



THE *nda* LIFE

Dear Panda Families,

One of the most meaningful moments of the week at Notre Dame Academy was our Senior Mission Retreat. This day invites our seniors to pause and reflect on the past four years, not simply what they have accomplished, but who they have become. Throughout the retreat, students consider how the mission and educational principles of the Sisters of Notre Dame have shaped their lives and how they will carry those values forward beyond NDA. A theme of the day reminded students that all things begin and end with Jesus in mind.

At the Diocesan Principals' Retreat on Friday, Fr. Dan Schomaker from Blessed Sacrament shared a simple image that stayed with me. He described our lives as a wheel, with Jesus at the hub. When Christ is at the center, every part of our lives - our relationships, decisions, work and service - finds its direction and meaning. He also reminded us that holiness can be understood simply as being a friend of God. It is a beautiful and accessible way to think about our faith, and it reminded me of our dear Sr. Paul Ann. In many ways, she lived as a true friend of God and of Jesus, loving others with that same generous spirit.

At Notre Dame Academy, that is exactly what we hope to help our students discover - that a life of faith is not something distant or abstract, but a relationship that grows through prayer, service, gratitude and everyday choices. When our students begin to see their lives through that lens, they start to understand that leadership, compassion and courage flow naturally from that friendship with God.

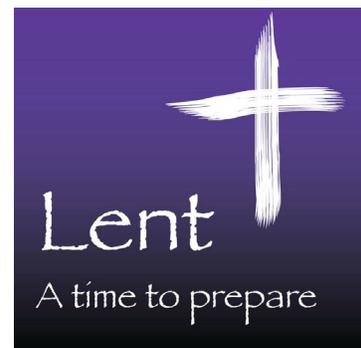
You will see many examples of that growth throughout this week's Panda Press Weekly. Our sophomores celebrated the Ring Ceremony, a tradition that reminds students of the sisterhood they share and the values that unite them. The ceremony concluded with the beautiful hymn "Lead Me, Lord," a fitting prayer as our students continue to seek God's guidance in their lives. In our classrooms, students continue to explore big questions about our world through hands-on learning. Our students are also competing and excelling at the state level in both academics and athletics. Several of our students also traveled this week to participate in the Kentucky March for Life, joining others across the state in a peaceful witness to the dignity of every human life.

That same spirit of living our faith through action was also visible in the service our students recently provided at the 34th annual St. Agnes / Mike Moffitt Invitational basketball tournament. Over the past three weeks, NDA students contributed 288 hours of service, continuing a tradition that has supported the St. Agnes community for nearly three decades. We are grateful for the appreciation shared by the tournament organizers and proud of our Pandas for the generosity of their time and spirit.

Thank you for the many ways you support the mission of Notre Dame Academy and encourage your daughters as they grow into young women of faith, intellect and service. It is a privilege to walk alongside them during these important years.

Walk in Faith,

Mrs. Lisa Ruwe Timmerding '97



FAITH IN ACTION

girls gone holy

DATE CHANGE

GIRLS GONE HOLY

The Lenten Girls Gone Holy Night will now be on MONDAY, MARCH 16 from 7-8:30 p.m. This is an evening of fellowship and prayer for any panda that would like to join.



GO MAKE A DIFFERENCE!

SENIOR MISSION RETREAT

On Tuesday, March 10, our Senior Class took part in our annual Senior Mission Retreat. This day is focused on looking back over their four years of high school and discussing the many ways that they have lived out the Mission and Educational Principles of the Sisters of Notre Dame. Seniors have the opportunity to hear from Alumnae about how they have lived out the mission after their time at NDA. We are grateful for Nina Simkonis, Class of 2020 and Lauren Simendinger Wang, Class of 2002 for giving their time to share their stories and experiences with our seniors. The day ended with a prayer service in our chapel, joined by some of the Sisters of Notre Dame who shared a blessing with the seniors and sent them forward to carry on their mission.

