

Dear Parents,

I hope you and your family enjoyed a blessed and joyous Easter break. It was a wonderful opportunity to reflect, think and pray. It was also a great chance for our students to relax a bit before the final weeks of the school year.

I hope you received my email yesterday regarding our upcoming cardiac emergency drill. We are very fortunate to have the opportunity to work with Cincinnati Children's Hospital in order to be designated a Heart Safe school. Please know that our efforts to make this happen have gone above and beyond the criteria for the designation as the safety and well being of our community is a priority for us. If you did not see the letter, you can find it on the following page. Please reach out to one of our school nurses with any questions or concerns.

Below you will find all sorts of exciting news about the many recent accomplishments of our NDA community. I am very proud our students' achievements and I thank our faculty and you, their parents, who have helped them along the way. While our students' successes are a source of pride for all of us, it is important to remember that a Notre Dame Academy education is more than that. It is about the good work of leading our students to become strong independent young women who strive to make a difference in the world. A Notre Dame Academy education is also about instilling in our students the spiritual and moral values that will prepare them for a life of success, community service and personal fulfillment. Handed down to us from the Sisters of Notre Dame, these are the values that inspire our work.

Enjoy this special time of year. As always, thank you for sending your daughters to Notre Dame Academy. We are blessed to have each and every one of them as part of our community *Discovering our purpose - transforming the world*!

NOTRE DAME

ACADEMY

In Notre Dame,

Mr. Jack VonHandorf

Jack Van Handy



Dear Parents,

You should have received the letter below in an email from Mr. VonHandorf yesterday afternoon with some important information about an upcoming cardiac emergency drill at Notre Dame Academy. As you will read in Mr. VonHandorf's letter, this drill in an important step in NDA's designation as a Heart Safe school and we want to make sure that everyone is prepared for the drill. If you have any questions or concerns about the cardiac emergency drill, please contact us at ndapandas.org.

Thank you,

Tina Sizemore, RN Julie Neubacher, RN

CARDIAC EMERGENCY RESPONSE

PROJECT ADAM AT NDA

As you well know, our goal at Notre Dame Academy is to protect the health and wellbeing of our students, faculty and staff while continuing to meet our responsibility to educate our students. With that objective in mind, we partnered with Cincinnati Children's Hospital Medical Center (CCHMC) last November to ensure that NDA has a cardiac emergency response plan in place in order to establish specific steps to take action in a cardiac emergency at our school.

Notre Dame Academy is pleased to inform you we are well on our way to becoming a Heart Safe designated school, in collaboration with Cincinnati Children's Heart Institute and Project ADAM. This designation means our staff has a practiced plan in place to respond to a sudden cardiac arrest on our Notre Dame Academy campus.

The latest national statistics indicate that more than 350,000 children and adults across the U.S suffer cardiac arrest every year. Through our cooperative efforts with Cincinnati Children's Heart Institute and Project ADAM, we have joined thousands of schools throughout the nation in preparing our school for a cardiac emergency. This program enables us to offer any person who may experience a sudden cardiac arrest the best chance for survival.

A final step in becoming a heart safe designated school is a cardiac emergency drill which will take place later this week. The drill will involve our students, faculty, staff, nurses and school administration with an announcement over the PA alerting all community members that there is an emergency situation however, only one classroom will be directly involved.

It is important for students to understand that as part of the drill, they may be directed, by the adult in charge, to do something specific such as call 911, alert the front office or retrieve the AED unit. Until members of NDA's Cardiac Emergency Response Team (CERT) report to the emergency scene, teachers and students may be the first responders. On site will also be representatives from Cincinnati Children's Heart Institute, as well as our local EMS.

Please encourage your daughter to identify the two AED units that are currently located within the school building: one is in the main foyer (by Mrs. Grayson's office) and the second one is on the east stairwell (by the Chapel) between the 2nd and 3rd floors.

It has been proven that a carefully coordinated response to cardiac emergencies will reduce death and disability in school settings and help ensure that chaos does not lead to an improper or no response.

Please let us know if you have any questions or concerns about this upcoming drill.

