



April 1, 2011

Dear Parent or Guardian:

St. Elizabeth Sports Medicine will be offering our annual pre-participation physical examinations for the 2011-2012 school year during the months of **June and July**. Athletes will be able to schedule a private physical throughout the summer, primarily on Tuesdays and Thursdays, with other appointment times available throughout the week on a limited basis. It is important that the athletes arrive at their designated time so that we can provide the physicals in a timely manner. **SPACE IS LIMITED, SO PLEASE CALL EARLY FOR AN APPOINTMENT.** Appointments will be filled on a first come first serve basis.

Forms can be found on our website at <http://www.stelizabeth.com/sportsmedicine> in the left hand column under "downloads". You will need to bring a "Physical Exam Consent Form" and a "KHSAA Physical Form". Please be sure to bring the completed forms. **We cannot proceed with the physical without a consent form signed by the parents/guardians.** The cost of each physical is \$25.00. **Payment must be with check or cash.** Checks can be made payable to St. Elizabeth Sports Medicine Center. Please note that physicals will be offered at \$25.00 throughout the year, however with such a high volume of physicals during this period, summer appointments will fill quickly.

**The athletes must wear shorts and t-shirts for the physicals.** Once again this physical is for the 2011-12 sports season and meets all KHSAA regulations. Please understand that priority scheduling will be given for select schools covered by St. Elizabeth Sports Medicine Center. This physical is specific to sports participation and should not replace your child's annual well visit with his/her pediatrician. After the physical is concluded, the completed physical form will be returned to the athletes in order to be given to their respective high schools.

Physicals will be held at our centers located in Edgewood and Florence. Please call early to schedule an appointment at 859-301-5600.

Sincerely,

Dawna A. Panko, ATC  
Supervisor of Athletic Training Services  
St. Elizabeth Sports Medicine