See all photos from Senior Mission Retreat [HERE](#).

FAITH FORMATION

UPCOMING LITURGIES

We will pray a decade of the rosary at 7:45 a.m. on Thursday, March 12 and Monday, March 16 in the chapel.

We will celebrate mass at 7:20 a.m. on Tuesday, March 17 in the chapel.

On Friday, March 20 - we invite all members of the cast and crew of Cinderella to join us for mass at 7:20 a.m. in our chapel and receive a special blessing as they prepare for the opening of their show the following week.



GOSPEL REFLECTION THURSDAYS

SCRIPTURE STUDY

Students are invited to join us each Thursday during PPT in the Chapel Reflection space to read and discuss the Gospel Reading for the upcoming Sunday. Students should sign up for the chapel in Flex for PPT.

Student Life



SPECIAL TRADITION

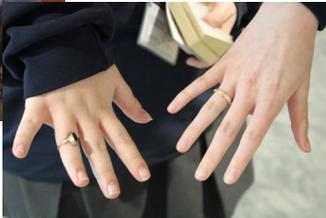
SOPHOMORES CELEBRATE RING CEREMONY

Our sophomore class gathered yesterday for their Ring Ceremony, a special Notre Dame Academy tradition celebrating the unity of the class and their journey as Pandas.

During the ceremony, Fr. Kunath blessed the class rings before they were presented to students by Mrs. Timmerding. The ceremony took place within a beautiful Mass, giving the class an opportunity to come together in prayer and gratitude.

Students who did not order a class ring received a special medal representing their time at Notre Dame Academy and their place within the sisterhood.

The Ring Ceremony is a meaningful milestone that reminds students of the bonds they share as classmates and the values that unite them as members of the NDA community.



PRESERVING THE DIGNITY OF ALL

NDA STUDENTS TRAVEL TO KENTUCKY MARCH FOR LIFE

A group of Notre Dame Academy students and chaperones traveled to participate in the Kentucky March for Life today, joining thousands of others across the state who gather each year to witness to the dignity and sanctity of every human life.

The March for Life offers students an opportunity to live out Notre Dame Academy's Catholic mission by standing for life, reflecting on the Church's teaching and participating in a peaceful public witness.

As our students travel and participate in this important event, we ask the NDA community to please keep them in your prayers. May God watch over them and keep them safe throughout their journey.



Student Council Officer Candidates

2026-2027 School Year

SPEECHES SET FOR MONDAY

CANDIDATES WILL SHARE THEIR VISION FOR LEADERSHIP DURING HOMEROOM

Elections for next year's Student Council officers are right around the corner! On Monday during homeroom, **the following candidates** will present short campaign speeches to their peers as they seek votes to represent and lead the student body for the upcoming school year. Students will have the opportunity to hear each candidate's ideas and goals before casting their votes later in the day. We encourage everyone to listen thoughtfully and support the leadership process!



SAVE THE DATE

PROM NIGHT SETS SAIL THIS APRIL

Prom 2026 is heading to the Greek islands! Juniors and Seniors join us for Mamma Mia! Prom Night on Saturday, April 18, 2026 from 7:15–11:00 p.m. aboard BB Riverboats. A night of music, dancing, waterfront views, and unforgettable memories awaits. Grab your tickets now! [Click the link to register.](#)

Also, please complete [this form](#) (by March 10) along with the Cognito (for paying) form. This is the one we will be using to place you at tables, and using for emergency information.

MAKING A DIFFERENCE

RUNNING FOR A PURPOSE

Notre Dame Academy will host the Running for a Purpose Track Meet on March 18, welcoming athletes from Covington Catholic, Beechwood, and NDA for an evening of competition and community. This special event is about more than just racing—it's about running for something meaningful.

In support of this event, the proceeds from our Out of Uniform Day on March 9 will benefit St. Elizabeth Cancer Center as well as the Karen Wellington Foundation, an organization dedicated to bringing joy and hope to women battling breast cancer by providing experiences such as beach vacations, spa days, backstage passes, and other memorable opportunities.

