

January 2016

Norte Dame Academy

Dear Coaches, Parents, and Athletes:

I want to take this opportunity to introduce you to your sports medicine team. My name is Andi Jones. I am the Certified Athletic Trainer from St. Elizabeth Healthcare Sports Medicine who will be providing the sports medicine coverage at NDA for the 2015-2016 school year.

Our goal is to provide the athletes of NDA with timely and quality sports medicine care to allow for a safe and timely return to competition. We will do this by making daily visits to the school **Monday through Friday starting at 2:30 pm**. I will be at all home games and practices. If you have an injury that needs to be evaluated I will be at NDA at 2:30pm, I can be found either in the gym or the Athletic Training Room. At this time, I will be able to evaluate any injuries and advance exercise programs. You are welcome to email me with a concern or any questions you may have. If a special need arises, we can make arrangements appropriately.

In the event that one of your athletes does incur an injury, he/she will be given a form with our recommendations and/or an exercise sheet explaining some activities for him/her to do on their own to rehabilitate the injury. If we feel that the athlete should see a physician, we will indicate this on the form. For your convenience, the staff of St. Elizabeth Healthcare Sports Medicine is available for immediate evaluation and treatment of injuries in most incidences.

My contact information is:

St. Elizabeth Sports Medicine
830 Thomas More Pkwy, Suite 100
Crestview Hills, KY 41017
859.341.5600Office
Email: andrea.macke@stelizabeth.com

Thank you for the opportunity to work with your athletes.
Have a great season!!

Sincerely,
Andi Jones, ATC