

### **Dear Parents,**

We continue to see an increase in COVID-19 cases in our region and that is reflected in the population of our community at NDA. As you can read below, we have had a record number of reported cases with members of our community testing positive for COVID-19 within the last week and several of those cases involve faculty and staff.

I want to assure you that although this January is proving to be the most challenging time for us with such a high number of positive COVID-19 cases within our community, our goal has not changed. We continue to mitigate the spread of COVID-19 at NDA and manage the COVID-19 cases within our community in order that we can provide a safe and healthy environment for our students to stay engaged in positive learning in the classroom and participate in co-curricular activities as well.

There are a number of things that contribute to our ability to provide in-person instruction at NDA through this challenging time - most especially the cooperation of our community. Our students continue to think of each other as they wear their masks and stay socially distanced to keep each other safe. Our parents continue to report COVID-19 related issues with our school nurses and follow recommended guidelines. Our faculty and staff are flexible, adaptable and creative as they continue to work hard to provide a premiere education to our students amid a global pandemic. We are blessed at Notre Dame Academy to be a community *Living the Gospel with a Spirit of Compassion, Hope and Joy.* 

We truly appreciate the support of you and your daughter during this unprecedented time. The next few weeks are going to continue to be difficult but we will get through them together with the common goal of keeping our students safe, healthy and engaged in meaningful learning.

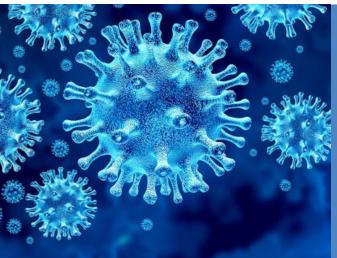
Thank you for your continued cooperation. It is a privilege to partner with you in your daughter's Catholic education.

In Notre Dame,

Jack Van Honty

Mr. Jack VonHandorf





## WEEKLY UPDATE

As of today, Wednesday, January 12, we have had 43 new reported cases of members of our community testing positive for COVID-19 within the last week. We have had 9 additional members of our community who are currently in quarantine due to a reported exposure to COVID-19.

As we move forward, please keep NDA updated on any COVID-19 related issues involving your family. In the event that someone in your household is being tested for COVID-19 or your daughter is exposed to or tests positive for COVID-19, please contact one of our school nurses, Tina Sizemore, RN. or Melanie Martin, RN., at 859.292.1843 | ndanurse@ ndapandas.org.

## FROM THE SCHOOL NURSES BEST PRACTICE

Dear Parents,

As you can see in the data above, we have a record number of COVID-19 infections at NDA again this week. Thank you for your cooperation as we work though the process of each positive case. Communication is key to our success in keeping our students safe.

With the continuing rise in COVID-19 positivity rates around the world, it is critical that we follow best practice in battling this disease. At NDA, we follow strict mitigation protocols to keep our community safe and our building clean. Those practices are important however, as was mentioned last week in our letter, the best way to combat COVID-19 is by getting vaccinated and keeping up-to-date with boosters.

If your daughter is 16 or older and was vaccinated more than 6 months ago, she will also need to get the COVID-19 booster to be fully protected. If your daughter is under the age of 16, she is now able to receive the Pfizer-BioNTech CO-VID-19 booster shot at least 5 months after completing her Pfizer-BioNTech COVID-19 primary series. Research shows that vaccines and boosters have become critical tools in keeping us safe from COVID-19 serious illness. The other added benefit of your daughter being fully vaccinated and up-to-date with a COVID-19 booster is that she will not need to quarantine if she is exposed to COVID-19 at school, at home or outside of school and home. Please talk to your pediatrician about best practice for protecting your daughter from COVID-19.

You can find much more information about COVID-19 vaccines for teens <u>HERE</u>.

Also, please keep NDA updated on any COVID-19 related issues involving your daughter and/or your family. If you have any health related questions or concerns, please contact one of us at 859.292.1843 or <u>ndanurse@ndapandas.org</u>.

Tina Sizemore, RN. NDA School Nurse <u>ndanurse@ndapandas.org</u> Melanie Martin, RN. NDA School Nurse <u>ndanurse@ndapandas.org</u>



## PARENT RESOURCE COVID-19 INFORMATION

There are many important resources for parents and students on NDA's COVID-19 Information page on the website <u>HERE</u>.