We are proud to come together as a community to support such an inspiring cause while cheering on our student-athletes. Let's show our Panda spirit by participating in the Out of Uniform Day and supporting this meaningful event!



SEQUINS & SNEAKERS:

FATHER-DAUGHTER DANCE

Join us for a magical evening where fathers and daughters shine together!

Dress up in your favorite sequins, slip on your coolest sneakers, and enjoy dinner, dancing, and memories that will last a lifetime. This special night is all about celebrating the unique bond between dads and their daughters — NDA style!

[Click HERE to register by March 13!](#)





STATE SCIENCE FAIR BID

SENIOR TAKES THIRD PLACE AT THE LOUISVILLE REGIONAL SCIENCE AND ENGINEERING FAIR

Congratulations to senior Michelle Ross who took home a 3rd place finish and at-large State Science Fair bid Saturday at the 2026 Louisville Regional Science and Engineering Fair. Michelle's project looked at how Single Gender Education affects a student's Emotional Intelligence.



STEM AT NDA

ENVIRONMENTAL SCIENCE STUDENTS DIG INTO HANDS-ON LEARNING

Mr Stamm's AP and Honors Environmental Science classes have been busy studying how the Earth's systems work. To reinforce concepts discussed in class, they examined the physical and chemical properties of soil in our Dirt Lab. And then they continued by looking at how humans utilize mining to collect resources in our Cookie Mining Lab.



STUDENT-CENTERED LEADERSHIP

JANET CARL NAMED ATHLETIC ADMINISTRATOR OF THE MONTH

Congratulations to Janet Carl, Athletic Director at Notre Dame Academy, who has been named the Kentucky Athletic Administrators Association Athletic Administrator of the Month! Now in her third year at NDA, Janet leads with the philosophy "Students come first; athletics second." Her leadership, experience and commitment to developing young women through athletics continue to strengthen Panda athletics and our student-athletes.

We are grateful for the dedication, passion and excellence she brings to Notre Dame Academy every day. Congratulations, Janet!



LESSONS ON LEADERSHIP ERLANGER MAYOR JESSICA FETTE VISITS NDA FBLA

On Thursday March 5th, Notre Dame's FBLA (Future Business Leaders of America) were visited by a very special guest speaker. The mayor of Erlanger Mrs Jessica Fette! She talked to the girls about a plethora of things ranging from her restaurant she owns called "The Hive," being a ski instructor at Perfect North, and what its like being the mayor. A lesson she taught them was to always be your authentic self. FBLA thanks Mrs Fette for taking time out of her busy schedule to speak to our students.



COMPASSION, LEADERSHIP & SERVICE NDA STUDENTS HELP LEAD RECORD-BREAKING NIGHT FOR THE FIGHT

This year's Night for the Fight campaign was a record-breaking success, raising \$362,938 for CancerFree KIDS and bringing together students from across the region in support of pediatric cancer research.

Notre Dame Academy was proud to be part of the effort. Eighteen NDA students registered for the event and raised a total of \$4,297 to support the cause. The initiative was spearheaded by NDA junior Caroline Bramlage, whose leadership helped rally fellow students to participate and make a meaningful impact. Through their efforts, NDA students joined more than 1,000 students representing 55 schools and 112 teams in the region-wide campaign.

Night for the Fight is a student-led movement that empowers young people to raise awareness and funding for childhood cancer research. The event culminates in an evening gathering where students celebrate the impact of their collective work and the lives they are helping to change.

We are grateful to Caroline and all of the NDA students who participated for demonstrating the compassion, leadership and service that define the Notre Dame Academy community!

