



NOTRE DAME ACADEMY

Educating Women to Make a Difference in the World

Panda Press Weekly

March 30, 2022

THE *nda* LIFE

Dear Parents,

Last week our Admissions Department hosted its spring Panda Preview Night for 6th and 7th graders interested in getting a head start on making their high school decision. I am happy to report that we had more families in attendance than we have ever had in the past which leads me to draw a couple of important conclusions. First of all, I think students are making their high school decision earlier than they have in the past. Secondly, I believe that more families are recognizing the value of a Catholic education at Notre Dame Academy.

When we host admissions events, we talk about the Catholic school difference. As a parent of a student at Notre Dame Academy, you are well informed of NDA's strong academic tradition of empowering young women to make a difference in the world. You are also aware of how Notre Dame Academy helps develop each student in an environment that fosters growth of the whole person, striving to instill in young women not only knowledge, but also spiritual and moral values. You understand how blessed we are at NDA to be able to offer a single-gender education grounded in the SND tradition and charism. By the time your daughter graduates, you can be sure that their Notre Dame Academy education has prepared them for a life of success, community service and personal fulfillment.

What we don't talk about enough is what happens after our students leave NDA. We hear back from our alumnae that they are well prepared for post-secondary education and for life and recently we have reviewed data that proves that point. What we have found is that there are some very good indicators of return on investment of a Notre Dame Academy education. You can begin by taking a look at our most recent graduates, the Class of 2021:

- 100% of Students Graduated from NDA
- 99% Enrolled in Post Secondary Education (97% of Students Enrolled in a 4 Year College)
- 96% of Graduates Were Offered a College Scholarship with 42% receiving half tuition or more

While those numbers are very impressive, what is more outstanding are the statistics regarding Notre Dame Academy alumnae college graduation rates. **Over the last 5 years, an average of 82% of NDA alumnae graduated from college in 4 years. This is remarkable when you compare that to only 52% of students at public universities in Kentucky who graduated in 6 years.** As parents I'm sure that you appreciate not only your daughter's preparedness for what follows high school but also the cost effectiveness of her graduating from college in four years. I hope these statistics give you assurance that that a Catholic education at Notre Dame Academy is a wise investment in your daughter's future.

It is a privilege to partner with you. Have a great week!

In Notre Dame,

Mr. Jack VonHandorf

Have a great day and make good choices!




We will therefore, continue with a RECOMMENDED MASK POLICY at NDA. Masks are recommended at school and extra-curricular events but not required.




FROM THE SCHOOL NURSES
**PREVENTATIVE HEART
SCREENING THIS WEEKEND
& COVID-19 UPDATES**

MCORE Foundation will be back at Notre Dame Academy this Saturday, April 2, 2022, to provide our preventative heart screening program. We have worked with MCORE to provide a screening program to our community since 2019. This is an amazing opportunity for a student to have their heart evaluated for any abnormalities in a cost-effective and convenient manner, especially if they have had Covid-19. We encourage to learn more about MCORE Foundation.



MCORE FOUNDATION



MCORE FOUNDATION CARDIAC SCREENING OPPORTUNITY

Notre Dame Academy Heart Screenings for Students

WHEN: Saturday, April 2, 2022
TIME: 8 AM - 4 PM
COST: \$79

ALL MCORE FOUNDATION SCREENINGS INCLUDE:


- An ECG and limited Echo test performed by registered cardiac sonographers
- Results read by our team of pediatric and general cardiologists
- Images stored within your secure account for future access or to send to your medical provider

Each test is approximately 10-12 minutes and you may use your healthcare spending account or flex card spending account for payment.


We encourage you to watch our [video](#) to learn more about MCORE Foundation.

If you would like to get involved with our mission, please visit or donate at: mcorefoundation.org


TO RESERVE YOUR SCREENING PLEASE CREATE AN ACCOUNT AND SIGN UP TODAY




SoftCard Cardio Screen (SCS) is a life-threatening cardiovascular condition where the heart suddenly stops beating. SCS is not a heart attack.



SCS often impacts all of ages who may seem to be healthy, even children and teens.