# **Student Life**

## IT'S SHOW TIME! CSW TALENT SHOW

Our annual Talent Show is coming up on February 4. Registration forms are due on January 21 and can be found <u>HERE</u>. Some ideas of talents to share include...

- Singing
- Dancing
- Playing an instrument
- Performing a monologue or a skit
- Juggling
- Comedy Act
- ...and so many more!

We are looking forward to seeing the many talents of our Pandas!



## CONGRATULATIONS STUDENT OF THE MONTH

Congratulations to our October Student of the Month - Kat Heuker! You can read more about Kat <u>HERE</u>.



## GREAT JOB! THIS ONE'S FOR THE PANDAS IN THE BAND...

A giant shoutout to the incredible NDA/CCH Band and their fearless leader, Mr. Greg Cerimele! They did an amazing job at the game last Wednesday! Try to catch them at one of their upcoming performances:

- Panda Basketball Game Friday, January 14
- Panda Basketball Game Friday, February 11
- Spaghetti Dinner Jazz Sunday, February 27
  - Jazz Concert Sunday, March 13

Don't forget about ENRICHMENT MUSIC with Mrs. Geiman during PANDA PRIME TIME !



## REGISTER TODAY FATHER DAUGHTER DANCE

Pandas, do you and your dad love Rock and Roll? Mark your calendars for Friday, February 4 for NDA's Father/Daughter Dance! CLICK <u>HERE</u> to register by Monday, January 24.





## 2 WORK STUDY POSITIONS AVAILABLE WHAT'S FOR LUNCH?

We are moving toward more self-service in the cafeteria as we did prior to COVID-19. Once we have the necessary personnel to staff the cafeteria, we will be adding the salad bar and the use of trays back into our lunchtime routine. If you are interested in working in NDA's dish room through our Work Study Program, (M,T,H,F: 8:30 a.m. -12:30 p.m. | W: 8:30 a.m. - 1:30 p.m.) please contact our cafeteria manager at ndahr@ndapandas.org. You can find NDA's lunch menu HERE. Please note: the menu is subject to change as there are many shortages in the food industry.

PARENTS, please check your daughter's lunch account and to pay overdue balance as soon as possible.

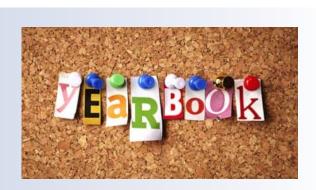
## SWEET DEAL BAMBOOTIQUE SPIRIT WEAR SHOP

The "Sue Special" this week is one free hot chocolate bomb with the purchase of a buffalo flannel shirt! Shop online for this sweet deal <u>HERE</u>.

### DON'T FORGET TO ORDER YEARBOOKS ON SALE!

The 2022 NDA Yearbook, *Make it Count*, is available for pre-order at jostens.com (pick up link if available). The book will cover the entire year through graduation and will arrive in the fall of 2022.

The 2021 NDA Yearbook, *Together*, is still available in limited quantities in the school office. Books are \$70; please make checks payable to NDA.



## SELF-CARE TAKE CARE OF YOURSELF PANDAS!

Self-care is incredibly important for our health, but not everyone knows what is or how to start and many of us don't make the priority it needs to be. One way to start taking better care of yourself is to make a self-care checklist! You can use the one on the right or make your own. Just be sure to take care of yourself Pandas! SELF-CARE CHECKLIST



# **CAMPUS MINISTRY NEWS**

## ALL ARE WELCOME MORNING MASS

This week we will celebrate Mass in our beautiful *Mary, Mother of the World* Chapel at 7:20 a.m. tomorrow and Friday. All are welcome to join us!



## WE GATHER IN CHRIST NEW YEAR'S MASS

At Notre Dame Academy we celebrate our Catholic faith in many ways, most especially by gathering together for the celebration of the Eucharist. This week our school community gathered for our New Year's Mass to pray for our students, families, faculty, staff and alumnae in 2022.