SAVE THE DATE NDA ARTS FEST 2026

Mark your calendars for our second annual NDA Arts Fest on Tuesday, May 12 at 5:30 p.m.! This special evening celebrates the creativity, talent, and dedication of our students across the visual and performing arts. From fine art, band, chorus, textiles, theatre, and design, Arts Fest showcases the many ways our young women express their gifts and bring beauty to our community.

Join us as we honor the hard work of our student artists and celebrate an evening filled with inspiration, performance, and Panda pride. More details will be provided as the event approaches. We look forward to seeing you there!



STUDENTS INVITED TO SERVE

NDA'S FIRST-EVER MUSTARD SEED MISSION TRIP

Registration is now open for NDA's first-ever Mustard Seed Mission Trip. Join us for a week of service, community, and spiritual growth as we accompany and serve some of the most vulnerable communities.

Dates: May 30 through June 6, 2026

Location: Moca, Dominican Republic

Cost: \$1,200 (fundraised) plus airfare (approximately \$800)

Sign Up: 2026 Mustard Seed Mission Trip Registration

This opportunity is open to all students 15 and older, including current seniors.

Mustard Seed Communities partners with vulnerable populations around the world, offering hope, support, and practical assistance to those most in need. This experience is more than travel — it is an invitation to make a lasting impact and to encounter God's heart for the vulnerable. Spaces are limited.

We are currently seeking three additional students and one adult chaperone or teacher to join the trip. Please email [Ms. Dooling](mailto:Ms.Dooling) with any questions.



ORDER TODAY

YEARBOOK NEWS

NDA's 2026 yearbook, is available to order at jostens.com. Order now to take advantage of this great opportunity and best price! Our publications classes work hard to make the yearbook and appreciate your support!



DELICIOUS NEWS

LUNCH MENU

This week's lunch menu and the cafeteria price sheet are available [HERE](#) for easy reference. Families are encouraged to check the menu often to help students plan ahead for meals they'll enjoy.

SHOW YOUR NDA SPIRIT

SHOP THE BAMBOOTIQUE

Pick up something to wear while you are cheering on your favorite Pandas this spring! Visit the Bambootique in person or shop [ONLINE](#).

REPORTING ABSENCES

ATTENDANCE POLICY

We have an attendance email for parents to call in a sick child or if a student is leaving early from school. Please use this email if your daughter is sick or needs to leave school early: attendance@ndapandas.org. Remember you can always call the school office with any questions 859-261-4300.

PLEASE NOTE!



NOTRE DAME ACADEMY
Bambootique



WITH ONE HEART

EMPOWERING PRIESTS. IGNITING PARISHES. ENLIVENING THE FAITHFUL.

Lent 2026

Dear Parents,

Tell us what's on your heart!

The Diocese of Covington has completed over three years of a four-year strategic planning and leadership development process called With One Heart. In Lent 2023, every parish in the Diocese participated in a survey called the *Disciple Maker Index (DMI)* to gather parishioner feedback for the development of a three-year parish pastoral plan. This Lent, parishes will complete the survey once again to collect the data necessary to measure the success of their current plan and to produce their next three-year plan. The survey is being conducted by the Catholic Leadership Institute, a non-profit Catholic apostolate specializing in leadership training and development.

The DMI allows parishioners to reflect on their own spiritual growth and discipleship and to identify the ways in which the parish effectively supports that growth. The DMI offers parish leaders a unique and valuable opportunity to learn about issues of importance to families in a confidential and professional way.