SCS is preventable. The purpose of our preventative awareness program is to detect underlying heart abnormalities



the heart, and follow us

If you have questions or need help registering: 866.382.2319

mcorefoundation.org

The CDC has expanded eligibility for an additional booster dose for certain individuals who may be at higher risk of severe outcomes from COVID-19. Boosters are safe, and people over the age of 50 can now get an additional booster 4 months after their prior dose to increase their protection further. This is especially important for those 65 and older and those 50 and older with underlying medical conditions that increase their risk for severe disease from COVID-19 as they are the most likely to benefit from receiving an additional booster dose at this time. CDC, in collaboration with FDA and our public health partners, will continue to evaluate the need for additional booster doses for all Americans.

CDC's new COVID-19 [Quarantine and Isolation calculator](#) takes the stress out of deciding when, and for how long, people with COVID-19 and [close contacts](#) need to stay home, get tested, and wear a well-fitting mask. The calculator provides important information about what precautions people with COVID-19 and their close contacts can take to protect loved ones and prevent COVID-19 in their communities. This online, mobile-friendly calculator provides a simple, easy-to-use way to help people follow CDC's [Quarantine and Isolation](#) guidance and get customized information that applies to their unique situation. We hope you find it useful.

Be Well!!

Tina Sizemore, RN.
NDA School Nurse
ndanurse@ndapandas.org

Melanie Martin, RN.
NDA School Nurse
ndanurse@ndapandas.org

Student Life

GRADUATION INFORMATION

UPDATED INFORMATION

SENIOR GRADUATION EVENTS

[CLICK HERE](#) to view the information regarding senior graduation activities. **Please note:** Graduation practice at NKYCC is scheduled for Thursday, May 26, not Wednesday, May 25 as previously communicated.

Hey senior parents!

You're understandably proud of your daughter. Why not say it with a recognition ad in the yearbook? You get to choose your words and photos yourself, and designing ads is easy and fun! Just follow [this link](#) to get started!

DRESSING FOR SUCCESS

UNIFORM EXPECTATIONS

As the weather moves between winter and spring, Pandas are reminded of the dress code expectations listed below. **Please note: skirts should extend below one's fingertips when arms are fully extended at their sides.** Sweatpants are not an acceptable layer under uniform skirts. Included below is a new addition to the uniform options for next year. Visit our website for ordering information.

Notre Dame Academy has a school uniform that consists of:

- a gray uniform skirt or uniform slacks (the skirt or pants must fit properly, be zipped and buttoned, hemmed appropriately and free of stains, rips, and/or holes). Students are required to obtain a new skirt or pants if it no longer zips, has tears, holes, or stains.
- a white or light blue banded Notre Dame Academy polo shirt
- solid white, gray, black or navy blue socks
- appropriate shoes that have a back to them
- nametag/lanyard

Optional items that may be purchased and worn with the uniform include:

- a navy blue Notre Dame Academy pullover sweater
- a navy blue Notre Dame Academy cardigan sweater
- **a navy blue Notre Dame sweater vest (available for 22-23 school year or this year on Spirit Wear Fridays)**
- a navy blue Notre Dame Academy sweatshirt (available for purchase through Schoolbellies and NDA's Bambootique)
- a navy blue Notre Dame Academy fleece
- a navy blue blazer with NDA's emblem for special occasions such as Mass, award ceremonies, etc.
- gray, black, or navy blue leggings
- black dress slacks for designated events

PLEASE NOTE...



GET EXCITED!

PROM & AFTER-PROM INFORMATION

This year's Prom will be held in Music Hall's Box Office Ballroom on April 29 from 7:30-11:30 p.m. All attendees must arrive by 8:00 p.m. It is suggested that students plan to take the free shuttle that Notre Dame Academy provides to Music Hall. Parking at Music Hall can be difficult to find and is an additional cost. Tickets for the event are \$70 per person and registration is due on Friday, April 8. The form to register for Prom, After Prom, and to ride the shuttle to the event can be found [HERE](#). You can find After Prom information [HERE](#).

