

*A Special Education Program Designed for youth and their families*

# FAMILY EDUCATION DAY

## DEPRESSION

In collaboration with Cincinnati Children's Hospital Medical Center, join 1N5 and MindPeace for the first annual education day for adolescents and young adults living with depression and their caregivers. During this event, depression experts will present on a range of topics relevant to adolescents and young adults. This program will also include Q&A expert panels, a session just for teens and a session just for young adults.

**Graduate Hotel • 151 Goodman Street • Cincinnati, OH 45219**

Breakfast, Lunch, Keynote Speaker,  
Breakout Sessions, Information Fair,  
Networking, Q&A Panels, and more!

**Sunday, Feb 5, 2023**  
**9:00 AM - 4:00 PM**

### Keynote Speaker Sessions

- Depression and Chronic Depression: What is the Course of the Illness?
- Genetic Pharmacology and Treatment of Chronic Depression
- The Whole-Person Approach to Depression Treatment
- Latest Treatments for Resistant Depression
- Depression and Dual Diagnoses
- Healthy Mindsets: Techniques to Consider
- Psychotherapy for Depression: What Should Therapy Look Like
- Managing Your Care



\* This program is \$10/person (includes breakfast and lunch)  
*Scholarships based on financial need are available — please contact  
Nancy Eigel-Miller at [nancy\\_miller@1n5.org](mailto:nancy_miller@1n5.org).*

**Register [HERE](#).**

**Presented by:**