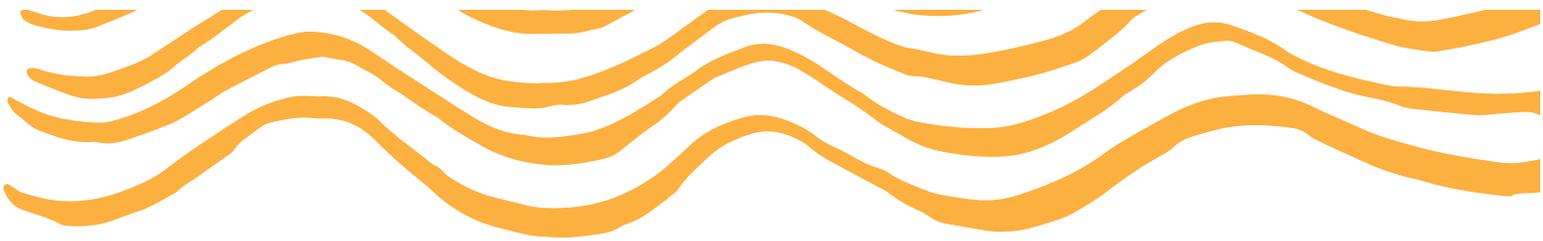
The web-based survey is accessible online (or on paper for those who need it) from **Wednesday, February 18 through Monday, March 23**. At the completion of the DMI, each parish will receive a report of the results. All responses will be confidential, and the parish will only receive information about the community as a whole. The parish will use these results to 1) measure progress on the current parish pastoral plan, 2) look at additional opportunities to support parishioner growth in discipleship and 3) create goals and action items for the next three-year parish pastoral plan.

I strongly encourage you and every member of your household, ages 15 and older to complete the survey. It will take 10 to 15 minutes. The greater the participation, the more reliable the results will be for effective decision-making. Please check your parish bulletin, website, or social media for instructions on how to access the survey or see the accompanying flyer.

Thank you in advance for taking the time to provide your feedback. Your input will help your parish become a more faith-filled, vibrant community.

God bless you and may you have a fruitful Lenten season!

Sincerely yours in Christ,
Mrs. Lisa Timmerding



What's on Your Heart?

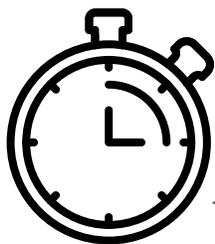
TAKE THE DMI SURVEY



**Our second parish-wide
Disciple Maker Index Survey
is happening**

Feb. 18 through March 23

**VISIT COVDIO.ORG/DMI
OR
SCAN THE CODE**



It takes less
than 15 minutes



FINE ARTS

A MAGICAL WEEKEND AWAITS WITH CINDERELLA

NDA|CCH THEATRE GROUP PREPARES TO BRING THE BELOVED FAIRY TALE TO LIFE ON STAGE

The NDA|CCH Theatre program invites the community to step into a world of music, magic and transformation as students present Cinderella later this month. Over the past several weeks, NDA's talented cast and crew have been hard at work rehearsing scenes, learning choreography, painting sets and building props in preparation for this beloved musical. Their dedication and creativity will come together on stage for a weekend of enchanting performances.

Performances of Cinderella will take place Thursday, March 27 and Friday, March 28 at 7:00 p.m., and Saturday, March 29 at 2:00 p.m. in the NDA Theatre.

Tickets are available at:

<https://www.showclix.com/event/cinderella-rh-ndacch>

Join us for a wonderful evening of theatre and support the incredible talents of our NDA students. It promises to be a magical weekend you will not want to miss!



ATHLETIC DEPARTMENT

FROM THE DESK OF THE ATHLETIC DIRECTOR

PANDA ATHLETICS



Archery

The team competed last weekend at Walton-Verona and recorded seven PRs! The Pandas are now set to compete in the Kentucky State NASP Tournament this weekend. Let's Go Pandas! Good luck, Pandas!

Basketball

What a weekend for our basketball team! The Pandas are the 2026 9th Region Champions after a victory over Holy Cross. The team is headed to the Sweet 16 for the first time since 2013.

They will play Pikeville High School on Wednesday at 6:00 PM. We hope to see them playing again this weekend as well! Good luck, Pandas!



Indoor Track

Indoor Track competed at the KHSAA Class AAA Indoor State Championships and finished 11th overall, with several season PRs across events.