IMPORTANT INFORMATION PLEASE READ

TERRACE METRICS, INC. ASSESSMENT

ATTENTION FRESHMAN PARENTS

Next Monday, April 4, the freshman students will be taking the Terrace Metrics, Inc. Assessment during homeroom time to examine the social/emotional strengths and needs of the students. While not a diagnostic tool, this survey will allow us to gauge their needs and provide valuable support and interventions as needed. We also administered this assessment in the fall and a second administration will allow us to see any changes as well as gauge their current social/emotional status.

As a parent you will receive a results report of your daughter's survey the week of April 4. For this survey we will only be looking at the following resilience indicators: global satisfaction, grit, hope, leadership, personal standards, positive school experience, and resiliency. The data gathered via Terrace Metrics is kept strictly confidential and only those on the counseling team and administration will have access to the data from the school. If you do NOT want your freshman daughter to participate please inform Mrs. Grayson via email at graysona@ndapandas.org.



ALL ARE WELCOME

MORNING MASS

This week we will celebrate Mass in our beautiful *Mary, Mother of the World* Chapel at 7:20 a.m. tomorrow and Friday. All are welcome to join us!



SUMMER ENRICHMENT

SO MUCH TO DO THIS SUMMER AT NDA!

Whether you are a computer wizard, budding artist, a musician, a theatre buff, an athlete, or you are just looking for something fun to do this summer, Notre Dame Academy has all sorts of opportunities for you! [CLICK HERE](#) to find out more about summer enrichment opportunities at NDA.

DEAL OF THE WEEK

BAMBOOTIQUE SPIRIT WEAR SHOP

This week's deal of the week at the Bambootique: All sport t-shirts and decals are 20% off. Discount taken off at check-out. You can shop at the online Bambootique [HERE](#).



NOTRE DAME ACADEMY
Bambootique



ORDER BEFORE IT'S TOO LATE YEARBOOKS ON SALE!

The 2022 NDA Yearbook, *Make it Count*, is available for pre-order at jostens.com (pick up link if available). The book will cover the entire year through graduation and will arrive in the fall of 2022.



SERVING OUR PANDAS WHAT'S FOR LUNCH?

You can find NDA's lunch menu below and on our website [HERE](#). Please note: the menu is subject to change as there are many shortages in the food industry.

VOTE VOTE VOTE

ATTENTION PANDA FANS PLEASE VOTE

Our tennis team is up for the team of the week. Please take some time today to vote for your Pandas :) [VOTE HERE](#)



TECHNOLOGY COORDINATOR POSITION OPEN AT NDA

Notre Dame Academy (NDA) is searching for a Technology Coordinator to assist the Technology Director in providing an effective technological infrastructure that supports the educational mission of our school. Learn more about the position [HERE](#).



IMPORTANT FINANCIAL INFORMATION

Work Study Job Application Deadline: April 15, 2022

Financial Aid Applications & Academic and Tuition Assistance Scholarships

The application for work study jobs is available on the website [HERE](#) and is due by **April 15, 2022**. When you click on the link, you will be prompted to create your own copy of the spreadsheet as a Google Sheet so you are able to type right into it. Completed applications should be emailed to workstudy@ndapandas.org.

Financial aid applications are also now open and will remain open until **April 15, 2022**.

If you are in need of financial assistance OR are looking to do work study the application with FACTS must be completed before anything else. Financial assistance requests increase each year. We cannot stress enough the importance of getting your application in early. Late applications run the risk of financial aid funding being exhausted. You can access the Financial Assistance page of the website [HERE](#).

If a family receives financial assistance, a family member is expected to have a work study job.

We are currently accepting applications for Academic Scholarships. Applications can be found on the website [HERE](#) and are due in the front office no later than April 15, 2022.

NDA News Feed...



MAKING A DIFFERENCE

NHS WORKS TO END PERIOD POVERTY

This year the NDA chapter of the NHS chose to focus its service on the issue of period poverty. [READ HERE](#) how they have been able to support the women within the community and support such an empowering and meaningful organization as Girls Health, Period.



POSITIVE PANDAS

BODY PEACE WEEK

This week students are celebrating Body Peace Week, where students are encouraged to accept themselves as they are. Check out the picture of our post-it wall where students are able to share positive messages throughout the week and read more about Body Peace Week [HERE](#).