Student Life



ALL ARE WELCOME

MORNING MASS

We will be celebrating Mass in our chapel on Thursday and Friday at 7:20 a.m. All are welcome!



ELECTION TIME

STU CO NEWS

Student Council Grade Level Co-President Elections will take place next Monday, April 24 during Homeroom. Good luck to the following students who are running...

Senior Class Co-President

Jasmine Barczak Jackeline Otto Rylie Wald

Junior Class Co-President

Kate Harris Cameron Kirtley Kate Laws Keira Lucas Grace Panko Josie Stallard

Sophomore Class Co-President

Ella Nienaber Erin Piatt Teagan Kruer



FLAG FOOTBALL

ORANGE & WHITE

The annual Orange & White Flag Football Game is this Sunday at St. Ursula. Kickoff is at 4:15 p.m. The game honors St. Ursula students, Natalie Bradley who passed away from Leukemia in 2009, and Norah Spears a member of the Class of 2023 who passed away from cancer earlier this year. The proceeds from the game go to Cincinnati Children's Hospital for cancer research. This event has raised over \$73,000 since 2011! Tickets can be purchased for \$10 each at school during lunches this week or at the game. We will also have hair bows (\$3) and tattoos (2 for a \$1) for sale. Come out on Sunday to support our Seniors and a great cause!



MAKING A DIFFERENCE

SWEET SOUNDS OF SUCCESS

Senior, Monica Geiman has been actively involved with the Immanuel School of Music, located in Lakeside Park, KY, since early grade school. Monica and her sister, Melissa, also a violinist, are both musicians of the highest-level orchestra, Sinfonia. Monica's first competition 8 years ago also took place in Chicago. Under the direction of Ellen Stephens, Monica recently competed with the Sinfonia in Chicago in the World Strides Competition. In previous competitions, Monica has competed in Nashville, Orlando, St. Louis, and Colonial Williamsburg.

This year, Monica was nominated for the Ovation Award by her orchestra director, Ellen Stephens, for her outstanding dedication to the program at Immanuel School of Music and for gifting her time and talents to the community. For the past two years Monica, an assistant Mozart Teacher, helps teach beginning strings weekly at a local school with the ISM Mozart program with a Mozart Teacher. Monica weekly assists on ISM's main campus playing with younger musicians and mentoring their musical growth. Monica arrives early and stays late to assist with set up and tear down or as asked by the teachers. Sharing her talents with the community is evident as Monica has played Christmas music at nursing homes and is an active music minister playing weekend Masses, weddings, funerals, and events. We have heard her perform many times at NDA! Monica is also a member of the select ISM student quartet which has played a variety of private and public events sharing the gift of music with others. Monica's love of music and dedication to using her gift and talents to serve and bring joy to others is purely inspiring.



IMAGINATIVE PANDAS

TRIGONOMETRY CREATIONS

Mrs. Phillips and Ms. Hilbert's Precalculus Honors classes recently completed a Unit Circle project as part of their Trigonometry Unit. This was a fun way for students to show their creativity during math class!









CONGRATULATIONS

OPTIME FACTUM, DISCIPULAE!

Congratulations to the following students who earned awards for outstanding performance on the 2022-2023 National Latin Exams!

All students in the Latin program at NDA take the National Latin Exams exams each year in mid-March, at the exam level corresponding to the class level they are taking, and exams cover the full school year's worth of content despite being required to be administered around the country the same week in March. The exams are sponsored, given, and scored by the American Classical League, the national organization for middle and high school Latin education. More than 100,000 students around the United States took the exams this year!