Highlights include:

- Taylor Hollenkamp tied the school Long Jump record – 15' 11.75"
- Norah Barker set the 800m Indoor school record with a time of 2:18.00, finishing 3rd
- Ryan Bennett, Tessa Nader, Norah Barker, Ella Petzelt – 5th place in the 4x800 Relay
- Frances Maier, Kate Blettner, Norah Barker, Ella Petzelt – 3rd place in the 4x400 Relay
- Kate Blettner set a new 400m Indoor school record with a time of 58.88, finishing 5th

Lacrosse

Lacrosse kicked off their season this past weekend with a tournament at Ryle. The Pandas defeated Mercy 6–5 and fell to DuPont Manual 2–6.

They are back in action Tuesday, March 17, against St. Ursula here at NDA.

Game times:

JV – 5:00 PM

Varsity – 6:30 PM

Let's go Pandas!

Tennis

The tennis team begins match play today against Simon Kenton. Good luck to the Pandas as they start their season!

Softball

Softball opens the season Monday, March 16 at Ryle. Game time: 5:30 p.m. Good luck to the Pandas!



Senior Party Idea

Looking for a fun graduation party idea?

Order a keepsake golf flag featuring your senior's name, sport, and graduation year to display at your graduation party! Form on next page.

Customize for your Panda!

Great keepsake for
students, seniors and
alumnae.



Sponsor the golf outing at
the \$250 level to receive a
Golf Outing Flag



Notre Dame Academy Golf Outing

Kenton County Golf Course

Friday, June 5, 2026

Notre Dame Academy's mission is to educate young women to make a difference in the world. We appreciate the opportunity to work with you as we invest in the lives of young women and future leaders of our community. Your sponsorship of the 2026 OrthoCincy NDA Golf Outing will support NDA student athletes, with all proceeds from the event supporting the Athletic Programs at NDA.

Thank you for your support!

SPONSORSHIP OPPORTUNITIES

- | |
|--|
| <p><input type="checkbox"/> \$3500 Panda Sponsor (3) – Logo on the tee gift, golf cart or inside the clubhouse recognition, foursome, banner, sign with your logo on a tee box, custom flag, program recognition - must send in your logo</p> |
| <p><input type="checkbox"/> \$2000 Gold Sponsor – Foursome, banner, sign with your logo on a tee box, custom flag, program recognition - must send in your logo</p> |
| <p><input type="checkbox"/> \$1500 White Sponsor – Foursome, sign with your logo on a tee box, custom flag, program recognition - must send in your logo</p> |
| <p><input type="checkbox"/> \$1000 Blue Sponsor - Twosome, custom flag, program recognition - must send in your logo</p> |
| <p><input type="checkbox"/> \$500 Beverage Sponsor – Banner, custom flag, program recognition - Must send in your logo</p> |
| <p><input type="checkbox"/> \$250 Flag Sponsor - Personalized flag displayed on the course or in the clubhouse
Write what you'd like on the flag (Name, Extracurricular Logo, etc.):</p> |
| <p><input type="checkbox"/> \$100 Tee Sponsor – sign with your logo on a tee box - Must send in your logo and do you have a specific hole you want your sign to located on</p> |

Please complete the information on the back of this form!

COUNSELING AND STUDENT SERVICES



COLLEGE INFORMATION NIGHT

IMPORTANT INFORMATION FOR PARENTS

COLLEGE INFORMATION NIGHT

Thursday, March 12 from 6:30 pm to 8:00 p.m., Notre Dame Academy is hosting a College Information Night available to all NDA and CCH parents. The event will include attending two of three presentations with various topics such as financing post secondary education, connecting with resources, and college preparation. Dan Bisig from College and Beyond will be presenting on "College Affordability", the do's and don'ts of navigating the financial aid world, and what it takes for students to earn merit-based scholarships. Montanna McClain, our Kentucky Higher Education Assistance Authority representative, will speak to when and how to apply for state and federal funds, including information regarding the FAFSA. Jess Brown and Erin Stanley will be sharing school-specific information about the college application process, what to expect with timelines, deadlines, and how to create a balanced College List. Registration is not required and we hope to see you all there! Please reach out to Erin Stanley at stanleye@ndapandas.org or Jessica Brown at jbrown@covcath.org with questions.

