

Thank you for your commitment to girls' basketball this year and congratulations on another successful season. For those of you who attended a Panda game this year, we appreciate your support for Notre Dame Academy basketball.

Here are a few things you may want to know as we will soon enter the off-season and begin the process of taking Panda basketball back to the Sweet Sixteen together.

Summer Leagues/Teams

NDA basketball is partnering with the Tri-State Warriors (TSW) AAU organization to form teams that will participate in a few local tournaments, and depending on schedules and age group, one league over the summer. For entering Freshman and returning upper classmen, we expect to have at least two high school teams. Depending on level of interest, we will also assist TSW in forming teams in the developmental age groups (U9-U13). It is extremely important that future Pandas begin their skills and team development as early as possible (and ideally together!). To request more information about TSW, including participation fees, schedule, etc., please send contact information to ts_warriors@yahoo.com.

Camp

Notre Dame Academy will host its annual Grade School basketball camp June 22-24, 2010. There will be two sessions daily including one from 9:00a-12:00n for grades 3-4-5 and one from 1:00-4:00p for grades 6-7-8. Please refer to the summer camps link under Athletics.

Off-Season Workouts

NDA basketball players are encouraged to continue their individual development during the off-season. To facilitate this, the NDA staff has created a customized development program which we are offering to all returning and new NDA basketball players. This program will focus specifically on strength, conditioning, agility, speed, and basketball-specific skills in three sessions which include the post-season, summer, and pre-season. A nominal fee per participant will be charged to cover program expenses. To request registration, schedule and cost information, send an eMail message to NDABasketballStaff@live.com by March 19.

Future Pandas

Basketball players entering NDA for the first time in the Fall of 2010 are invited to an informational meeting on Monday, March 29, at 7:30pm in the NDA gym to meet the basketball Staff and go over the post-season, summer, and pre-season schedules. We will also cover the format of the off-season workouts and summer AAU teams in which entering players are invited to participate.

Questions? Contact us directly at NDABasketballStaff@live.com.

Regards,

Nicole Levandusky
Varsity Head Basketball Coach