Gold Medal & Summa cum Laude certificate:

Emma White (Latin 2 / Intermediate Latin)
Gabrielle White (Latin 2 / Intermediate Latin)

Silver Medal & Maxima cum Laude certificate:

Lizzy Larkins (Latin 1 / Beginning Latin)
Marisa Kent (Latin 1 / Beginning Latin)
Leah Hickey (Latin 2 / Intermediate Latin)
Ava Voelker (Latin 3 / Intermediate Reading Comprehension)

Magna cum Laude certificate:

Gee-Ann Plaza (Latin 1 / Beginning Latin)
Brigid Zekl (Latin 1 / Beginning Latin)
Annalise Gaffney (Latin 2 / Intermediate Latin)

Cum Laude certificate:

Madelyn Ries (Latin 1/ Beginning Latin)
Reese Reed (Latin 1/ Beginning Latin)
Chloe Anneken (Latin 1/ Beginning Latin)
Brooklyn Esposito (Latin 1/ Beginning Latin)
Melissa Geiman (Latin 1/ Beginning Latin)
Leah Franzen (Latin 2/ Intermediate Latin)
Keira Laudick (Latin 2/ Intermediate Latin)

Gratulor vobis!





ATTENTION ALL FACULTY, STAFF, ALUMS NDA PARENTS, & FRIENDS OF NDA

ANNUAL BABY DAY INVITATION

Greetings from the NDA's Psychology Class!

NDA's Psychology Class is once again able to host the annual "Baby Day" activities on **Thursday**, **April 27, 2023**. This event will be held in Alumnae Hall so that we will have plenty of room to accommodate a larger number of children and so that parents & grandparents will have easier access with no steps involved.

There is one **40-minute** session available. The session begins at **9:45 a.m. and will conclude by 10:20 am.**

Please contact Michele Johnson at <u>johnsonm@ndapandas.org</u>, if you wish to participate. Please include the name(s) of your child/children and their ages.

Newborns through kindergarten age are welcome.

This opportunity allows psychology students who have studied child development to put into practice the theories/concepts they have learned. The activities are loads of fun for the children and very educational for the psychology students.

It is necessary that you remain with your child or grandchild unless you are a faculty or staff member at NDA.

Thank you, The NDA Psychology Class



SALE OF THE WEEK

BAMBOOTIQUE

Attention Panda sports fans! All sport t-shirts are just \$1.00 this week. That's right, just \$1.00! Support our Panda student athletes and shop online HERE.



WHAT'S FOR LUNCH?

SERVING OUR PANDAS

You can find NDA's lunch menu below and on our website HERE.

Parents, please check your daughter's lunch account balance throughout the school year to avoid overdue account issues. Thank you!





Panda Prowl 5K

8 AM Saturday, April 22 at NDA



all proceeds from the event will benefit our sister school in Uganda

cost: \$20
*race day shirt guaranteed if registered by Wednesday,
April 5!





SUPPORT OUR SISTER SCHOOL

UGANDA PANDAS 5K WALK/RUN

Get ready for this year's Uganda Pandas 5K walk/run on Saturday, April 22, 2023. Money raised from this event will benefit the Sisters of Notre Dame's Ugandan Mission. Just like our school in Park Hills, KY, this school was founded by the Sisters of Notre Dame. Money raised through the 5K will support the educational experience of the young women in our sister school in Buseesa, Uganda.

If you want to participate in the 5K, <u>CLICK HERE</u> for more information and to register. The cost of the event is \$20 per person, and a race day t-shirt is guaranteed if you register by April 5.

A huge thank you to this year's Platinum Sponsors!

- LeRoy and Kathy Johnson
- · American Trailer Rental Group





ATTENTION PARENTS

ATTENDANCE EMAIL

We have created an attendance email for parents to call in a sick child or if a student is leaving early from school. Please use this email if your daughter is sick or needs to leave school early: attendance@ndapandas.org. Remember you can always call the school office with any questions 859-261-4300.

class of 2023

CUE THE POMP AND CIRCUMSTANCE

GRADUATION INFORMATION

Attention seniors and senior parents: fourth quarter is here, and graduation is nearing! <u>CLICK HERE</u> to view relevant graduation information, scroll to the second page of the document and mark your calendars accordingly. Graduates were notified today that they each will receive 12 tickets for the graduation ceremony. Talk to you daughter about the details!

DEADLINE: 05/11/2023

CREATE AN AD FOR YOUR SENIOR!