# **ATHLETIC DEPARTMENT**



## RIGHT ON TARGET! NDA PANDA ARCHERY

On January 8, the Archery Pandas competed in the Ryle HS Tournament. The team shot 3012 which included 80 tens. 9 Archers shot a personal season high score - Ella Weitzel by 8, Kaitlyn Eberhart by 10, Candace Stallmeyer by 15, Didi Jiradamkerng by 5, Megan Ahern by 6, Lauren Agriesti by 19, KJ Greis by 4, Chloe Dunham by 19 and Morgan Russell by 34. The Pandas were led by Keira Schneider at 281, Ella Weitzel at 272, Megan Paolucci at 265, Kaitlyn Eberhart at 263 and Natalie Lovell at 262. Next up the team will shoot in the Northern Kentucky Athletic Conference Tournament at Boone County HS on Saturday, January 15. ARCHERY PANDAS ROCK!

Pictures: 1. Morgan, Lauren, Emma and Chloe. 2. Natalie and Jamie.3. Didi, KJ and Kaitlyn. 4. Natalie, Jamie, Marisa and Megan. 5. Mack and Lea. 6. Candace and Kate. 7. Keira. 8. Megan and Alexus





## REACHING GOALS BASKETBALL PANDAS

Congrats to Macie Feldman and Lacey Bradshaw for scoring 1,000 points!



## CONGRATULATIONS HALL OF FAME INDUCTEES ANNOUNCED

Congratulations to our 2022 NDA Hall of Fame Inductees! These deserving recipients will be honored at an NDA Hall of Fame induction ceremony in April.



## **COUNSELING AND STUDENT SERVICES**



## SUPPORTING OUR PARENTS COMMUNICATING WITH YOUR TEEN

The adolescent years can be a struggle when it comes to communication. Your teen will likely be able to talk or text forever with friends, but when it comes to communicating with their parents, it could be a lot more silent. Check out this article from <u>Child Mind Institute</u> to explore ways to keep the lines of communication open and flowing with your teen.



#### HOPE THROUGH POSITIVE ACTION

## **OPPORTUNITY FOR FREE QPR TRAINING THROUGH 1N5**

Likely you have heard of CPR training which is emergency life saving procedures to help the heart. You may not have heard of QPR training. QPR is training to help offer hope for those thinking of suicide. It is NOT meant to be a form of therapy but instead it IS meant to offer hope through positive action. A local organization, 1N5 is offering Free QPR training via zoom, especially geared towards parents and caregivers. <u>Visit their website here</u> to learn more and sign up if you are interested. They have a parent/caregiver focused QPR training coming up on February 9, 2022. 

### GSA APPLICATION PROCESS CINDERELLA'S CLOSET

While Prom is still months away, there is a fast approaching, wonderful opportunity, for those who may qualify, in the form of an organization called Cinderella's Closet. Cinderella's Closet is a group that provides free prom dresses and accessories to those who may have financial need. Cinderella's Closet has had to close the last couple of years, so they are very excited to be back open this year. However, they will have more limited appointments due to the changes they will need to implement for Covid. The weekend they will be open this year is March 18-19 2022. If you would be interested in having your junior or senior daughter participate, please reach out counselor Erin Maggard at maggarde@ndapandas.org. She is working to generate a list of interested students in order to be ready to register them as soon as the portal is opened. All registrations must take place via the school counselor.



## GREAT OPPORTUNITY REGIONAL YOUTH LEADERSHIP PROGRAM

Applications for Regional Youth Leadership (RYL) Class of 2023 are now open to current high school sophomores. RYL is leadership development program for high school students during their junior year. Approximately 45 students will be selected to participate in monthly sessions examining topics such as arts & culture, economic development, local government, and more.

The program will run from September 2022 through March 2023 with monthly sessions occurring during the school day. Each session is held at a different business or organization throughout the region and led by community and business leaders. Applications are accepted from students attending private, public, or home schools.

Eligibility – Applicants must:

- be a current high school sophomore with a minimum GPA of 3.0.
- demonstrate leadership potential in their school and/or community.
- have an interest in furthering their knowledge about our region and community leadership.
- receive approval by guidance counselor or other school official.

Application Requirements:

- Complete the RYL application found at <u>www.nkychamber.com/ryl</u> by March 1, 2022. Applicants may choose to submit their application online or by downloading the paper application in MS Word.
- Obtain approval from one parent/guardian and designated school official. Online applications automatically generate approval forms to parents and school representatives via email. Students using the paper application must obtain required signatures before submitting their application.
- Pay the \$10.00 non-refundable application fee. Checks can be made payable to Regional Youth Leadership. Online applications may submit fee using a credit card at the time of their application.