COLLEGE REP VISITS

PREPARING FOR THE FUTURE

NDA COLLEGE VISIT SCHEDULE

[CLICK HERE](#) for a list of college visits specifically for NDA students/families. The visits are in the hallway outside the cafeteria. All students are welcome to visit the reps.



Child Mind Institute

GREAT INFORMATION FOR PARENTS

MORE SLEEP FOR TEENS

Many teenagers are so busy with school, activities, friends, and social media that they don't get the 9 hours of sleep experts say they need. As parents, it can seem like an uphill battle to get more sleep time for teens. However, there are things parents can do to help them get more sleep. Read [this article from the Child Mind Institute](#) to help learn some tips that might help your student get closer to the recommended 9 hours each night.

GO! PANTRY

Feeding Hungry
Kids

TEEN LEADERSHIP CLUB

GO! PANTRY COLLECTION NEXT WEEK

Next week Teen Leadership Club will be sponsoring a food drive for GO! Pantry. This organization provides food to those Northern Kentucky students who otherwise might go hungry on days schools are not open to provide a meal. We will have bins out next week collecting donations. GO! Pantry would like us to provide fruit cups and applesauce cups to help stock their GO! Bags. Thanks to everyone in advance for their support!

Advancing the Mission



MAKE A DIFFERENCE

CELEBRATING NDA ALUMNAE WHOSE LEADERSHIP, FAITH AND SERVICE CONTINUE TO INSPIRE THE NEXT GENERATION

Last week, our community gathered for the annual Women Making a Difference Luncheon, an inspiring celebration of Notre Dame Academy alumnae whose lives reflect leadership, service, and faith. Each honoree represents what makes NDA so special: women who carry our mission into their families, professions, and communities.

Moments like this remind us that the impact of a Notre Dame Academy education extends far beyond four years. It shapes women who go on to make a difference in the world.

We invite our current parent community to help continue that legacy through a gift to the Annual Fund. Your support strengthens the programs, faculty, faith formation of NDA while keeping NDA financially manageable. It makes an NDA education transformative for today's students.

Together, we ensure that the young women walking our halls today will one day be the alumnae we celebrate for generations to come.

[**MAKE A DIFFERENCE WITH A GIFT TO THE ANNUAL FUND HERE**](#)



Alumnae Rosary



JOIN US

ALUMNAE ROSARY

On March 19, at 9:30 a.m., Notre Dame Academy will host an alumnae rosary in our Mary, Mother of the World Chapel. This monthly tradition offers an opportunity to pause, pray and reflect together as a school family.

All are welcome to attend and join the NDA community in prayer.



SHARING OUR Community News

You can find a complete list of community news [HERE](#).

- New Youth Group!
- Mary's Meals, A Simple Solution to World Hunger
- Point Arc Fest 2025
- Diocesan Workshops

Important dates

March 12	End of 3rd Quarter National Latin Exam
March 13	No School - PD DAY
March 14	Incoming Freshman Conferences
March 18	Running for a purpose
March 19	Alumnae Rosary Panda Preview Night for 6th & 7th Graders
March 20	Father/Daughter event - Receptions
March 23, 24	National Spanish Exam
March 26	Alumnae Dinner Theatre Dinner Theatre
March 27-29	Spring Musical Performances - Cinderella
April 2	Holy Thursday - No School
April 3	Good Friday - No School
April 6-10	Spring Break
April 18	Prom
April 26	Spring Band Concert at CCH
May 1	May Crowning
May 2	Math and Language Placements Tests for Incoming Freshmen
May 4	AP Exams begin
May 12	Art Fest - Quilt Show
May 13	Academic Awards