YEARBOOK RECOGNITION ADS

Mr. Glynn and NDA's Publication students do an amazing job capturing the school year in our yearbook. Each publication is a wonderful keepsake for our students. Parents: don't miss out on the opportunity to order your 2022-23 yearbook, Finding our Groove, at <u>jostensyearbooks.com</u>. Senior Parents, recognize your daughter with a yearbook recognition ad. You can read more details below:

Notre Dame Academy

Dear Panda Parents,

Yearbook Recognition Ads are the perfect way to commemorate your senior's achievements, and revenues from Recognition Ads help our school create a better yearbook. To purchase your ad online, follow the instructions listed below. Jostens is responsible for our school's yearbook ad sales. Please do not contact or send materials to the school. All orders must be placed by 05/11/2023.

ORDER YOUR YEARBOOK RECOGNITION AD TODAY!

ORDER BY 05/11/2023 COLOR AD		
		Full Page
1/2 Page	\$120.00	
1/4 Page	\$75.00	
1/8 Page	\$45.00	

[&]quot;Tax, service and delivery fee(s) will be added if applicable.
"Credit card installment plan available for orders of \$30 or more

IT'S EASY! Create your ad online at www.jostensadservice.com/student

- 1. Choose your ad size and layout.
- 2. Enter your text and upload your photos.

Important information about Yearbook Recognition Ads

- · Our school reserves the right to edit ads per our guidelines.
- We retain the right to remove any explicit text, graphic photos or copyright-protected imagery or photos.
- For the ad to appear in the yearbook, your ad must be purchased by the order deadline.
- Color photographs uploaded for black-and-white ads will appear in black and white.
- We will make every effort to use your layout and text as indicated.
 A proof will not be provided and no changes can be made after purchase.

GUIDELINES SURROUNDING RECOGNITION AD CONTENT.

NDA reserves the right to edit ads per our guidelines. Please make sure all submitted materials are appropriate for school publication.



Frequently Asked Questions

How are the ad prices determined and what is the money used for?

Ad prices are determined by our school. The revenue from Recognition Ads helps support our yearbook and keep it affordable for everyone.

How is the ad deadline determined?

The ad deadline is set by our school based on the production schedule for the yearbook.

Can I create my student's ad on my mobile device? Yes, yearbook ads can be created online from both desktop and mobile devices.

Can I send my materials to the school?

No, please do not send your materials to our school. Our school has selected Jostens to assist with our ad program. Please call our customer service number (800-358-0800) if you have guestions or need assistance in creating your ad.

More questions? Call Jostens at (800) 358-0800. www.iostensadservice.com/student





ATHLETIC DEPARTMENT



CONGRATULATIONS

PANDA BOWLER RECEIVES NKBF SCHOLARSHIP

NDA's Natalie Lovell is one of four area students to receive a 2023 Northern Kentucky Bowling Foundation (NKBF) scholarship. The Northern Kentucky Bowling Foundation was formed by owners from four local bowling centers in Northern Kentucky to help our student athletes achieve their dreams. These same owners continue to contribute to this fund each year so that they can continue to award scholarships to student athletes. Natalie is the first NDA bowler to receive this scholarship. Congratulations on this achievement Natalie!



GOOD LUCK

VOTE FOR OUR PANDAS!

Vote for NDA's Softball Team - they have been nominated as team of the week for the second week in a row!

VOTE HERE



Check out all of the summer opportunities available at www.ndapandas.org

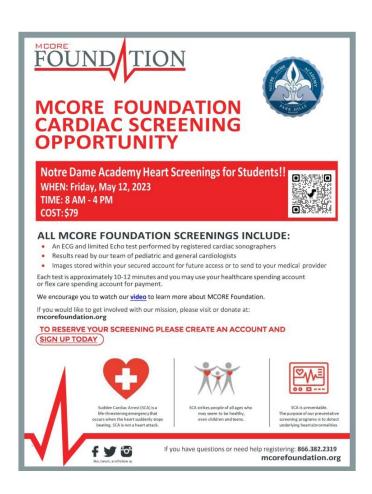
SIGN UP TODAY

SUMMER OPPORTUNITIES

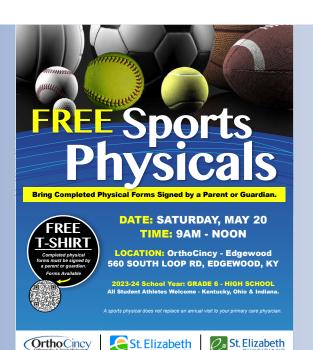
There's something for everyone this summer at NDA! Check out all of the wonderful summer enrichment opportunities available at Notre Dame Academy! You can check them out <u>here!</u>

