sarah Henson  
Caroline Kleman

Addy Mack  
Annamae Martin  
Jayden Otto  
Megan Paolucci  
Hannah Rice  
Marina Ruthsatz  
Eleanor Simkonis  
Emma Spivey

Xavier University  
Morehead State  
Wright State  
Hanover  
John Hopkins  
IUPUI  
Thomas More University

Transylvania University  
Siena Heights  
Transylvania University  
Thomas More University  
Thomas More University  
Wright State University  
Cleveland State University  
Eastern KY University

Soccer  
Basketball  
Soccer  
Cross Country  
Basketball  
Soccer  
Cross Country/  
Track and field  
Softball  
Lacrosse  
Soccer  
Archery  
Golf  
Soccer  
Soccer  
Soccer

**OrthoCincy™**  
Orthopaedics & Sports Medicine

**NOTRE DAME ACADEMY**  
2022 GOLF OUTING SCRAMBLE  
Friday, July 29, 2022 - Kenton County Golf Course  
Swing Into Action and support NDA Athletics!  
18 Hole Outing 8a Shotgun  
@ Willows \$125  
Fun 9 Hole Social 10:30a Shotgun  
@ Pioneer \$90

**REGISTER HERE**

Games, Green Fees, Cart  
Auction  
Food & Reception  
Fun, Festivities and Fundraising!

### REGISTER TODAY NDA GOLF OUTING

NDA's annual golf outing is July 29 at Kenton County Golf Course. Enjoy the 18 hole event or come out for the fun 9 hole social that day to support NDA athletics.

Feel like shopping? Head over the [NDA Golf Outing's Amazon Wishlist](#) and support the outing by helping to purchase items for the auction baskets!



# COUNSELING AND STUDENT SERVICES



## STUDY TIME EXAMS

Seniors will be taking exams on Thursday, May 19 - Monday, May 23. They should know if they will be eligible for any exam exemptions soon. [Here](#) is a link to the senior exam schedule. [Here](#) is the policy for attendance and examinations.

Juniors, sophomores and freshmen will be taking their exams on Monday, May 23 - Wednesday, May 25. [Here](#) is their exam schedule.

## IMPORTANT INFORMATION COURSE SCHEDULING

Students have chosen classes for next school year and we are working on getting a schedule in place for next year. The counselors will be contacting students over the next few weeks to resolve any conflicts in schedules. Completed schedules will be accessible at the end of July in Powerschool for our students. As a reminder, no student or parent initiated changes can be made after **Friday, May 13**. There is a 2 week window at the start of the school year where changes can be made but this does **NOT** apply to AP classes. The last day to make any change for AP classes is May 26 and no changes will be made at the start of the school year for these classes.



## ATTENTION STUDENTS EARN COLLEGE CREDITS

CLEP is another way for high school students to earn college credits. CLEP offers 34 exams that cover introductory level college course material. With a passing score on one CLEP exam, students can earn three or more college credits at 2,900 U.S. colleges and universities. Click [HERE](#) to learn more.



## IMPORTANT RESOURCE MENTAL HEALTH AWARENESS

[1N5](#) serves to increase awareness and education about mental health in teens and adults. Click the link for daily events throughout May and other resources.



## RESOURCES FOR PARENTS & STUDENTS NDA PARENT TOOLBOX

NDA's counselors have put together some very useful tools for our parents [HERE](#).

# ADVANCING OUR MISSION



## PANDAS NIGHT OUT

### ATTENTION NDA ALUMNAE

We have missed you and would love to see you again! You are invited to join us for "Pandas Night Out" on May 19 from 6:00-8:00 p.m.! This is a great opportunity to get your class together for an evening of fun at NDA! We will serve some of your cafeteria favorites and give you tours of our new spaces. You will also have the opportunity to see some of your former teachers, and register for some fun Panda swag giveaways!

There is no cost to attend, but registration is required for this event by May 13.

Just click here: <https://www.ndapandas.org/alumnae>

## STUDENT FUNDRAISER

### PANDA PROWL

Thank you to everyone who supported the Panda Prowl. As a school community we raised just over \$30,000 for NDA student programming and tuition assistance! Also, this year we are proud to donate \$3,500 to our sister school in Busesa, Uganda. Our donation will assist with 5 student's education, health needs and other basic necessities.

Our students are truly making a difference in the lives of each other and students across the world!



Visit [Blau Mechanical](#)

The origin of Blau Mechanical, Inc. dates back to 1941 when Nick Blau began Nick Blau Heating on Scott Street, Covington, KY. In 1966 Nick Blau incorporated the firm in Kentucky and changed its name to Nick Blau Heating, Inc. In 1974 the firm was sold to Vicente Salazar. In 1978 the firm's name was changed to Blau Heating, Inc. In 1987, once again, the corporate name changed to its present form to better represent the changing and expanding scope of activities in which Blau Mechanical, Inc. has become involved. In October, 1996 Blau Me-





You can find a complete list of community news [HERE](#).

- Pro-Life Boot Camp
- Bringing the gift of music to students
- Calming the Chaos Workshop
- Postal Carriers Food Drive - May 14
- Be Calvin Kind 5K Run 7 Walk
- SND - 4th of July Festival - 100 years of Festival Fun!
- Volunteer this summer at Notre Dame Urban Education Center
- and more...

## Important dates

May 12	Mass in Chapel 7:20 a.m.
	Choral Concert 6:30 p.m. in the Theatre
May 13	Mass in Chapel 7:20 a.m.
May 16	Food trucks for lunch
May 17	Academic Awards
May 18	Senior Luncheon/Senior Send Off
May 19	Pandas Night Out Alumnae Event
May 19,20,23	Senior Exams
May 23-25	Exams
May 26	Cleaning Day
	Baccalaureate Mass
May 27	Senior Breakfast
	Graduation
May 30	Park Hills Memorial Day Parade - NDA/CCH Band, Color Guard and Dance Team
June 20-23	Student Leadership Summit
June 25 - July 10	Athletic Dead Period
July 4	SND 100th July 4th Festival!