GET YOUR TICKETS TODAY!

NDA AND CCH PRESENT ADDAMS FAMILY THE MUSICAL!

The spring musical is finally here! Don't miss Addams Family the Musical at NDA next weekend. You can find dates, show times and a link to purchase tickets [HERE](#).



TRÈS MAGNIFIQUE

FRENCH STUDENTS GET A TASTE OF FRANCE

NDA French classes had a wonderful time getting a literal taste of the sweetness and beauty of French pastries on their recent field trip to Dorothy Lane Market. Read more about it [HERE](#).

CREATING LEADERS

GIRL UP DAY AT NDA

Girl Up day is back! On April 9th, we invite 4th-8th graders to come to NDA from 9 a.m. until noon. You can read more about it [HERE](#)





MAKING A DIFFERENCE

GRAPHIC DESIGN STUDENTS HELP PROMOTE BODY PEACE WEEK

Graphic design students were asked by Teen Leadership Club for Health & Wellness (TLC) to design stickers to be passed out to all NDA students during Body Peace Week. Read more about their designs and see them [HERE](#).



LAW AND ORDER

MOCK TRIAL FIELD TRIP

NDA's Mock Trial Team recently visited NKU's Chase Law School. You can read more about their field trip [HERE](#).



KEEPING OUR STUDENTS SAFE AND HEALTHY

STRAIGHT TALK FOR PARENTS: ALCOHOL, VAPING AND WEED

On Monday, Michael DeLeon from Steered Straight gave three presentations at NDA: first to faculty and staff, next to students and he presented to parents that evening. If you missed this important parent presentation, you can view it [HERE](#).



IT JUST KEEPS GETTING BETTER AND BETTER!

THE PANDA PODCAST - EPISODE 4

In this episode, seniors Kennedy Oak and Brynn Thelen and their assortment of special guests discuss the senior dinner dance, the Orange & White Game and where the gym used to be! [LISTEN HERE](#)



PANDAS TAKE THE WIN!

ORANGE AND WHITE GAME

Congrats to our NDA Orange and White Team for bringing home a win on Sunday! A shout out to everyone who attended helping SUA and NDA raise money for Leukemia research. Student Council — way to go on hosting another successful event! You can read more about this special event and take a look at pics from the game [HERE](#).



SHIMMERE SHIMMERAH!

SENIOR DINNER DANCE

On Friday we held our first annual Senior Dinner Dance. You can read more about it and see pictures [HERE](#).

ATHLETIC DEPARTMENT



FOUR!

GOLF OUTING

NDA's 24th annual golf outing is coming up July 29 at Kenton County Golf Course. If you are interested in being on the golf outing committee and helping to plan this fun athletic fundraiser please email AD, Myanna Webster at websterm@ndapandas.org.

PANDA ATHLETIC SIGNING

CELEBRATING STUDENT ATHLETES ATHLETIC SIGNING

NDA will be hosting an athletic signing April 27 at 4:30 p.m. in the Auditorium. If you are a senior planning to participate in athletics at the collegiate level please make sure the athletic department is aware so we can get you more details about this event!



RIGHT ON TARGET

ARCHERY NEWS

The Archery Senior and Team Awards Celebration was held on March 28. Read more about their event and see photos [HERE](#).



GO PANDAS!

TENNIS NEWS

The Varsity Tennis Pandas have been off to a great start this season! They beat Simon Kenton, Dixie, and Cooper last week and Holy Cross on Monday. They play Campbell County on Thursday. Go Pandas!

COUNSELING AND STUDENT SERVICES



IMPORTANT DATES

SCHEDULING UPDATES:

Mrs. Monohan (monohanc@ndapandas.org) and Mrs. Stanley (stanleye@ndapandas.org) are still open to meet with students for questions about next year classes. Please email them with requests to meet. Please see the [Curriculum Guide](#) for information about classes. Important upcoming scheduling dates:

Tuesday, April 25 - Monday, May 9

Counselors will meet with students individually (reviewed schedules for errors, resolve conflicts, etc.)