NDA HOSTS HEART SCREENING FOR STUDENTS

NDA will be hosting a heart screening through MCore on May 12 here at school. MCore's onsite screenings are provided at the highest level outside of the hospital with pediatric cardiac sonographers doing all the imaging and those are all read by pediatric cardiologists. The goal is to provide a baseline evaluation of each child's heart health. You can find sign up for a screening for your daughter here: https://www.mcoreathletes.com/scheduler_schedule/?school=316.







859.301.BONE (2663) info@OrthoCincv.com

ORTHOCINCY & ST. ELIZABETH

FREE SPORTS PHYSICALS

OrthoCincy & St. Elizabeth are happy to announce this year's date for our FREE SPORTS PHYSICALS! Our Kentucky day will be held at the EDGEWOOD OFFICE (560 South Loop Rd.) on SAT, MAY 20 from 9 a.m. –12 p.m. All student athletes are welcome. We'll be handing out a free t-shirt for the student athletes choosing to participate. Attached is a flyer with all the important information & details of the event – we encourage you all to hand out and/or place these flyers around your schools to encourage participation and spread the word!

COUNSELING AND STUDENT SERVICES





TEEN SLEEP DEPRIVATION

THE UNAPPRECIATED VALUE OF SLEEP

So often we hear about the many teenagers who are exhausted and not getting enough sleep, and while this seems like a normal part of the adolescent experience, it can be damaging. A lack of good sleep can severely affect their abilities to perform well in school, extracurricular activities, and affect their ability to manage their emotions effectively. The Child Mind Institute recently shared a series of articles about teenage sleep deprivation and how to help improve sleep habits. To understand why teens are so sleep deprived read here. To understand how lack of sleep affects the teenage body and brain, read here. Finally, to explore ideas to help increase nightly sleep patterns for teens, read here.



PREPARING FOR THE FUTURE

NDA COLLEGE VISIT SCHEDULE

<u>CLICK HERE</u> for a list of college visits specifically for NDA students/ families. The visits are in the hallway outside the cafeteria. All students are welcome to visit the reps.



QUESTION, PERSUADE and REFER

FREE Q.P.R TRAININGS FOR PARENTS

QPR stands for Question, Persuade, and Refer. It is like CPR but for mental health and is intended to help individuals prevent suicide. 1N5 is hosting free virtual trainings specifically geared towards parents in the coming weeks. One is on April 26 from 4-6pm and another is being offered on May 10 from 4-6pm. If interested in getting more information on QPR or registering for one of the sessions, follow this link here.



SUMMER BOOTCAMP

TORCHPREP

Summer is just around the corner and it tends to be a great time for students to focus on ACT® test prep. You can find Summer ACT Test Prep Options from TorchPrep <u>HERE</u>.



COMMON SENSE MEDIA

HOW TO HELP GIRLS HAVE HEALTHIER SOCIAL MEDIA EXPERIENCES

You can find 7 ways parents and caregivers can support girls' mental health and digital well-being <u>HERE</u>.



RESOURCES FOR PARENTS & STUDENTS

NDA PARENT TOOLBOX

NDA's counselors have put together some very useful tools for our parents <u>HERE</u>.



GOOD LUCK

DRUG FREE CLUB FINALIST

NDA's Clara Heberling is a TOP TEN FINALIST in the 2023 DFCA Essay Scholarship Contest! Winners will be announced by Friday, April 21, 2023. Good luck Clara!

NDA STUDENTS ACCEPTED TO GSP

Governor's Scholars Program (GSP): 6 Students Accepted (1,050 in KY) (June 18-July 22; June 24-July 28; or June 25-July 29)



After a rigorous application process that lasted most of the year, these six Pandas have been selected into the 2022 Kentucky Governor's Scholars Program, out of 1,687 finalists. They will spend five weeks this summer on a KY college campus (Centre College, Morehead State University, or Murray State University), studying interesting topics, going on field trips, listening to intriguing speakers, watching captivating performances, working on service-learning projects, living in a college dorm, nurturing their sense of learning and leadership, and making new friends from all around the state! Be sure to congratulate them when you see them! We are very proud of them!