## ACT PREP JUNIOR ACT

The in-school ACT for our juniors will be On March 8. All juniors will be registered through the school for this test. This year, we are happy to announce our partnership with a Kentucky-based tutoring and test prep company Free Test Prep Online (FTPO) and its founder Timothy Ward. Mr. Ward is a Virtus certified 2009 graduate of the University of Notre Dame, and in 2021, he ran a free ACT program for Covington Latin School. This year, he has expanded the program to include all the schools in the Covington Diocese. As part of our partnership with FTPO, Mr. Ward will be hosting a free webinar– How to Raise Your Child's Worst ACT Subject Score by 8 Points for FREE– for all our parents on Wednesday, January 26, at 7 PM ET. The 30-minute webinar will give you simple, free, and low cost strategies to help your student prepare for the ACT (the next ACT is coming up early March!) Mr. Ward will also be announcing another free program exclusive to the schools in the Covington Diocese. We are very excited to be able to provide our community with these resources, and you won't want to miss this webinar! Please register for the webinar at <u>http://freetestpreponline.com/parents</u>.

## MORE ACT PREP TORCH PREP BOOT CAMP

The deadline for NDA's Boot Camp through Torch Prep is January 24. You can sign up online <u>HERE</u>.



## **ADVANCING OUR MISSION**

### Notre Dame Academy

Freshman Priority Application Period

## JANUARY 3 - FEBRUARY 11 FRESHMAN PRIORITY APPLICATION PERIOD

Incoming freshmen who apply for admission during the Priority Application Period have a better chance of receiving seats in high-demand classes such as Art I and some foreign language classes. ALSO, students who apply during this period are included in a drawing for a free iPad or a \$500 tuition voucher! Incoming freshmen who are eligible for academic scholarships must apply for admission by the priority deadline in order to confirm receipt of their scholarship. You can find a link to the Application for Admission <u>HERE</u>.



## #SUPPORTING OUR PANDAS HAVE YOU HELPED FILL THE GAP?

We recognize tuition is a significant, sacrificial expenditure for families; however, we ask for additional contributions to the school, specifically to the Annual Fund, because tuition is set at only 80% of the true cost of education. Each NDA student benefits from this tuition gap of \$2,420. Contributions to the Notre Dame Academy Annual Fund help fill this funding gap and allow us to continue to provide a premiere Catholic education to the young women of our community.

#### Please join us in our mission to educate young women to make a difference in the world by prayerfully considering a donation to the 2021-22 Notre Dame Academy Annual Fund. <u>CLICK HERE</u> to donate online.

Your gift will help "fill the gap" and ensure access to a Catholic education at NDA by directly supporting our students. Thank you in advance for your continued support of Notre Dame Academy!



<u>River Metals Recycling (RMR)</u> is the largest scrap recycler in Kentucky and in the greater Cincinnati/NKY region, with nine locations in Illinois, Indiana, Kentucky and Ohio. River Metals Recycling gladly pays you to recycle your scrap metal. Bring in your old cars or trucks, appliances, cast iron, aluminum, copper, brass, and electronic scrap to RMR's Newport, Kentucky recycling facility and get cash on the spot, fast! We are open to the public 6 days a week at 1220 Licking Pike. Check us out at RMRecycling.com or call us at 859-331-CASH. Join area businesses and your neighbors, and recycle with us!

## COMMUNITY NEWS

### SHARING OUR

## **Community News**

You can find a complete list of community news <u>HERE</u>.

- Positions Available at Catholic Schools in the DOC
- St. Joseph Heights Work Study Positions available for Students
- Seeking Lower Tuition Payments?

## Important dates

January 13	Mass in Chapel 7:20 a.m.
January 14	Mass in Chapel 7:20 a.m.
January 15	Sr. Paul Ann Hanneken's 90th Birthday!
January 17	NO SCHOOL - MLK Jr. Day
January 18	Senior Retreat
January 21	March for Life
	Prayer for Penance Prayer Service
January 22	JR retreat
January 28-30	Showcase
January 31	Catholic Schools Week begins
	CSW Mass/Nunday Monday/Sisters' Reception
February 2	Diocesan Mass
	NDA vs. CCH volleyball game
February 4	Mid-quarter
	Talent Show
	Father/Daughter Dance