Friday, May 6

Last day for students to submit a course change

Friday, May 26

Last day to change an AP course. *

*Students cannot drop an AP course in summer or next school year

APPLICATIONS DUE APRIL 11

TAP HEALTH MD PROGRAM

The TAP Health Summer Academy is a group of career exploration programs consisting of TAP MD; TAP RN: Diversity; and TAP HC – programs which respectively help guide students through the ins & outs of seeking a career as a physician, registered nurse, or any career within the broad spectrum of healthcare. The TAP Health Summer Academy also consists of a virtual learning program, TAP Health Remote. Tap MD/Health applications are now open. **Our programs are still for current juniors/rising seniors, and applications are due on or before April 11.** The following section is a group of hyperlinks with direct links to apply!

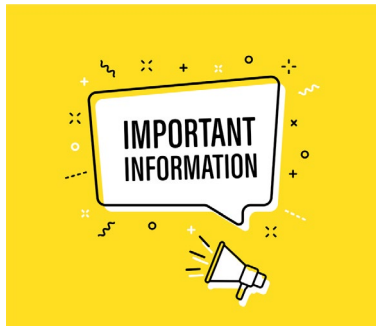
TAP Health Summer Academy: bit.ly/taphealth2022

This refers to a group of programs students can apply for (TAP MD, TAP HC or TAP RN: Diversity) that will take place this summer. Please note we will no longer run year-long programming that may conflict with school schedules.

PREPARING FOR THE FUTURE

NDA COLLEGE VISIT SCHEDULE

[CLICK HERE](#) for a list of college visits specifically for NDA students/families. The visits are in the hallway outside the cafeteria. All students are welcome to visit the reps.



tap.health



ADVANCING OUR MISSION



Help “fill the gap” and make Catholic education more accessible and available to students at Notre Dame Academy.

CLICK [HERE](#) to make a donation to NDA's 2021-22 Annual Fun. Your support of the mission of NDA is very much appreciated!



Visit [Wolnitzek & Rowekamp PLLC](#)

At Wolnitzek & Rowekamp PLLC, we take the time to make a difference. First and foremost, we strive to meet the needs of clients by being committed to: 1) Listening; 2) Understanding the facts and circumstances of your situation; 3) Identifying and recognizing your individual goals and concerns; and 4) Offering advice, options and legal services which will address your concerns and seek to accomplish your goals in the most efficient and expeditious manner possible.

To accomplish these goals, we strive to establish open communication with our clients. By taking extra time to fully understand your situation, we seek to earn your trust and to build your confidence in our judgment. After we have gained a thorough knowledge of your particular situation, we explain your options. We work with you to determine the most beneficial approach to realize your goals. We seek to deliver a suitable solution to your legal problems in a timely manner. Our primary focus is solving your legal problems. You or your business will benefit from our experience in successful representation, negotiation and mediation of disputes and controversies in all of our various practice areas. If litigation becomes necessary, you will receive from us the support of experienced trial attorneys familiar with state and federal court systems in Kentucky and Ohio. Wolnitzek & Rowekamp PLLC can serve your legal needs in a wide variety of practice areas.

COMMUNITY



NEWS

SHARING OUR

Community News

You can find a complete list of community news [HERE](#).

- St. Agnes - Big Blue Bash
- Volunteer this summer at Notre Dame Urban Education Center
- Expand School Choice Before Time Runs Out
- Job Opportunity for Students
- Job Opportunity for Alumnae
- Clean up Ft. Wright Day
- and more...

Important dates

March 28 - April 1

Body Peace Week

March 31

Mass in Chapel 7:20 a.m.

April 1

Mass in Chapel 7:20 a.m.

Panda Prowl Kickoff Pep Rally

April 3

Tech Week Begins

April 7-10

Spring Play

April 8

Mid-Quarter

April 9

Girl Up Day

April 13

Holy Week Prayer Service

April 14

Holy Thursday - No School

April 15

Good Friday - No School

April 17

Easter

April 18-22

Spring Break

April 25

Classes resume

April 27

Athletic Signing

April 28

NDA Athletic Hall of Fame Induction

April 29

Panda Prowl (ADJ) no classes; early dismissal

Junior/Senior Prom at Music Hall

AfterProm at NKU

April 30

Band Concert