Lucy Bailey
Lydia Dusing
Mia Kent
Hannah Renaker
Clare Shay
Gabrielle White

CONGRATULATIONS

NDA STUDENTS ACCEPTED TO GSA

Governor's School for the Arts: 6 Students Accepted (June 11-July) or July 9-29)

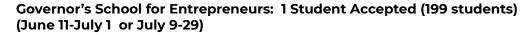


These talented and creative students have been selected to spend three weeks on the campus of the University of Kentucky with the Governor's School for the Arts. These six Pandas will be immersed with students from across Kentucky in a rigorous schedule of daily seminars, master classes, lectures, hands-on workshops and field trips. While each student specializes in one of nine art forms, all students participate in structured, interdisciplinary arts experiences designed to familiarize them with the joys and challenges of specialties other than their own. Be sure to congratulate them when you see them! We are very proud of them!

Sophia Santos (11) Creative Writing
Chanduni Herath (10) Drama
Mary Cathrine Kelly (11) Musical Theatre
Molly Rawe (11) Musical theatre
Nadin Asad (10) Dance
Keira Lucas (10) Dance

GREAT JOB

NDA STUDENT ACCEPTED TO GSE







Notre Dame Academy has this student accepted into the 2023 Kentucky Governor's School for Entrepreneurs. She will spend three weeks on the campus of Northern Kentucky University this summer developing business models, designing prototypes, and learning emerging technologies with other talented students from across Kentucky, then pitching their startup to a panel of potential investors - and they have the prospect of winning thousands of dollars! Be sure to congratulate her when you see her! We are very proud of you!

Emma White (10)

ADVANCING OUR MISSION

ATTENTION NDA ALUMNAE!

GIRLS SCHOOL UNITE

Please join us in supporting all-girls Catholic education in Northern Kentucky and Cincinnati by participating in the Girls' Schools Unite alumnae giving challenge!

Notre Dame Academy is excited to partner with Mercy McAuley, Mount Notre Dame, Saint Ursula, Seton and Ursuline to raise awareness and financial support for all-girls Catholic education! This year, the campaign is only three days, May 1-3! We are counting on our alumnae to help us bring home the trophy and bragging rights!

Click HERE for more details!



SAVE THE DATE: MAY 1 - 3, 2023

















SHARING OUR

Community News

You can find a complete list of community news HERE.

- · Intern in SND Mission Advancement Department
- · Positions Available for Students and Parents
- House Bill 174 Pro-Educational Choice Constitutional Amendment
- · Ed Choice
- · Seeking Lower Tuition Payments?

Important dates

April 19	Hope Squad Parent Orientation 6:30 p.m. Alumnae Hall	
April 20	Mass in Chapel at 7:20 a.m.	
	Rosary in Chapel during PPT 12:50 p.m.	
	Athletic Signing	
April 21	Mass in Chapel at 7:20 a.m.	
	Mid quarter	
April 22	Uganda Panda Prowl	
April 23	Orange and White Game at St. Ursula 4:15 p.m.	
April 27	Baby Day	
April 28	Food Truck Day	
	Senior Dinner Dance	
April 30	Band Concert	
May 1	AP Exams begin	
May 5	May Crowning	
Мау 6	Language and Math Placement Test	
May 11-13	Quilt & Garment Show	
May 12	Spring Sports Pep Rally	
May 17	Senior Luncheon and Senior Send Off	
	Academic Awards in evening	
May 18	Senior Exams begin	
-	Spring Showcase 6 pm with Intro Theatre Class, Dance	
	Pandas, PandaTones	
May 20	Theatre Banquet	
May 22	Exams begin	
May 25	Cleaning Day	
j	Graduation Practice	
	Baccalaureate Mass	
May 26	Senior Breakfast	
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Graduation